

100 Calories or Less

Because being overweight can increase your risk of developing high blood pressure, heart disease, and diabetes, maintaining an ideal body weight is important to your health. Weight management is as simple as calorie control (the amount you take in versus the amount you expend), and some experts say that as little as 100 calories a day can make a difference between whether you maintain your weight—or lose or gain 10 pounds per year. To help you better monitor the number of calories you consume, we’ve put together a list of foods that have 100 calories or less per serving.

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BAKERY

EVERYDAY DESSERTS

Weight Watchers

- Carrot Cake with Cream Cheese
- Chocolate Cake with Chocolate Icing
- Chocolate Chip Cookies
- Crème-filled Cake
- Lemon Cake with Lemon Icing
- Peanut Butter Cookie

• Desserts (Cont’d)

Pillsbury

- Pie Crusts

BUTTER AND MARGARINE

• Butter

Breakstone’s

- Butter – Salted, Unsalted, Whipped Salted, and Whipped Unsalted

Cabot Vermont

- Natural Butter – Salted or Unsalted Quarters

Kerrygold

- Irish Butter – Pure, Garlic & Herb, or Unsalted

Land O’Lakes

- Butter – All Natural with Olive Oil, Honey, Light with Canola Oil, Light Sweet Cream Salted, Light Whipped Salted, Regular with Canola Oil, Roasted Garlic, Sweet Cream Salted, Sweet Cream Unsalted, Sweet Cream with Canola Oil, or Whipped Salted

Lurpak

- Butter – Salted or Unsalted

DAIRY

BREAD AND DOUGH

• Biscuits and Dinner Rolls

Pillsbury

- Reduced Fat Crescent Rolls
- Simply Buttermilk Biscuit

Publix

- Crescent Rolls – Regular or Reduced Fat

• Desserts

Immaculate Baking

- Better Bakes Cookie Dough – Chocolate Chunk, Gingerbread, Triple Chocolate, or Vanilla Sugar

Nestle

- Precut Holiday Sugar Cookies

Shopping lists were compiled from products that are available in Publix Super Market stores. These products may not be available in Publix GreenWise Market®, Publix Sabor® or Pix™ stores. Because the products listed were evaluated using manufacturer-provided nutritional information, and product formulations can change at any time, Publix cannot guarantee the accuracy of the nutrition information provided. Customers are encouraged to read the product labels to obtain the most accurate nutrition information. The information provided is intended to be nutrition and dietary guidance only and not medical advice.

- **Butter (Cont'd)**

- Olivio**

- Spreadable Butter – Olive and Canola Oils

- Organic Valley**

- Organic Sweet Cream Butter – Salted or Unsalted

- Plugra**

- European Style Butter – Salted or Unsalted

- Publix**

- Sweet Cream Butter – Salted or Unsalted

- Whipped Butter – Salted or Unsalted

- Publix GreenWise Market**

- Organic Butter – Salted or Unsalted

- Shedd's Spread**

- Spread Country Crock Butter – Whipped Salt with Canola Oil

- **Margarine**

- Benecol**

- Spread – 55% Vegetable Oil or Light 39% Vegetable Oil

- Blue Bonnet**

- Spread

- Brummel & Brown**

- Spread with Yogurt

- Earth Balance**

- Natural Buttery Spread, Original

- Fleischmann's**

- Margarine – Original, Light with Sea Salt, Premium Blend with Olive Oil, or Sweet Unsalted

- I Can't Believe It's Not Butter**

- Spread – Original, Cooking and Baking 79% Vegetable Oil, Fat Free, Light, Mediterranean Blend, Spray, or Squeezable

- Land O'Lakes**

- Margarine, Original

- Olivio**

- Spread – Olive and Vegetable Oils

- **Margarine (Cont'd)**

- Parkay**

- Spread – Original, Spray, or Squeezable

- Promise**

- Spread – Original, Active Light, or Heart Health Essentials Fat Free

- Publix**

- Spread – Original or Home-style

- Shedd's Spread**

- Country Crock Spread – Original, 50% Vegetable Oil, Churn Style, Light, or with Calcium

- Smart Balance**

- Spread – Original, Light with Extra Virgin Olive Oil, Light with Flax Oil, with Calcium, with Extra Virgin Olive Oil, with Flax Oil, with Flax Oil and 64 percent, with Omega-3, Whipped Lightly Salted, or Whipped Organic

CREAM AND CREAMERS

- **Aerosol Cream**

- Land O'Lakes**

- Sugar Free Whipped Heavy Cream

- Publix**

- Whipped Cream – Fat Free, Heavy or Light

- Reddi-Wip**

- Whipped Cream – Extra Heavy, Fat Free, or Light

- **Coffee Cream**

- Bailey's**

- Non-Alcoholic Creamers – Caramel, French Vanilla, Hazelnut, or Irish Cream

- Coffee-Mate**

- Non-Dairy Creamers – Original, Belgian Style Chocolate Toffee, Crème Brulee, Dulce de Leche, French Vanilla, Hazelnut, Italian Sweet Crème, Peppermint Mocha, Sugar Free French Vanilla, or Sugar Free Hazelnut

- **Coffee Cream**

- Coffee-Mate**

- Fat Free Non-Dairy Creamers – Original, French Vanilla, or Hazelnut

- International Delight**

- Non-Dairy Creamers – Amaretto, Belgian White Chocolate Macadamia, Caramel Macchiato, Fat Free French Vanilla, French Vanilla, Hazelnut, Skinny Caramel Macchiato, Skinny Vanilla Latte, Sugar Free French Vanilla, Sugar Free Hazelnut, Vanilla Latte, or White Chocolate Mocha

- Non-Dairy Breve Crème Blend Creamers – Dark Chocolate, Hazelnut, or Vanilla Caramel

- Publix**

- Non-Dairy Creamer

- Silk!**

- Lactose-Free Creamer – Original or French Vanilla

- **Half n' Half**

- Land O'Lakes**

- Traditional or Fat Free

- Organic Valley**

- Organic Half & Half

- Publix**

- Half & Half – Traditional or Fat Free

- Publix GreenWise Market**

- Organic Half & Half

- **Whipping Cream**

- Organic Valley**

- Organic Heavy Cream

- Publix**

- Whipping Cream – Regular or Heavy

CREAM CHEESE / DIPS

- **Cream Cheese**

- Breakstone's**

- Temp Tee

- Friendship**

- All Natural Farmers Cheese

- **Cream Cheese (Cont'd)**

Kraft Philadelphia

Original
Original Minis
1/3 Less Fat
1/3 Less Fat Minis
Chive & Onion
Fat Free
Light Chive & Onion
Light Garden Vegetable
Light Honey Nut
Light Strawberry
Salmon
Spinach & Artichoke
Strawberry
Garden Vegetable
Whipped
Whipped with Chives

Publix

Regular
Fat Free
Light
Chive & Onion
Whipped
1/3 Less Fat

Weight Watchers

Cream Cheese

- **Dips**

Dean's

French Onion
Light French Onion
Guacamole

Heluva Good!

Bacon Horseradish
French Onion
Jalapeño Cheddar
Bodacious Onion

Publix

French Onion
Ranch Style

CULTURED PRODUCTS

- **Cottage Cheese**

Breakstone's

Live Active Low Fat
Fat Free Small Curd

- **Cottage Cheese (Cont'd)**

Breakstone's

Snack Size – 2% Low Fat Large
Curd, 2% Milk Fat Small Curd,
Fat Free Small Curd, or Low Fat
Small Curd
Low Fat Small Curd

Friendship

No Salt Added Low Fat

Light n' Lively

Low Fat

Publix

Fat Free
Low Fat

- **Ricotta**

Polly-O

Fat Free
Part Skim
Skim Milk

Publix

Part Skim

Sorrento

Fat Free
Part Skim Milk

- **Sour Cream**

Breakstone's

All Natural – Original, Fat Free,
or Reduced Fat

Daisy

Pure & Natural – Original or Light

Friendship

Regular

Publix

Regular
Fat Free
Light

- **Yogurt**

Breyers

Yo Crunch 100 Calorie Packs –
Cheesecake with Graham Cookie
Pieces, Strawberry with Low Fat
Granola, Vanilla with Chocolate
Crème Cookies, Vanilla with
Nestle Crunch Pieces, or Vanilla
with Chocolate Chip Cookie
Pieces

- **Yogurt (Cont'd)**

Chobani

All Natural Greek, Plain

Dannon

Danactive 4-Packs – Blueberry,
Strawberry, or Vanilla
Danactive 8-Packs – Strawberry
or Vanilla
Danimals 6-Packs – Rockin'
Raspberry, Strawberry Explosion,
Strikin' Strawberry-Kiwi, or
Swingin' Strawberry-Banana
Danimals Coolison Tubes –
Cherry & Berry Punch, Strawberry
& Banana, or Strawberry & Very
Berry
Danimals Crush Cups – Blueberry
Blast, Cherry Vanilla, Strawberry,
or Strawberry Banana
Dan-O-Nino 6-Packs –
Strawberry, Strawberry/Banana/
Raspberry, or Vanilla-Peach/
Strawberry-Banana
Light Fat Free – Blueberry, Peach,
Raspberry, Strawberry, or Vanilla
Light & Fit Carb Control Snack –
Strawberries 'n Cream or Vanilla
Cream
Light & Fit Family Pack –
Strawberry Banana/Blackberry
Vanilla
Light & Fit Fridge Packs –
Strawberry Banana/Blackberry/
Vanilla or Strawberry/Strawberry
Banana
Light & Fit Non-Fat 4-Pack –
Blueberry, Peach, or Vanilla

Dannon

Light & Fit Non-Fat Cups
– Banana, Cherry, Key
Lime, Pineapple Coconut,
or Pomegranate Berry, or
Strawberry Cheesecake
Light & Fit Yogurt – Blueberry,
Cherry Vanilla, Orange Mango,
Peach, Raspberry, Strawberry,
Strawberry Banana, Vanilla, or
White Raspberry
Non-Fat Greek, Plain
Non-Fat, Plain

• Yogurt (Cont'd)**Fage**

0% Plain Non-Fat Greek

Publix

Fat Free Light – Banana Crème Pie, Blackberry, Blueberry, Cappuccino, Caramel Crème, Carrot Cake, Cinnamon Bun, Coconut Crème Pie, Honey Almond, Key Lime Pie, Lemon Chiffon, Peach, Raspberry, Strawberry, Strawberry/Orange, Vanilla, or Wild Berry Crumbcake
No Sugar Added Low Fat – Blueberry, Cranberry/Raspberry, Peach, Strawberry, or Vanilla

Stonyfield Farm

Organic Fat Free 4-Packs – Strawberry or French Vanilla
Organic Fat Free, Plain
Organic YoKids Squeezers 8-Packs – Chillin' Cherry & Berry Blitz or Strawberry
Organic O'Soy Cultured Soy, Strawberry Peach

Weight Watchers

1 Value Point per Serving Nonfat Yogurt – Blueberry, Peach, Strawberry, or Vanilla
Apple Pie a la Mode, Non Fat

Yoplait

99% Fat Free Light Yogurt – Apricot Mango, Blackberry, Blueberry, Cherry, Peach, Strawberry, or Strawberry Banana
Go-Gurt 8-Packs – Blueberry Blue Blast & Strawberry Splash, Burstin' Melon Berry & Cool Cotton Candy, Limited Edition Flavors, Mixed Berry, Nickelodeon's SpongeBob Squarepants, Paradise Punch Red Raspberry, Strawberry, Swirled Strawberry Milkshake & Banana Split, or Watermelon Meltdown & Strawberry/Banana Burst
Light Fridge Pack – Strawberry/Blueberry Patch or Strawberry/Harvest Peach
Thick & Creamy Light Yogurt – Key Lime Pie, Peaches 'n Cream, or Strawberry

• Yogurt (Cont'd)**Yoplait**

Delights Parfait 4-Packs – Caramel Crème, Chocolate Raspberry, Lemon Torte, or Triple Berry Crème
Fiber One – Key Lime Pie, Peach, Strawberry, or Vanilla
Fat Free Greek Style, Plain
Kids Low Fat 25% Less Sugar 6-Pack – Peach & Strawberry/Banana, Strawberry & Strawberry/Vanilla, or Vanilla & Banana
Fat Free Light – Apple Turnover, Blueberry Pie, Raspberry, Red Velvet Cake, or Triple Berry Torte
Light Thick & Creamy – Cherry, Cinnamon Roll, or French Vanilla
Trix 6-Packs – Cotton Candy & Strawberry Kiwi, Strawberry-Banana Bash & Raspberry Rainbow, Triple Cherry & Rainbow Punch, or Watermelon Burst & Strawberry Punch

DESSERTS**• Gelatin****Jell-O**

Snack Packs – Strawberry & Orange or Strawberry & Raspberry
Strawberry
Sugar Free Gelatin – Cherry/Black Cherry, Lemon Lime/Orange, Strawberry, or Strawberry Kiwi/Tropical Berry
Sugar Free Snack Packs – Raspberry & Orange or Strawberry Acai

Lakeview

Gelatin – Regular or Sugar Free

• Pie Crust**Keebler**

Graham Cracker Crumbs
Ready Crust Pie Shell - Chocolate or Reduced Fat Graham Cracker

Nabisco

Honey Maid Graham Cracker Crumbs
Oreo Pie Crust

• Pudding**Jell-O**

Fat Free Pudding Snacks – Chocolate, Chocolate Vanilla, or Tapioca
Sugar Free Pudding Snacks – Chocolate, Chocolate Vanilla, Double Chocolate, or Vanilla
Mousse Temptations – Caramel Crème, Chocolate Indulgence, Chocolate Mint Sensation, or Dark Chocolate Decadence
Sugar Free Rice Pudding, Crème Brulee
Sugar Free - Banana Fudge Supreme, Classic Dark Chocolate, or Dulce de Leche

Kozy Shack

No Sugar Added Pudding – Rice or Tapioca

Lakeview

Puddings - Sugar Free

Real Desserts

Sugar Free Pudding

EGGS**• Egg Substitutes****Crystal Farms**

All Whites or Better'n Eggs

Egg Beaters

Regular
Cheese & Chives
Egg Whites
Garden Vegetables
Southwestern

Organic Valley

Organic Egg Whites

Publix

Eggstirs – Fat Free, Cholesterol Free, or Lactose Free

• Fresh Eggs**4 Grain**

All Natural Large
Cage Free Large Brown
Omega 3 Large Brown
Vegetarian Large Brown

- **Fresh Eggs (Cont'd)**

- Eggland's Best**

- Extra Large
 - Hard Cooked
 - Large
 - Large Brown Cage Free
 - Organic Large Brown Cage Free

- Publix**

- Brown Eggs
 - Extra Large
 - Medium
 - Large
 - Jumbo

- Publix GreenWise Market**

- Organic Large Brown

- The Country Hen**

- Organic Large Brown

MILK AND MILK PRODUCTS

- **Fresh Milk**

- Publix**

- Grade A Fat Free

- Publix GreenWise Market**

- Organic Fat Free

- **Milk Substitutes**

- 8th Continent**

- Original Low Fat
 - Soy Milk, Light Vanilla

- Blue Diamond**

- Almond Breeze Almond Milk – All Natural Original or Vanilla

- Lactaid**

- 100 Lactose Free Milk – Fat Free or Reduced Fat

- Publix GreenWise Market**

- Organic Light Soy Milk – Plain or Vanilla
 - Soy Milk – Plain or Vanilla

- Silk**

- Pure All Natural Almond Milk – Original or Vanilla
 - Soy Milk – Plain, Light Plain, Light Vanilla, Organic Unsweetened, or Vanilla

- **Milk Substitutes (Cont'd)**

- Valio**

- Real Goodness Milk – Reduced Sugar & Lactose Free

- **Ultra Pasteurized Milk**

- Horizon**

- Organic Milk, Low Fat
 - Simply Smart Milk, Fat Free
 - Vitamins A & D Added Ultra Pasteurized Organic Fat Free

- Meyenberg**

- Fresh Goat Milk, Low Fat

- Organic Valley**

- Organic Milk – Fat Free or Fat & Lactose Free

- Stonyfield Farm**

- Milk, Original Fat Free

PICKLES AND CONDIMENTS

- **Horseradish and Sauces**

- Seminole**

- Horseradish

- Silver Spring**

- Horseradish – Cream Style, Fresh Ground, or Prepared

- **Pickles**

- Batampte**

- Sour Pickles

- Claussen**

- Crisp Sauerkraut
 - Kosher – Dill Halves, Mini Dills, Spears, or Whole
 - Sandwich Slices – Bread & Butter, Hearty Garlic, or Kosher
 - Whole Hearty Garlic Pickles

PREPARED FOODS

- **Potatoes**

- Simply Potatoes**

- Country Mash Potatoes
 - Diced Potatoes with Onion
 - Home-style Slices
 - Red Potato Wedges
 - Shredded Hash Browns
 - Southwest-style Hash Browns

DELI

BEVERAGES

- **Iced Tea / Lemonade**

- Publix**

- Deli Green Tea – Diet, Diet with Ginseng & Honey, or Regular with Ginseng & Honey
 - Deli Iced Tea – Diet, Peach, Raspberry, Red with Pomegranate & Orange, Sweetened, or Unsweetened
 - Deli Lemon Essence Water
 - Deli Old-Fashioned Lemonade

HOLIDAY ITEMS

- **Side Dishes**

- Publix**

- Deli Cranberry Orange Relish

MISCELLANEOUS SELF-SERVE MEATS

- **Beef**

- Healthy Ones**

- Roast Beef, Presliced

- **Cured Meats**

- Abraham Bros.**

- Prosciutto Contadino, Presliced

- **Poultry**

- Butterball**

- Chicken Breast, Presliced – Deep Fried or Oven Roasted
 - Turkey Breast, Presliced – Deep Fried, Honey, or Oven Roasted

PREMIUM SELF-SERVE MEATS

- **Ham**

- Boar's Head Ham**

- Black Forest Boneless Smoked, Maple Glazed Honey Coat, or Sweet Slice Boneless Smoked

- **Loaves / Miscellaneous**

- Boar's Head**

- Imported Naturally Smoked Bacon – Fully Cooked or Sliced
 - Lite Beef Frankfurters – Skinless or Natural Casing

- **Cured Meats**

- Boar's Head**

- Abruzzese Dry Sausage – Hot or Sweet
 - All Natural Salame – Cooked with Herbs, Coated with Coarse Black Pepper, or with White Wine
 - Genoa Salame & Picante Provolone Slices
 - Italian Dry Sausage
 - Mini Genoa Salame
 - Panino – Chorizo Pepperoncini, Insalata, Prosciutto, or Salame
 - Sopresata Dry Sausage – Hot, Mini, or Sweet

PUBLIX SELF-SERVE MEATS

- **Beef**

- Bottom Round Roast Beef, Presliced

- **Cured Meats**

- Hard Salami, Presliced, Reduced Fat

- **Ham**

- Ham, Presliced – Cooked, Sweet, or Tavern

- **Poultry**

- Turkey Breast, Presliced – Oven Roasted or Smoked

SELF-SERVICE CHEESE

- **Miscellaneous**

- Alpine Lace**

- Presliced Cheese Singles – Reduced Sodium Muenster or Reduced Fat Swiss

- Dofino**

- Presliced Creamy Light Havarti Cheese Singles

- Jarlsberg**

- Swiss Cheese Singles – Original or Light

- Land O Lakes**

- Cheese Singles – Baby Swiss, Colby Jack, Havarti, Muenster, Non-Smoked Provolone, Pepper Jack, Swiss, White American, or Yellow American

- **Miscellaneous Cheese (Cont'd)**

- Land O Lakes**

- Cheese Singles Variety Packs – Provolone/Colby/American or Swiss/Cheddar/Colby Jack

- **Premium**

- Boar's Head**

- Crumbled Cheese – Creamy Blue or Feta
 - Feta
 - Monterey Jack with Jalapeños
 - Pecorino Romano

- **World Cheese Program**

- Alouette**

- Soft Spreadable Cheese – Berries & Cream, Cheesecake, Crème de Brie, Garlic & Herbs, Light Garlic & Herbs, or Sun-Dried Tomato & Basil

- ANCO Fine Cheeses**

- Genuine Port Salut

- Athenos**

- Crumbled Feta Cheese – Traditional or Garlic & Herbs

- BelGioioso**

- Asiago
 - Fontina
 - Fresh Mozzarella All Natural Cheese – Bocconcini, Log, Pearls, or Unwrap & Roll
 - Mascarpone – Original or Tiramisu

- Boursin**

- Gourmet Light Garlic & Herbs Spreadable Cheese

- Chavrie**

- Goat Cheese

- Coeur de Lion**

- Brie

- DiGiorno**

- Fresh Grated Parmesan Cheese

- Finlandia**

- Baby Muenster Cheese

- Frico**

- Gouda Cheese – Red Wax or Smoked

- **World Cheese Program (Cont'd)**

- Ile de France**

- Brie
 - Goat Cheese – Original or Garlic & Herbs
 - Mini Brie
 - Mini Camembert

- Il Villaggio**

- Fresh Mozzarella Balls

- Jarlsberg**

- Swiss Cheese – Original or Light

- Kerrygold**

- Blarney Castle Cheese

- Kaukauna**

- Connoisseur Cheese Wheel – Asiago with Pesto or Asiago with Roasted Red Pepper
 - Layered Cheese Wedge – Mediterranean or Party
 - Cheese Ball – Port Wine or Sharp Cheddar
 - Port Wine Cheese Log

- Locatelli**

- Grated Romano Cheese

- Madame Chevre**

- Goat Cheese – Bruschetta or Cranberry Cinnamon

- President**

- Brie Log
 - Fat Free Feta Cheese – Mediterranean Herb or Tomato Basil

- Publix**

- Deli Cheese – Goat or Imported French Brie

- Rosenborg**

- Danish Blue Cheese – Traditional or Crumbled

- Sonoma**

- Jacks Blue Jack Cubes

- Stella**

- Crumbled Cheese – Blue or Gorgonzola

SELF-SERVICE MISCELLANEOUS ITEMS

• Breads & Rolls

Flatout

Healthy Grain Flatbread – Multi-Grain with Flax
Light Flatbread – Original, Garden Spinach, Italian Herb, or Sun-Dried Tomato

Kangaroo

Whole Wheat Pocket

King's

Hawaiian Rolls – Original, Honey Wheat, or Savory Butter

Toufayan

Smart Bagel – Everything or Wheat

• Desserts

Real Desserts

Sugar Free Strawberry Gelatin

• Dips / Spreads / Sauces / Misc.

Athenos

Hummus – Original, Roasted Garlic, or Roasted Pepper

Beanos's

Submarine Dressing

Boar's Head

Condiments
Deli Dressing
Delicatessen Style Mustard
Honey Mustard
Pub Style Horseradish
Sauerkraut
Sweet Vidalia Onions in Sauce

Cedar's

Mediterranean Salads, Chick Pea or Couscous

Chachies

Salsa – Mango Peach, Medium, or Mild

Chinese Kitchen

Bourbon Chicken Marinade

Luisa's

Mild Layer Dip

• Dips / Spreads / Sauces / Misc. (Cont'd)

Margaritaville

Con Queso Dip

Publix

Deli Dips – Artichoke & Spinach with Asiago Cheese or Spinach
Deli Hummus – Classic, Greek Kalamata Olive, Jalapeño Cilantro, Roasted Red Pepper, or Spicy Pepper
Deli Salsa – Medium or Mild
Hard Boiled Eggs

Sabra

Hummus – Classic, Green Olive, Luscious Lemon, Roasted Garlic, Roasted Pine Nuts, Roasted Red Pepper, or Supremely Spicy

Santa Barbara

Bruschetta

Summersweet

Dips – Crab & Roasted Red Pepper or Smoked Salmon & Artichoke

Wholly

Guacamole – Original or 100-Calorie Packs

• Olives / Peppers / Pickles

Boar's Head

Kosher Dill Pickles – Spears or Halves

Divina

Roasted Tomato Bruschetta

SNACKS

• Snacks

Ile de France

Le Petit Mini Toast

New York Style

Focaccia – Quattro Formaggio or Rosemary & Sea Salt
Garlic Panetini

FROZEN FOODS

BREADS

• Bread

Alexia

All Natural Artisan Bread Rolls – Classic French or Italian Style Ciabatta

Food for Life

Ezekiel 4:9 Bread – Low Sodium Grain, Sprouted 100% Whole Grain Cinnamon Raisin, or Whole Grain Flourless Cinnamon Raisin

Publix

Parker House Yeast Rolls

• Garlic

Le Petit

Francais Baguette

Toufayan

Premium Garlic Pita Bread

• Organic

Food For Life

7 Sprouted Grains Bread
Ezekiel 4:9 Sesame Bread
Ezekiel 4:9 Sprouted Grain Bread

BREAKFAST

Vitalicious

VitaMuffin 100-Calorie VitaTops – Banana Nut, Bluebran, Cranbran, Deep Chocolate, or Golden Corn
VitaMuffin Sugar Free VitaTops, Velvety Chocolate

CREAMER AND TOPPINGS

• Creamers

Rich's

Coffee Creamer

• Toppings

Cool Whip

Whipped Topping – Regular, Extra Creamy, Fat Free, Light, or Sugar Free

Publix

Whipped Topping – Regular, Fat Free, or Light

DESSERT

• Shells

Athen's

Mini Fillo Dough Shells

Pillsbury

Pie Ritz Pie Crusts – Regular or Deep Dish

DINNERS AND ENTREES

• Clear Fillets, Prepackaged

Gorton's

Grilled Salmon Fillets – Classic Char-Grilled or Lemon Butter
Grilled Tilapia Fillets – Lemon or Roasted Garlic & Butter

• Hispanic

Goya

Recaito
Sofrito

Maya

Hawaiian Pre-Fried Plantains

• Kosher

Golden

Potato Pancakes

Golden Cheese

Blintzes Crepes

• Meatless

Boca

Original Chick'n Meatless Patties
Veggie Patties – Bruschetta
Tomato Basil Parmesan or Savory Mushroom Mozzarella

Gardein

Garden Protein Meat-Free Entrée – Lightly Seasoned Chick'n Scallopini or Seven Grain Crispy Tenders

Morning Star Farms

Asian Veggie Patties
Breakfast Veggie Sausage – Links or Hot & Spicy Patties
Veggie Grillers – Chick'n Veggie Patties or California Turk'y Burger

Publix GreenWise Market

Veggie Breakfast Patties

• Regular Entrées

Tai Pei

General Tso's Spicy Chicken

• Shell Fish, Prepackaged

Contessa

Cooked Shrimp – Jumbo, Large, Medium or Tail-on

FRUITS

Bird's Eye

Light Strawberries

Cascadian Farm

Organic – Blueberries, Harvest Berries, Pitted Cherries, Raspberries, or Strawberries

Dole

Blueberries
Mango Chunks
Mixed Berries
Pineapple Chunks

Publix

Blueberries, Family Size
Grade A Fancy Fruits – Blackberries, Blueberries, Dark Sweet Cherries, Mixed Berries, Mixed Fruit, Raspberries, Rhubarb, Sliced Peaches, or Whole Strawberries

Yoplait

Smoothie Mix – Blueberry/Pomegranate, Strawberry/Banana, Strawberry/Mango/Pineapple, or Triple Berry

ICE CREAM AND NOVELTIES

• Cream Based Novelties

Klondike

Slim-A-Bear 100-Calorie Bars – No Sugar Added Chocolate Fudge or Vanilla
Slim-A-Bear Vanilla Sandwiches – 100-Calorie or No Sugar Added

PhillySwirl

Original Italian Ice Swirls – Bars or Cups

Popsicle

Sugar Free Creamsicle

• Cream Based Novelties (Cont'd)

Publix

Sundae or Vanilla Cups

So Delicious

Mini Vanilla Sandwich

• Fudge-Based Novelties

Breyers

Carb Smart Fudge Bars

Fudgsicle

No Sugar Added
Original

Healthy Choice

Fudge Bars
Premium Mocha Swirl Bars

Publix

Fudge Bar – Original or No Sugar Added

• Fudge-Based Novelties

Breyers

The Skinny Cow

Ice Cream Truffle Bars – Caramel, Chocolate, French Vanilla, or White Mint

Weight Watchers

Giant Latte Ice Cream Bar

• Juice Novelties

Blue Bell

Strawberry Fruit Bars

Breyers

Pure Fruit Bars – All Natural Pomegranate Blends or Strawberry/Orange/Raspberry

Edy's

All Natural Antioxidant Fruit Bars – Acai Blueberry or Variety Flavors
Fruit Bars – Grape, Lime, or Strawberry

Minute Maid

Juice Bars, Orange, Grape & Cherry

Power of Fruit

All Fruit Bars – Original, Bananaberry, or Tropical

- **Juice Novelties (Cont'd)**

- WholeFruit**

- Fruit Bars – Mango, Strawberry, or Sugar Free Lime & Strawberry

- **Reduced-Fat Ice Cream**

- Breyer's**

- Ice Cream – Fat Free Vanilla, Light Vanilla, Light Vanilla Bean, or Light Vanilla-Chocolate-Strawberry

- No Sugar Added Ice Cream – French Vanilla, Vanilla, or Vanilla-Chocolate-Strawberry

- Edy's**

- Light Slow Churned – Vanilla or French Vanilla

- No Sugar Added – Vanilla or Vanilla Bean

- Slow Churned Light Vanilla Bean

- Publix**

- Low Fat – Chocolate, Neapolitan Vanilla, or Strawberry

- Premium, No Sugar Added – Chocolate, Mint Chocolate, Strawberry, or Vanilla

- **Sherbert**

- Publix**

- Cool Lime

- Orange, No Sugar Added

- Peach Mango Passion

- Rainbow Dream

- Raspberry Blush

- Sunny Orange

- Tropic Pineapple

- **Yogurt**

- Edy's**

- Yogurt Blends – Chocolate Vanilla Swirl or Vanilla

- Publix**

- Premium Frozen Yogurt – Chocolate, Low Fat Vanilla, Peach, or Strawberry

- **Water Ice Novelties**

- Luigi's**

- Real Italian Ice – Mango or Variety Pack

- **Water Ice Novelties (Cont'd)**

- Popsicle**

- Ice Pops – Crayon Shaped Scribblers, Dora the Explorer, Firecracker Super Heroes, Jolly Rancher, Rainbow Assorted flavors, Slow Melt Ice Age, or Variety

- Sugar Free Ice Pops – Low Calorie Assorted Flavors or Tropical

- Publix**

- Banana Pops

- Junior Pops – Assorted Cherry Grape or Assorted Sugar Free Orange Cherry Grape

- JUICE**

- **Citrus**

- Minute Maid**

- Premium 100% Pure Frozen Concentrated Grapefruit

- **Cocktail Mixes**

- Bacardi**

- Tropical Margarita Frozen Concentrate Fruit Mixers

- **Lime / Lemonades**

- Minute Maid**

- Concentrate Frozen Limeade

- MEATLESS**

- **Breakfast**

- Morningstar Farms**

- Breakfast Veggie – Bacon Strips, Sausage Links, or Sausage Patties

- **Entrees**

- Boca**

- All American Flame Grilled Meatless Burger

- Meatless Crumbles Burger

- The Original Meatless with Grilled Vegetables Burger

- Morningstar Farms**

- Veggie Grillers Recipe Crumbles

- Publix GreenWise Market**

- All American Grilled Veggie Burger

- Soy Veggie Crumbles Burger

- PIZZA AND SNACKS**

- **Snacks**

- T.G.I. Friday's**

- Mozzarella Sticks

- Spinach Cheese & Artichoke Dip

- POTATOES**

- **Baked Potatoes**

- Ore-Ida**

- Steam n' Mash Potatoes – Cut Red, Cut Russet, or Cut Sweet

- **Hash Browns**

- Cascadian Farm**

- Organic

- Ore-Ida**

- Country Style

- Potatoes O'Brien

- Southern Style

- Publix**

- Hash Brown Potatoes

- VEGETABLES**

- **Asparagus**

- Bird's Eye**

- Asparagus Spears

- Simply Steam No Sauce

- Asparagus Cuts

- **Broccoli**

- Bird's Eye**

- Broccoli – Baby Florets, Cuts, or Spears

- Farm Fresh Mixtures, Broccoli Cauliflower & Carrots

- Steamfresh – Baby Broccoli Blend, Broccoli Cauliflower & Carrots, Broccoli Carrots Sugar Snap Peas & Water Chestnuts, Broccoli & Cauliflower, Broccoli Cuts, or Broccoli Florets

- Steamfresh Lightly Sauced – Broccoli Cauliflower Carrots & Water Chestnuts or Broccoli with Cheese Sauce

- Cascadian Farm**

- Organic Broccoli Florets

- **Broccoli (Cont'd)**

- Green Giant**

- Broccoli and 3 Cheese Sauce
 - Broccoli and Zesty Cheese Sauce
 - Family Size Broccoli & Three Cheese Sauce
 - Healthy Blends – Antioxidant Blend, Olive Oil Seasoning; Digestive Health; Healthy Vision; or Healthy Weight
 - Just for One – Broccoli, Carrots & Italian Seasoning
 - Select Just for One Broccoli & Cheese
 - Simply Steam, Seasoned Vegetables
 - Spears
 - Spears in Butter Sauce
 - Valley Fresh Steamers, Broccoli & Cheese Sauce

- Pictsweet**

- Deluxe Family Size Broccoli Florets

- Publix**

- Broccoli Florets
 - Chopped
 - Cuts
 - Spears
 - Steam-In-Bag Broccoli Florets

- **Brussels Sprouts**

- Bird's Eye**

- Steamfresh Baby Brussel Sprouts
 - Steamfresh Singles - Baby Brussel Sprouts

- Green Giant**

- Baby Brussels Sprouts in Butter Sauce

- Pictsweet**

- Deluxe Family Size Brussel Sprouts

- Publix**

- Brussels Sprouts

- **Carrots**

- Green Giant**

- Honey Glazed Carrots

- **Carrots (Cont'd)**

- Publix**

- Baby Whole
 - Crinkle Cut

- **Cauliflower**

- Bird's Eye**

- Lightly Seasoned Garlic Cauliflower

- Green Giant**

- Cauliflower & Cheese

- Publix**

- Cauliflower

- **Corn**

- Bird's Eye**

- Baby Gold & White
 - Corn on the Cob
 - Cut
 - Steamfresh Corn – Gold & White, Lightly Seasoned Southwestern, Super Sweet, or Sweet Mini Corn on the Cob

- Cascadian Farm**

- Organic Sweet Corn

- Green Giant**

- Corn on the Cob Nibblers
 - Extra Sweet Steam Corn Niblets
 - No Sauce Simply Steam Shoepeg White
 - Steam Whole Kernel Corn Niblets
 - Simply Steam No Sauce Niblets Corn

- Pictsweet**

- Deluxe Family Size Cut Golden Corn

- Publix**

- Cut
 - Grade A Fancy Minears Corn on the Cob
 - Steam-in-Bag Sweet Corn
 - Whole Kernel Golden

- **Green Beans**

- Bird's Eye**

- Cut
 - French Cut
 - Steamfresh Green Beans – Cut or Whole

- **Green Beans (Cont'd)**

- Cascadian Farm**

- Organic Cut

- Green Giant**

- No Sauce Simply Steam Green Beans and Almonds
 - Valley Fresh Steamers – Green Beans, Roasted Red Potatoes & Rosemary Butter Sauce

- Pictsweet**

- Deluxe Whole Baby Green Beans

- Publix**

- Cut Pole
 - Green Cut
 - Green French Cut
 - Steam-In-Bag Cut Green Beans
 - Whole

- **International**

- Bird's Eye**

- Farm Fresh Mixtures Stir Fry – Broccoli or Pepper
 - Steam & Serve Vegetables – Springin' Citrus Sauce
 - Steamfresh Lightly Seasoned Asian Medley
 - Steamfresh Singles – Super Sweet Corn or Sweet Peas

- Publix**

- Blends – Alpine, Italian, or Japanese

- **Lima Beans**

- Green Giant**

- Baby Lima Beans in Butter Sauce
 - No Sauce Simply Steam Baby Lima Beans

- Pictsweet**

- Fordhook Lima Beans

- Publix**

- Fordhook Lima Beans

- **Mixed Vegetables**

- Bird's Eye**

- Steamfresh Vegetables – Mixed Vegetables or Asparagus, Gold & White Corn, Baby Carrots
 - Vegetable Mixtures – Baby Mixed Beans & Carrots

- **Mixed Vegetables (Cont'd)**

- Cascadian Farm**

- Organic Purely Steam Vegetables – Broccoli & Carrots with Garlic & Herbs or Garden Vegetable Medley

- Green Giant**

- Vegetables – Simply Steamed Garden Vegetable Medley, Vegetable Medley in Butter Sauce, or Vegetables Teriyaki

- Pictsweet**

- Deluxe Family Size Mixed Vegetables

- Publix**

- Blends – California, Del Oro, or Roma

- Mixed Vegetables – Regular or Casual & Light

- Steam-in-Bag Vegetables – California Blend or Mixed Vegetables

- **Onions**

- Publix**

- Grade A Fancy Diced Onions

- **Pasta Vegetable Mix**

- Green Giant**

- Family Size Garden Vegetable Medley

- Valley Fresh Steamers – Broccoli, Cauliflower, or Carrots & Cheese Sauce

- Green Giant**

- Create a Meal! Stir Fry – Szechuan or Teriyaki

- **Peas**

- Bird's Eye**

- Green

- Sweet Baby

- Steamfresh Peas – Lightly Seasoned Garlic Peas & Mushrooms, Sweet, or Sugar Snap

- Cascadian Farm**

- Organic Sweet Peas

- Green Giant**

- Le Sueur

- **Peas (Cont'd)**

- Green Giant**

- No Sauce Simply Steam – Baby Sweet Sugar Snap, Sweet Peas, or Sweet Peas and Pearl Onions

- Publix**

- Green Peas

- Peas & Carrots

- Petite

- Steam-In-Bag Petite Green Peas

- Young & Tender Green Peas

- **Southern Vegetables**

- Bird's Eye**

- Southland – Butternut Squash or Mashed Yellow Turnips

- Publix**

- Chopped Collard Greens

- Chopped Turnip Greens

- Chopped Turnip Greens with Diced Turnips

- Cooked Squash

- Cut Okra

- Diced Green Peppers

- Gumbo Vegetable Mix

- Sliced Yellow Squash

- Succotash

- Vegetable Soup Mix with

- Tomatoes

- Whole Baby Okra

- Today's Harvest**

- Breaded Okra

- Broccoli Florets

- Silver Queen Style Corn

- **Spinach**

- Bird's Eye**

- Spinach – Chopped or in Cream Sauce

- Cascadian**

- Farm Organic Cut Spinach

- Green Giant**

- Creamed

- Cut Spinach Leaf in Butter Sauce

- Spinach

- Publix**

- Chopped

- Cut Spinach Leaf

- **Spinach (Cont'd)**

- Publix**

- Spinach Leaf

- **Veg'n Sauce**

- Bird's Eye**

- Artichoke Hearts

- Small Whole Onions

- Green Giant**

- Valley Fresh Steamers – Baby Sweet Peas, Broccoli Florets, Garden Vegetable Medley with Sauce, Sugar Snap Peas, Super Sweet & Butter Sauce, or White Shoepeg Corn

- Valley Fresh Steamers Healthy Colors Blends – Farmer's Market, Nature's, or Valley

GROCERY

BAKING PRODUCTS

- **Baking Chocolate**

- Baker's**

- Ream Semi-Sweet Dipping Chocolate – Dark or Milk

- Chocolate – German, Premium White, Semi-Sweet, or Unsweetened

- Ghirardelli**

- Chocolate Chips – 60% Cocoa, Bittersweet, Classic White, Milk, or Semi-Sweet

- Hersey's**

- Heath Bits 'o Brickle Toffee Bits

- Cocoa – Regular or European

- Real Chocolate Baking Chips – Reese's Peanut Butter, Semi-Sweet, or Special Dark Mildly

- Nestle**

- Baking Cocoa, Tollhouse

- Tollhouse Real Chocolate Morsels – Butterscotch, Semi-Sweet Chunks, Milk, Semi-Sweet Minis, or Premium White

- **Baking Chocolate**

- Publix**

- Real Chocolate Morsels – Butterscotch, Milk, Semi-Sweet, Semi-Sweet Jumbos, or Semi-Sweet Minis

- **Brownies / Cookies**

- Betty Crocker**

- Brownie Mix – Fudge
 - Cookie Mix – Oatmeal

- Krusteaz**

- Bakery Style Cookie Mix – Sugar or Snickerdoodle
 - Supreme Bar Mix, Raspberry

- Pillsbury**

- Chocolate Fudge Brownie Mix

- **Cake Decorations**

- Betty Crocker**

- Cupcake Creations – Mint, Mocha, or Raspberry
 - Decorating Candy Card – Kids or Alphabet
 - Decorating Gels – Black, Blue, Green, Orange, Pink, Purple, Red, White, or Yellow
 - Decorating Icing – Black, Blue, Green, Orange, Pink, Red, White, or Yellow
 - Decors – Rainbow, Non-Pareil, Red, Chocolate, Red Crystals, Green Crystals, Cinnamon, Stars, Cinnamon Sugar, Peppermint Sugar, Gold Sugar, or Silver Sugar
 - Easy Flow Icing – Black, Blue, Green, Pink, Red, or White
 - Gel Food Colors – Classic or Neon
 - Sprinkles – Carousel Mix or Chocolate

- Cake Mate**

- Decorating Sequins, Disney Cars
 - Decorating Sugar Shapes, Disney Princesses
 - Writing Icing, 4 Hot Colors

- **Cake Mix**

- Duncan Hines**

- Confetti Deluxe Premium
 - Cupcake Mix

- **Coconut**

- Baker's**

- Angel Flakes

- Hershey**

- Sweetened Flakes, Mounds

- Publix**

- Sweetened Flakes

- **Flour**

- Bob's Red Mill**

- Gluten Free All Purpose Baking Flour

- Gold Medal**

- Flour – All Purpose, Self-Rising, Unbleached, or Wondra

- King Arthur**

- White Whole Wheat Flour

- Pillsbury's Best**

- Self-Rising Flour

- Publix**

- Self-Rising Flour

- Swansdown**

- Cake Flour

- **Frosting**

- Betty Crocker**

- Whipped Cream
 - Whipped – Chocolate, Cream Cheese, Fluffy White, Milk Chocolate, Strawberry, Vanilla, or Whipped Cream

- Pillsbury**

- Sugar Free – Chocolate Fudge or Vanilla

- **Gelatins**

- Hunt's**

- Gel Snack Packs – Strawberry, Strawberry/Orange, or Sugar Free Cherry Snack

- Jell-O**

- Dessert – Berry Blue, Black Cherry, Cherry, Fat Free Island Pineapple, Grape, Lemon, Lime, Orange, Peach, Raspberry, Strawberry, or Strawberry Banana
 - Fusions Dessert – Blackberry, Melon, or Tropical

- **Gelatins (Cont'd)**

- Jell-O**

- Sugar Free Dessert – Black Cherry, Cherry, Lemon, Lime, Orange, Peach, Raspberry, Strawberry, or Strawberry Banana

- Knox**

- Unflavored Gelatin

- Royal**

- Gelatin Dessert – Cherry, Orange, Raspberry, or Strawberry
 - Sugar Free Gelatin Dessert – Cherry, Lime, Orange, Raspberry, Strawberry, or Strawberry Banana

- **Honey**

- Bee Natural**

- Wild Flower Honey

- Beekist**

- Canadian Pure Clover Honey

- Golden Blossom**

- Honey

- Leighton's**

- Orange Blossom Honey

- North American**

- Honey

- Publix**

- Golden – Clover, Orange Blossom, or Wildflower

- Publix GreenWise Market**

- Organic Pure Honey

- Sue Bee**

- Clover
 - Strained Clover
 - Whipped Bowl

- **Meal and Baking Powders**

- Arm & Hammer**

- Baking Soda

- Argo**

- Double Acting/Aluminum Free Baking Powder or Pure Corn Starch

- Bob's Red Mill**

- Flaxseed Meal

- Calumet**

- Baking Soda

- **Meal and Baking Powders (Cont'd)**

Clabber Girl

Corn Starch or Baking Powder

Cream

100% Pure Corn Starch

House-Autry

Breader Mix, Original Recipe for Seafood

Corn Meal Mix, Self-Rising Stone Ground Yellow

Hushpuppy Mix, Original Recipe with Onion

Martha White

Corn Meal Mix, Self-Rising Enriched White

Publix

Self-Rising Corn Meal – White or Yellow

Quaker

Corn Meal – Yellow

Rumford

Baking Soda or Corn Starch

- **Miscellaneous Desserts**

Dream Whip

Whipped Topping Mix

Durkee

Original Marshmallow Fluff

Kraft

Jet-Puffed Marshmallow Crème

- **Puddings**

Hunt's

Pudding Snack Pack – Fat Free Chocolate, Light Chocolate, Light Tapioca, No Sugar Added Chocolate, No Sugar Added Vanilla, or Sugar Free Caramel

Jell-O

Americana Fat Free Mix – Rice or Tapioca

Cook & Serve Mix – Butterscotch, Chocolate, Lemon, or Vanilla

Instant Mix – Banana Cream, Butterscotch, Cheesecake, Chocolate, French Vanilla, Lemon, Pistachio, or Vanilla

- **Puddings (Cont'd)**

Jell-O

Sugar Free Cook & Serve Pudding & Pie Filling – Chocolate or Vanilla

Sugar Free Fat Free Instant Pudding – Cheesecake, Vanilla, or White Chocolate

Sugar Free Fat Free Instant Pudding & Pie Filling – Lemon

Sugar Free Instant Pudding – Banana, Chocolate or Vanilla

Sugar Free Instant Pudding & Pie Filling – Butterscotch, Chocolate, Chocolate Fudge, or Pistachio

Minute Rice

Quick Cooking Mix – Tapioca

Royal

Cook & Serve Mix – Chocolate or Vanilla

Flan Mix

Instant Pudding & Pie Filling – Chocolate or Vanilla

Sugar Free Pudding – Banana Cream or Pistachio

Sugar Free Pudding & Pie Filling – Butterscotch, Chocolate, or Vanilla

- **Sugar and Substitutes**

Dixie Crystal

Sugar – Pure Cane, Golden Light Brown, or Premium Extra Fine Granulated

Sugar Substitute, Sweet Thing

Domino

Sugar & Cinnamon

Premium Pure Cane Sugar – Dark Brown, Cubes, Granulated, or Light Brown

Equal

Sweetener, Sugar Substitute

Florida Crystals

Natural Sugar – Demerara, Milled Cane, Organic Brown, or Organic Cane

Madhava

Natural Agave Nectar – Amber or Light

- **Sugar and Substitutes (Cont'd)**

Natra Taste

Zero Calorie Sweetener Sugar Substitute

Necta Sweet

Calorie Free Sweetener Sugar Substitute

Publix

Aspartame Granulated Sweetener, Sugar Substitute

Sucralose, Sugar Substitute

Sugar – Brown, Light Brown, or Pure Cane Extra Fine Granulated

Purevia

All Natural Zero Calorie Sweetener Sugar Substitute

Splenda

No Calorie Sweetener – Brown Sugar Blend or Sugar Blend for Baking

Sugar Substitute Original or with Fiber

Stevia in the Raw

Granulated Sweetener Sugar Substitute

Sugar in the Raw

Natural Cane Sugar

Sugar Twin

No Calorie Sweetener Sugar Substitute

Sun Crystals

All Natural Sweetener Sugar Substitute

Sweet 'n Low

Low Calorie Granulated Sugar Substitute

Sweetleaf

100% Natural Stevia Sweetener Sugar Substitute

Truvia

Nature's Calorie Free Sweetener Sugar Substitute

Wholesome Sweeteners

Organic Sugar

- **Syrup**

- Aunt Jemima**

- Light Butter or Light Regular

- Cary's**

- Sugar Free Maple

- Grandma's Gold**

- Molasses

- Hungry Jack**

- Light

- Log Cabin**

- Light

- Maple Grove**

- Farm Cozy Cottage Sugar Free

- Mrs. Butterworth's**

- Sugar Free

- Publix**

- Maple – Light Butter, Light Regular, or Sugar Free
Molasses

- Smucker's**

- Sugar Free Breakfast

BEVERAGES AND ADDITIVES

- **Coffee**

- Hills Brothers**

- Sugar Free French Vanilla
Cappuccino Drink Mix

- Maxwell House**

- International Café Beverage Mix – Café Vienna, French Vanilla, Sugar Free French Vanilla, Sugar Free Decaffeinated French Vanilla, Hazelnut, Mocha Latte, Suisse Mocha, or Sugar Free Decaffeinated Suisse Mocha
International Café Cappuccino – Original or Toasted Hazelnut
International Café Iced Latte – French Vanilla or Hazelnut

- **Coffee Creamers**

- Nestle**

- Coffee-Mate Non-Dairy Creamer – The Original, The Original Fat Free, The Original Light, French Vanilla, Hazelnut, Gingerbread, Italian Sweet Crème, Peppermint Mocha, or Pumpkin Spice

- **Coffee Creamers (Cont'd)**

- Nestle**

- Coffee-Mate Sugar Free Non-Dairy Creamer – French Vanilla, Hazelnut, or Vanilla Caramel
Coffee-Mate Non-Dairy Single Serve Creamer – The Original or French Vanilla

- International Delight**

- Creamer Singles – French Vanilla or Hazelnut

- Publix**

- Non-Dairy Creamer – Regular, French Vanilla, Light, or Hazelnut

- Splenda**

- Flavors for Coffee – French Vanilla or Hazelnut

- **Dips**

- Eat Smart**

- All Natural Dips – Flame Roasted Salsa Con Queso, Sweet Garden Style Salsa, or Tres Bean Dip with Jalapeño & Lime

- Fritos**

- Dips – Original Bean, French Onion, Jalapeño Cheddar, or Southwest Black Bean

- Grande**

- Dips – Sweet Mild & Chunky Garden Salsa, Three Bean Dip with Jalapeño & Lime, or Zesty Cheddar Salsa Con Queso

- Lay's**

- Dips – Creamy Ranch or French Onion

- Publix**

- Dips – Medium Black Bean, Cheddar Con Queso, or Southwestern Medium Black Bean & Corn Salsa
Thick & Chunky Salsa – Mild or Hot

- Publix GreenWise Market**

- Organic Salsa – Mild or Medium

- Tostitos**

- All Natural Chunky Salsa – Mild or Medium

- **Dips (Cont'd)**

- Tostitos**

- Dips – Creamy Spinach, Restaurant Style Salsa, Medium Salsa Con Queso, or Smooth & Cheesy

- Zapata**

- Fire Roasted Red Salsa – Mild or Hot

- **Milk**

- Blue Diamond**

- Almond Breeze Non-Dairy Beverage Natural Unsweetened Vanilla

- Borden**

- Grade A Skim Milk

- Carnation**

- Evaporated Milk – Regular, Fat Free, or 2% Low Fat

- Meyenberg**

- Evaporated Goat Milk

- Nestle**

- Table Cream

- Saco**

- Mix'n Drink Instant Non Fat Dry Milk

- Soy Dream**

- Original Beverage

- **Milk Flavorings**

- Carnation**

- Original Malted Milk

- Hershey's**

- Syrup – Chocolate, Chocolate with Calcium, Light Chocolate, Special Dark Chocolate, Strawberry, Sugar Free Strawberry, or Sugar Free Chocolate

- Nestle**

- Nesquik Chocolate Syrup
Nesquik Powder – Chocolate, No Sugar Added Chocolate, or Strawberry
Hot Cocoa Mix – Dark Chocolate, Diet, Rich Chocolate, or with Marshmallows
Milo Chocolate Drink Mix

- **Milk Flavorings (Cont'd)**

- **Olvatine**

- Drink Mix – Classic Malt, Chocolate Malt, or Rich Chocolate

- **Publix**

- Chocolate Syrup – Regular, Fat Free, or Sugar Free
 - No Sugar Added Hot Cocoa Mix

- **Swiss Miss**

- Cocoa Mix – Breakfast Blends Great Starts, No Sugar Added, or Sensible Sweets Diet

- **Popcorn**

- **Orville Redenbacher's**

- Gourmet Mini Bag Microwave Popping Corn – Kettle Corn or Butter

- **Pop Secret**

- Microwave Popcorn 100 Calorie Pop – Butter or Kettle Corn

- **Smartfood**

- Popcorn – 100 Calorie White Cheddar Mini Bites

- **Potato Chip**

- **Lay's**

- Fat Free Light Original Potato Chips

- **Pringles**

- Potato Crisps 100 Calorie Original

- **Ruffles**

- Fat Free Light Original Potato Chips

- **Pretzels**

- **Pringles**

- Stix Snack Sticks – Honey Butter, Jalapeño, or Pizza

- **Publix**

- Hard Sourdough Pretzels

- **Rold Gold**

- Pretzels – Classic Style Sticks or Hard Sourdough

- **Snyder's of Hanover**

- 100 Calorie Pretzel Packs – Minis or Sticks

- **Pretzels (Cont'd)**

- **Snyder's of Hanover**

- Fat Free Hard Sourdough Pretzels

- **Puffed Cheese**

- **Baked! Cheetos**

- 100 Calorie Mini Cheese Bites

- **Rice Cakes**

- **Publix**

- Rice Cakes – Fat Free Lightly Salted, Fat Free Unsalted, or Low Fat White Cheddar
 - Rice Snacks – Cheddar, Fat Free Caramel, or Ranch

- **Quaker**

- Quakes Rice Snacks – Vanilla Crème Brulee

- **Tea**

- **4C**

- Green Iced Tea Mix – Pomegranate or Lemon & Honey
 - Instant Ice Tea Mix – Lemon or Raspberry
 - Totally Light Ice Tea Mix To-Go – Green Tea with Lemon & Honey or Variety Pack

- **Lipton**

- Instant Iced Tea Mix – Decaffeinated, Lemon, or Peach
 - Diet Iced Tea Mix – Decaffeinated, Peach, or Raspberry
 - Iced Tea To-Go Drink Mix – Energize Blueberry/Pomegranate, Green Tea with Citrus, Lemon, or Mandarin & Mango

- **Publix**

- Iced Tea Mix

- **BREAD**

- **Breadsticks**

- **Angonoa**

- Breadsticks – Italian, Mini Sesame, or Sesame

- **Buns / Rolls / Biscuits**

- **Arnold**

- Select Sandwich Thins – 100% Whole Wheat, Honey Wheat, Multi-Grain, Seedless Rye, or Whole Grain White

- **Martin's**

- Potato Dinner Rolls

- **Nature's Own**

- Sandwich Rounds – 100% Whole Grain, 100% Whole Wheat, or Healthy Multi-Grain
 - Whitewheat Buns – Hamburger or Hot Dog

- **Pepperidge Farm**

- Deli Flats – 7-Grain, 100% Whole Wheat, Honey Wheat, or Whole Grain White
 - Mini Sliders Classic Sandwich Buns

- **Publix**

- Premium Recipe Brown 'n Serve Rolls

- **English Muffins/Bagels**

- **Nature's Own**

- 100-calorie Multi-Grain English Muffins

- **Pepperidge Farms**

- Swirl Bread – Cinnamon or Cinnamon Raisin

- **Thomas English Muffins**

- 100-Calorie Original Light Multi Grain

- **Weight Watchers**

- English Muffins

- **Hard (Wasa)**

- **Alessi**

- Toast – Plain or Wheat

- **Finn**

- Crisp Crispbread – Caraway, Multi-Grain, or Rye

- **Jacobsen's**

- Toast – Blueberry, Cinnamon, or Cinnamon/Raisin

- **Kavli**

- Whole Grain Crispy Thins

- **Hard (Wasa) (Cont'd)**

New York

Everything Flatbreads

Old London

Rounds – Classic, Garlic, Sesame, or Whole Grain

Reese

Holland Rusk Light Crisp Toast

Ryvita

Rye Crispbread – Dark or Sesame

Wasa

Crispbread – Light Rye or Multi-Grain

- **Loaf Bread**

Arnold

Bread – Healthful 10-Grain or Premium Italian

Whole Grains Bread – Honey Whole Wheat or Healthy Multi-Grain

100% Whole Wheat Double Fiber Grains & More Bread

Dutch Country Bread – 100% Whole Wheat Double Fiber, 100% Whole Wheat Stone Ground, or Soft Potato Original Recipe

Real Jewish Rye with Caraway Seeds

Real Jewish Rye without Seeds

Cobblestone Mills

Soft Bread – 100% Whole Wheat or Dutch Recipe Potato

Martin's

Potato Bread – Original or Whole Wheat

Nature's Own

All Natural Bread – Double Fiber Wheat, Honey 7-Grain, or Whole Grain Double Fiber Wheat Butterbread

Wheat Bread – 100% Whole, Honey, Light, Sugar Free, or White

Pepperidge Farm

100% Whole Wheat Bread
Classic Dark Pumpernickel

- **Loaf Bread (Cont'd)**

Pepperidge Farm

Deli Swirl Rye & Pump

Swirl Bread – Whole Wheat Cinnamon Raisin

Jewish Rye Bread – Seeded or Seedless

Whole Grain Bread – Ancient Grains, Stone Ground Wheat, Oatmeal, or German Dark Wheat

Publix

Enriched White

Premium Recipe – 100% Whole Wheat, 100% Whole Wheat Stone Ground, Blended Grain, Butter Crust White, Honey Wheat, Light Wheat, Old Fashioned White, or Wheat

Sun-Maid

Raisin Bread – Cinnamon Swirl

Weight Watchers

Wheat

- **Tortillas**

La Banderita

Fajita, Plain

Fat Free Soft Taco

Flour Tortilla

Low Carb Soft Taco Flour Tortillas

Wheat

Mission

Extra Thin Yellow Corn

Flour Fajita

Tamxico

Low Carb Wheat Tortillas

White Corn Tortillas

BREAKFAST FOODS

- **Breakfast Bars**

Cascadian Farm

Organic Chewy Peanut Butter Chocolate Chip

Kellogg's

Special K Bar – Blueberry, Chocolate Drizzle, Peaches & Berries, or Strawberry

- **Breakfast Bars (Cont'd)**

Kellogg's

Special K Cereal Bars – Blueberry, Chocolate Chip Cookie, Chocolate Drizzle, Chocolate Pretzel, Honey Nut, Raspberry Cheesecake, or Vanilla Crisp

Special K Fruit Crisps – Blueberry or Strawberry

Treat Squares Rice Krispies

Nabisco

Dipped Nutter Butter 100-Calorie Delight Bars

Nature Valley

100% Natural Granola Thins – Dark Chocolate or Peanut Butter

Post

Marshmallow Cereal Squares – Cocoa Pebbles or Fruity

Publix

Cereal Bars – Blueberry or Strawberry

Chewy Granola Bars – Chocolate Chip or Peanut Butter Chocolate Chunk

Quaker

25% Less Sugar Chewy Granola Bars – Chocolate Chip or Peanut Butter Chocolate Chunk

Chewy Granola Bars – Chocolate Chip or Peanut Butter & Chocolate Chunk

Low Fat Chewy Granola Bars

– Chocolate Chunk, Cocoa Chocolate Chip, Cocoa Chocolate Mint, or Oatmeal Raisin

Smores Low Fat Chewy Granola Bars

- **Cereals**

General Mills

Cheerios – Regular, Banana Nut, Chocolate, Fruity, or Oat Clusters

Cocoa Crisps

Cocoa Puffs

Rice Chex

Fiber One

Total

Wheaties

- **Cereals (Cont'd)**

Kashi

Crunchy 7-Whole Grain Puffs
Honey Sunshine

Kellogg's

All-Bran – Original, All-Bran Complete Wheat Flakes, Bran Buds, or Crunchy Nuts Roasted Nut & Honey
Corn Flakes
Product 19
Smacks
Special K – Blueberry, Multi-Grain Oats & Honey, or Protein Plus

Kretschmer

Wheat Germ – Original or Honey Crunch

Newman's Own

All Natural Sweet Enough, Honey Flax Flakes

Post

Bran Flakes

Publix

Bran Flakes
Corn Flakes
Toasted Grain Corn Flakes
Toasted Oats

Quaker

Cap'n Crunch Jumbo Crunch Berries
Crunchy Corn Bran
Essentials – Puffed Rice or Puffed Wheat

- **Hot Cereals**

Nabisco

Hot Instant Cream of Wheat
Original

Publix

Regular Flavor Instant Oatmeal

Publix GreenWise Market

Instant Oatmeal, Original 100% Organic

Quaker

Grits – Original Instant, Cheese Lovers, or Real Butter Flavor

- **Hot Cereals (Cont'd)**

Nabisco

Instant Oatmeal – Regular Flavor or Regular Organic

- **Instant Breakfast**

Carnation

Instant Breakfast No Sugar Added Nutritional Drink Mix – Classic French Vanilla or Milk Chocolate

- **Toaster Pastries**

Kellogg's

Pop-Tarts Mini Crisps Baked Bites – Frosted Chocolate or Frosted Strawberry

CANDY

- **Bagged Candy – Chocolate**

Hershey's

Sugar Free York Peppermint Patties

Tootsie Roll

Pops

- **Bagged Candy – Non-Chocolate**

Airhead

Pops

Dubble Bubble

Original Bubble Gum

Farley's

Lemon Drops

Jolly Rancher

Hard Candy, Original Flavors

Life Savers

Hard Candy – 5-Flavor, Butter Rum, Cherry Lemonade Mint, Orange Mint, Pep O Mint, Variety, Wild Cherry, or Wint O Green

Hard Candy, Sugar Free – 5-Flavor or Wint O Green

Publix

Party Time Mix
Pastel Mints
Smarties Candies
Starlight Mints
Sweet Stripes

- **Bagged Candy – Non-Chocolate (Cont'd)**

Werther's

Hard Candy, Sugar Free – Original, Caramel Coffee, or Caramel Mint
Original Hard Candy

- **Breath Fresheners**

Breath Savers

Peppermint, Sugar Free

Tic Tac

Freshmints

- **Candy Bars**

Hershey's

Reese's Peanut Butter Cups

- **Chewing Gum**

Dentyne

Sugar Free – Arctic Chill Ice, Fire Spicy Cinnamon, or Peppermint Ice

Extra

Sugar Free – Peppermint, Polar Ice, Spearmint, or Sweet Watermelon

Stride

Peppermint

Trident

Sugarless – Original, Tropical Twist, White Peppermint, or White Spearmint

Wrigley's

Doublemint or Juicy Fruit
Eclipse Sugar Free – Peppermint, Polar Ice, Spearmint, or Winterfrost
Orbit Sugar Free – Bubblemint, Peppermint, Spearmint, Sweetmint, Wintermint, White Bubblemint, or White Peppermint
Sugar Free 5 – Cobalt or Rain

- **Marshmallows**

Kraft

Jet-Puffed Marshmallows – Regular or Minis

Publix

Marshmallows – Regular or Minis

CANNED FRUITS**• Apple Sauce****Gogo**

Squeez Apple Sauce on the Go – Apple Apple, Apple Strawberry, Apple Banana, or Apple Cinnamon

Mott's

Unsweetened Natural Apple Sauce

Apple Sauce Cups – Original, Cinnamon, Natural, Raspberry, Strawberry, or Unsweetened

Apple Sauce Fruitsation Cups – Mango & Peach, Pear, or Strawberry Banana

Healthy Harvest Apple Sauce – Peach Medley or Unsweetened Granny Smith

Musselman's

Apple Sauce – Original, Chunky, Natural, or No Sugar Added

Apple Sauce Cups – Original, Chunky, Cinnamon, or Natural

Publix

Apple Sauce Cups – Cinnamon, Old Fashioned, Unsweetened, or Strawberry

Apple Sauce – Cinnamon, Old Fashioned, or Unsweetened

Publix GreenWise Market

Organic Apple Sauce Cups – Regular or Unsweetened

• Citrus Specialty / Misc. Fruit**Del Monte**

100-Calorie Tropical Fruit Salad

Light Syrup Citrus Salad

Lite Unpeeled Apricot Halves

Mandarin Oranges Fruit Cup

Mandarin Orange Cups, No Sugar Added

Mandarin Orange Segments

Mandarin Orange Segments in Light Syrup Fruit

SunFresh Red Grapefruit Sections

Tropical Fruit Salad

• Citrus Specialty / Misc. Fruit (Cont'd)**Dole**

All Natural Diced Apples in Light Syrup

All Natural Mandarin Oranges in Light Syrup

All Natural Tropical Fruit in Light Syrup

Mandarin Orange Cups – in 100% Juice or in Orange Gel

Tropical Mixed Fruit in Passion Fruit Nectar

Publix

Mandarin Orange Light Syrup

Maraschino Cherries

Maraschino Cherries with Stems

Unpeeled Apricot Halves in Heavy Syrup

• Cranberry**Publix**

Jellied Sauce

• Dry Mixes**Ocean Spray**

Craisins 100-Calorie Packs

Sun-Maid

Cranberries 100-Calorie Packs

Mediterranean Apricots

Sunsweet

Sweet & Tart Dried Cherries

Welch's

Dried Fruit Variety Pack

• Fruit Cocktail**Del Monte**

Fruit & Gel Mixed Fruit in Cherry Flavored Gel

Fruit Cherry Mixed Fruit

Fruit Chillers – Cherry Punch Halfpipe, Grape Berry Blizzard, or Strawberry Snow Storm

Fruit Cocktail – Original, 100 Calories, in 100% Juice, or in Heavy Syrup

Fruit Cup – Mixed Fruit in Extra Light Syrup or Mixed Fruit in Heavy Syrup

Lite

• Fruit Cocktail (Cont'd)**Del Monte**

Lite Chunky Mixed Fruit

Mixed Chunky Fruit

Mixed Fruit – 100-Calorie Cherry, Chunky in 100% Juice, or No Sugar Added Cups

No Sugar Added Sweetened with Splenda

Tropical Fruit in Lightly Sweetened Juices

Very Cherry Mixed Fruit

Dole

All Natural Mixed Fruit in Light Syrup

Mixed Fruit Cups – in 100% Juice, Cherry in 100% Juice, or Sugar Free in Cherry Gel

Mixed Fruit in Peach Gel Fruit Gels

Publix

Fruit Cocktail – in Heavy Syrup, in Pear Juice, or Sweetened with Splenda

Mixed Fruit Cups in Light Syrup

Mixed Chunky Lite in Pear Juice

• Fruit Snacks**Betty Crocker**

Flavor Shock Variety Pack Fruit Gushers

Fruit by the Foot Snacks – Berry Tiedye, Berry Razzle Blue Blitz, Strawberry, or Variety Pack

Fruit Flavored Snacks – Create-A-Bug, Sponge Bob Squarepants, Spiderman, or Transformers Animated

Fruit Gushers Snacks – Strawberry Splash, Tropical Flavors, or Variety Pack

Fruit Roll-Ups, Wildberry Punch Mini Rolls

Fruit Rollups Electric Snacks – Strawberry or Variety Pack

Scoobydoo! Fruit Snacks

Shark Bites Fruit Snacks

Variety Pack – Fruit Roll-Ups, Fruit Gushers & Fruit by the Foot

- **Fruit Snacks (Cont'd)**

Branch's

Fruit Snacks – Hawaiian Punch or Mott's

Kellogg's

Fruit Flavored Snacks – Alvin & the Chipmunks, Assorted Flavors, Disney Fairies, Disney Princesses, Finding Nemo, or Handy Manny
Yogo's Yogurt Covered Fruity Dots – Crazy Berries, Island Explosion, or Strawberry Slam

Publix

Fruit Snacks – Curious George, Sharks, Snoopy, Star Wars, or Veggie Tales

Sunkist

Fruit Flavored Snacks Mixed Fruit Value Pack
Mixed Fruit with Calcium Fruit Snacks

Welch's

Fruit Snacks – Berries 'n Cherries or Mixed Fruit
Strawberry Fruit & Yogurt Snacks

- **Peaches**

Del Monte

Chunks
Diced Peach Cups – No Sugar Added or in Strawberry-Banana Flavored Light Syrup
Fruit & Gel Lite Peaches in Strawberry Banana Flavored Gel
Fruit & Gel Mixed Peaches in Peach Flavored Gel
Fruit Cup – Diced or Diced in Extra Light Syrup
Halves
Chunks, No Sugar Added Sweetened with Splenda
Peach Halves in Heavy Syrup
Sliced – 100 Calories, Freestone, in 100% Juice, in Heavy Syrup, Lite Freestone, Lite Yellow Cling, No Sugar Added, Raspberry Flavored, Yellow Cling, or Freestone

- **Peaches (Cont'd)**

Dole

Dole All Natural Diced Peaches in Light Syrup
Diced Peaches Fruit Bowls
Peaches in Strawberry Fruitngel Bowls

Publix

Diced Peach Cups – in Strawberry Gel or in Peach Flavored Light Syrup
Diced Peaches in Strawberry Gel
Lite Yellow Cling in Heavy Syrup – Halves or Slices
Sliced Peaches Sweetened with Splenda
Yellow Cling in Heavy Syrup – Halves or Slices

- **Pears**

Del Monte

Bartlett Pear Halves
Chunks – In Heavy Syrup or No Sugar Added Sweetened with Splenda
Diced Pear Cups in 100% Juice
Halves – 100 Calories, Bartlett, in 100% Juice, or Lite Bartlett
Sliced – Lite Bartlett or No Sugar Added Sweetened with Splenda

Dole

Diced Pear Cups in 100% Juice

Publix

Bartlett Slices in Heavy Syrup
Halves – Bartlett in Heavy Syrup or Lite Bartlett in Pear Juice

- **Pie Fruit**

Comstock

More Fruit Pie Filling or Topping – Apple, Blueberry, Cherry, or Peach
Fruit Pie Filling – Apple, Cherry, Light Cherry, Red Ruby Cherry, or Strawberry

Libby's

100% Pure Pumpkin

Oregon Fruit

Red Tart Pie Cherries

- **Pie Fruit (Cont'd)**

Publix

Pumpkin

- **Pineapple**

Del Monte

Pineapple Tidbits Fruit Cup
Pineapple Fruit Tidbits in 100% From Concentrate Pineapple Juice

Dole

100% Pineapple Juice – Slices or Tidbits
All Natural Pineapple Chunks in Pineapple Juice
Crushed Pineapple in Unsweetened Pineapple Juice
No Sugar Added Chunks in Unsweetened Pineapple Juice
Pineapple in Lime Gel Fruitngel Bowls
Pineapple Slices in Unsweetened Pineapple Juice
Pineapple Tidbits – in 100% Fruit Juice or in Unsweetened Pineapple Juice

Libby

Red Carb – Crushed Pineapple or Pineapple Chunk

Publix

Chunks – In Heavy Syrup or in Pineapple Juice varieties
Crushed – In Heavy Syrup or in Pineapple Juice varieties
Sliced – in Heavy Syrup or in Pineapple Juice
Tidbits in Pineapple Juice

- **Prunes**

Del Monte

Pitted Prunes

Sunsweet

Dried Plums
Essence Pitted Prunes – Cherry or Orange
Ones
Pitted Prunes – Regular or Bite Size

- **Raisins**

- **Sun-Maid**

- Mini Snack Raisins

CANNED VEGETABLES

- **Asparagus**

- **Del Monte**

- Asparagus Salad Tips
 - Fresh Cut Cuts & Tips
 - Fresh Cut Extra Long Spears
 - Fresh Cut Slender Whole Spears
 - Specialties

- **Green Giant**

- 50% Less Sodium Tender Green Cut Spears
 - Extra Long Spears
 - Tender Green Cut Spear

- **Le Sueur**

- Extra Large Cuts

- **Vigo**

- Marinated Green

- **Beets**

- **Aunt Nellie's**

- Harvard Red Sweet & Sour – Sliced or Whole
 - Red Cabbage
 - Ruby Red Beets – Sliced or Whole Pickled varieties
 - Sweet & Sour Harvard Ruby Red Sliced
 - Whole Onions

- **Del Monte**

- Sliced

- **Greenwood**

- Pickled – Sliced, Sliced with Onions, or Whole Sweet & Tangy

- **Publix**

- Cut
 - Sliced

- **Carrots**

- **Del Monte**

- Sliced

- **Le Sueur**

- Tender Baby Whole

- **Carrots (Cont'd)**

- **Publix**

- Sliced

- **Corn**

- **Bush's Best**

- White Hominy

- **Del Monte**

- Golden Sweet Cream Style – Regular or No Salt Added
 - White Cream Style – Fiesta, Gold & White, or No Salt Added
 - Summer Crisp
 - Whole Kernel – Regular, 50% Less Salt, No Salt Added, Summer Crisp, or White

- **Glory Foods**

- Seasoned Southern Style – Cream Style Skillet or Honey

- **Green Giant**

- Corn – 50% Less Sodium Sweet Whole Kernel, Chipotle White Corn, Mexicorn, Sweet Cream Style, Southwestern Style, Sweet Whole Kernel, White Shoepeg, or Yellow & White
 - Niblet Corn – Regular or No Salt Added

- **Margaret Holmes**

- Hoppin' John

- **Publix**

- Golden Sweet Corn – Cream Style, Crispy Whole Kernel, No Salt Added Whole Kernel, or Regular

- **Publix GreenWise Market**

- Organic Whole Kernel Corn

- **Dried Beans**

- **Bush's Best**

- Blackeyed Peas
 - Canellini Beans
 - Chili Beans
 - Crowder Peas
 - Great Northern
 - Large Butter Beans
 - Light Red Kidney
 - Mayocoba
 - Navy Beans

- **Dried Beans (Cont'd)**

- **Bush's Best**

- Pinto Beans
 - Red
 - Reduced Sodium Pinto
 - Seasoned Pinto
 - White

- **Del Monte**

- Green Lima Beans

- **Glory Foods**

- Seasoned Southern Style Beans – Blackeyed Peas or Butter
 - Sensibly Seasoned Lower Sodium Beans – Black, Blackeyed Peas, or Pinto

- **Goya**

- Black Beans
 - Chick Peas
 - Green Pigeon Peas
 - Pink Beans
 - Pinto Beans
 - Red Kidney Beans
 - Small Red Beans

- **Joan of Arc**

- Butter Beans

- **Progresso**

- Black Beans
 - Chick Peas

- **Publix GreenWise Market**

- Organic Garbanzo Beans

- **Publix**

- Green Lima Beans

- **Green Beans**

- **The Allens**

- Cut Italian Green Beans – Regular, with Potatoes, or Seasoned Southern Style

- **Del Monte**

- Cut – Original, 50% Less Sodium, Blue Lake, Golden Wax, Italian, No Salt Added, with Potatoes, or Wax
 - French Style – Regular, Blue Lake, or No Salt Added
 - Seasoned Beans
 - Whole

- **Green Beans (Cont'd)**

- **Glory Foods**

- Sensibly Seasoned Lower Sodium String Beans

- **Green Giant**

- Cut
 - French Style
 - Kitchen Sliced

- **Hanover**

- Blue Lake Cut Green Beans – Original or with Potatoes

- **Publix**

- Cut
 - French Style
 - Italian Cut
 - No Salt
 - Veggigreen – Cut, French, or Whole

- **Publix GreenWise Market**

- Organic Cut

- **Greens**

- **The Allens Sunshine**

- Diced Rutabaga
 - Seasoned Southern Style Greens – Collard or Turnip

- **Del Monte**

- Whole Spinach Leaf
 - Zucchini with Italian Style Tomato Sauce

- **Glory Foods**

- Seasoned Southern Style Country Cabbage
 - Seasoned Southern Style – Collard, Mixed, or Mustard
 - Sensibly Seasoned Lower Sodium Greens – Collard, Mixed, or Turnip

- **Margaret Holmes**

- Tomatoes and Okra
 - Tomatoes, Okra, and Corn

- **Publix**

- Spinach Leaf

- **Kraut**

- **Eden**

- Organic Sauerkraut

- **Kraut (Cont'd)**

- **Gundelsheim**

- Barrel Sauerkraut

- **Silver Floss**

- Cured Sauerkraut – Original, Bavarian Style, or Krispy

- **Mushrooms / Artichoke**

- **Girogio**

- Dawn Fresh Mushroom Steak Sauce
 - Organic Mushrooms, Pieces and Stems

- **Green Giant**

- Mushroom Pieces & Stems
 - Sliced Mushrooms
 - Whole Mushrooms

- **Lacima**

- Hearts of Palm

- **Pennsylvania Dutchman**

- Chunky Style Portabella Mushrooms
 - Mushrooms Pieces & Stems
 - No Salt Mushroom Stems & Pieces

- **Progresso**

- Artichoke Hearts

- **Publix**

- Mushrooms Pieces & Stems
 - Sliced Mushrooms
 - Whole Mushrooms

- **Reese**

- Whole Artichoke Hearts – Quartered or Whole

- **Vigo**

- Artichoke Hearts – Baby, Marinated, Quartered, or Whole
 - Hearts of Palm – Whole or Salad Cut
 - Italian Style Marinated Mushrooms

- **Peas**

- **Del Monte**

- Fresh Cut Sweet
 - No Salt Added Sweet Peas
 - Peas & Carrots
 - Sweet Peas, 50% Less Salt

- **Peas (Cont'd)**

- **Green Giant**

- Sweet Peas

- **Le Sueur**

- 50% Less Sodium Early Peas
 - Early Peas
 - Early Peas with Mushrooms and Pearl Onions

- **Publix**

- Green Sweet
 - No Salt Green
 - Small Sweet

- **Publix GreenWise Market**

- Organic Sweet

- **Potatoes**

- **Del Monte**

- New Fresh Cut Potatoes – Diced, Sliced, or Whole varieties

- **Publix**

- White – Sliced or Whole

- **Salad & Mixed Vegetables**

- **Del Monte**

- Mixed Vegetables – Original or with Potatoes

- **French's**

- French Fried Onions – Original or Cheddar Flavored

- **Green Giant**

- Three Bean Salad

- **Margaret Holmes**

- Squash Medley with Vidalia Onions

- **Publix**

- Mixed Vegetables

- **Read**

- 4 Bean Salad

- **Veg-All**

- Mixed Vegetables – Original or No Salt Added

- **Tomatoes**

- **Cento**

- Tomatoes – Crushed, Italian Style Whole, or Peeled Sam Marzano

• Tomatoes (Cont'd)**Del Monte**

Diced – Regular, No Salt Added; with Garlic & Onion; with Green Peppers & Onions; or with Mild Green Chilies; or Seasoned with Peeled Basil, Garlic, and Oregano

Petite Cut – Regular, Diced, with Garlic & Olive Oil, or with Jalapeño

Stewed – Italian or Original Recipes

Tomatoes – Chunky Chili Style, Diced No Salt Added with Basil, Diced Petite Cut No Salt Added, or Garlic & Oregano

Zesty Seasoned Diced Tomatoes with Mild Green Chiles

Deifratelli

Tomatoes – Crushed No Salt Added or Whole

Hunt's

100% Natural Tomatoes – Crushed with Basil, Diced Fire Roasted, Diced Fire Roasted with Garlic, Diced Petite Cut, Stewed, Stewed No Salt Added, or Whole with Basil

All Natural Whole Peeled
Crushed

Diced Tomatoes – Regular; Choice-Cut Italian Style Herbs; with Green Pepper, Celery, and Onions; or with Sweet Onions

Whole

Whole Organic

Muir Glen

Organic Tomatoes – Diced, Diced Fire Roasted, Diced Fire Roasted No Salt Added, or Whole Peeled

Pomi

Chopped
Strained

Publix

Crushed

Diced Tomatoes – Regular, Italian Style, No Salt Added, Petite, with Green Chiles, or with Roasted Garlic & Onion

Stewed Sliced – Regular or Italian

• Tomatoes (Cont'd)**Publix**

Whole Peeled

Publix GreenWise Market

Crushed Organic

Diced Organic Tomatoes – Regular or Seasoned with Basil Garlic & Oregano

Rotel

Diced – Tomatoes & Extra Hot Chile Peppers, Tomatoes & Green Chiles, or Tomatoes & Milder Green Chiles, or with Habanero

Mexican Festival Diced Tomatoes with Lime Juice and Cilantro

Tutorossa

100% Natural Tomatoes – Crushed with Basil, Diced New World Style, or Peeled Plum Shaped Italian Style
Crushed

• Tomato / Sauce / Paste / Puree**Amore**

Paste

Contadina

Paste
Sauce

Dei Fratelli

Puree
Sauce

Del Monte

Sauce

Goya

Spanish Style Sauce (Salsa de Tomate)

Hunt's

100% Natural Paste, No Salt Added

All Natural – Paste, Puree, or Sauce

Diced Tomatoes, Green Pepper, Celery, and Onions

Italian Style Herbs Sauce

Italian Style Paste

No Salt Added Sauce

Roasted Garlic Sauce

• Tomato / Sauce / Paste / Puree (Cont'd)**Muir Glen**

Organic Tomato – Paste or Sauce

Publix

No Salt Added

Paste

Puree

Sauce

Publix GreenWise Market

Organic – Paste or Sauce

Tutorosso

Tomato Puree with Basil

Tomato Sauce

CHEESE**• Grated****4C**

All Natural 100% Parmesan

All Natural 100% Parmesan-Romano

Parmesan

Parmesan-Romano

Sharp Romano

Colonna

Parmesan

Parmesan-Romano

Kraft

100% Parmesan

Macaroni & Cheese Topping

Parmesan-Romano

Reduced Fat Parmesan

Romano

Three Blend

Publix

100% Real – Parmesan. Italian Style Parmesan. or Romano-Parmesan

• Shelf-Stable**Kraft**

Cheese Spread – Cheez Whiz, Old English, Pimento, or Pineapple

Velveeta Cheese – Original, Made with 2% Milk, Mild Mexican, or Pepper Jack

- **Shelf-Stable**

Publix

Cheese Spread

COLD BEVERAGES

- **Carbonated Soft Drinks**

7 Up

Original

Cherry

Diet

Diet Cherry

Pomegranate

A&W

Diet Root Beer

Barq's

Diet Root Beer

Canada Dry

Club Soda

Tonic Water

Diet Tonic Water

Ginger Ale – Original, Cranberry,

Diet Original, Diet Cranberry,

Green Tea, or Diet Green Tea

Coca Cola

Cherry Coke

Diet Cherry Coke

Cherry Coke Zero

Classic Coke

Caffeine Free Classic Coke

Diet Coke

Caffeine Free Diet Coke

Coke Zero

Diet Coke with Lime

Diet Coke Plus

Vanilla Coke Zero

Crush

Diet Orange

Diet Rite

Cola

Dr. Brown

Diet Cream Soda

Dr. Pepper

Original

Original Diet

Diet Cherry

- **Carbonated Soft Drinks (Cont'd)**

Fanta

Orange Soda

Fresca

Sparkling Soda – Citrus or

Peach Citrus

IBC

Diet Root Beer

Lipton

Brisk Iced Tea

Minute Maid

Lemonade

Light Lemonade

Pink Lemonade

Mountain Dew

Diet Original

Mug

Root Beer – Original or Diet

Nestea

Cool Iced Tea – Lemon Flavored

or Diet

Pepsi Cola

Original

Caffeine Free Original

Max

One

Diet Original

Caffeine Free Diet Original

Wild Cherry

Diet Wild Cherry

Publix

Soda – Club, Ginger Ale, Dr.

Publix, Lemon Lime, Malta, Tonic

Water, or Tonic Water

with Quinine

Diet Soda – Black Cherry,

Caffeine Free Cola, Cherry Cola,

Cola, Ginger Ale, Lemon Lime,

Orange, Root Beer, or

Tonic Water

Seagram's

Ginger Ale

Sierra Mist

Original

Original Free

Cranberry

- **Carbonated Soft Drinks (Cont'd)**

Sierra Mist

Cranberry Free

Ruby Splash

Ruby Splash Free

Sprite

Original or Diet Zero

Stewart's

Diet Soda – Orange Cream or

Root Beer

Sunkist

Diet Orange Soda

TAB

Diet Soda

Vault Zero

Citrus Soda

Vernor's

Ginger Ale – Original or Diet

- **New Age**

Arizona

Green Tea – Asian Plum,

Decaffeinated Diet with Ginseng,

Diet with Ginseng, No Carb

Blueberry, No Carb Peach,

Mandarin Orange, Pomegranate,

or Natural with Ginseng & Honey

Iced Tea – Original, Lemon,

Raspberry, Diet Lemon, Diet

Peach, or Diet Raspberry

Herbal RX Stress Relief Iced Tea

Sweet Tea

Arnold Palmer

Half & Half Iced Tea & Lemonade

– Regular or Lite

Starbuck's

Frappuccino Coffee Drink –

Light Mocha or Light Vanilla

Fuze

Refresh Beverages – Banana

Colada or Peach Mango

Slenderize Beverages –

Cranberry Raspberry, Strawberry

Melon, or Tropical Punch

Gold Peak

Teas – Diet, Lemon, Sweetened,

or Green

- **New Age (Cont'd)**

Honest Tea

Organic Honey Green Tea

Lipton

Diet Green Tea – Mixed Berry or Citrus

Red Bull

Sugar Free Energy Drink

Snapple

Diet Juice Drink – Cranberry Raspberry

Diet Teas – Green, Lemon, Peach, or Raspberry

Teas – Green, Lemon, Peach, or Raspberry

Sobe

Green Tea

Sweet Leaf

Tea – Original or Mint Honey

Tazo

Iced Green Tea – Organic or Giant Peach

- **Water**

Acqua Di Nepi

Spring Water

Aquafina

Flavor Splash – Grape, Raspberry, or Wild Berry

Fruit2O

Natural Water Beverage – Grape, Raspberry, Strawberry, or Tropical Fruit

Glaceau

Vitaminwater – Energy Tropical Citrus, Essential Orange, Power C Dragonfruit, Revive Fruit Punch, or XXX Acai/Blueberry/Pomegranate

Vitaminwater Zero – Go-Go Mixed Berry, Mega-C Grape/Raspberry; Squeezed Lemonade, or XXX Acai/Blueberry/Pomegranate

Lacroix

Natural Sparkling Water – Original, Berry, Grapefruit, Lemon, Lime, or Orange

- **Water (Cont'd)**

Nestle

PureLife Splash – Raspberry or Strawberry

Perrier

Sparkling Natural Lemon Mineral Water

Propel

Zero Beverage – Berry, Black Cherry, Blueberry/Pomegranate, Grape, Kiwi/Strawberry, Lemon, or Peach

Publix

Seltzer Water – Lemon/Lime or Raspberry

Ritz

Seltzer Water – Original or Lemon/Lime

Glaceau

Smartwater

Sobe

Lifewater – Black & Blue Berries, Cherry Punch, Fuji Apple, Strawberry Dragonfruit, or Yum Pomegranate

Syfo

Sparkling Water – Lemon-Lime, Tangy Orange, or Wild Cherry

Talkingrain

Twist Natural Blend – Blueberry Pomegranate, Lemon, Mandarin White Tea, Mango Acai, West Indies Key Lime, or Wild Strawberry

Vita

Coco Coconut Water

CONDIMENTS

- **BBQ**

Budweiser

Premium Wing Sauce – Mild & Tangy

Bull's-Eye

Barbecue Sauce – Original, Brown Sugar and Hickory, Carolina Style, Hickory Smoke, Sweet & Tangy, or Texas Style

- **BBQ**

Colgin's

Hickory Liquid Smoke

Jack Daniels

Barbecue Sauce – Original Recipe, Hickory Brown Sugar, Master Blend, or Steakhouse

KC Masterpiece

Barbecue Sauce – Original, Hickory Brown Sugar, Honey, or Sweet & Tangy

Kraft

Barbecue Sauce – Original, Brown Sugar, Hickory Smoked, Honey, Honey Hickory Smoked, Honey Roasted Garlic, Light Original, or Spicy Honey
Thick & Spicy Barbecue Sauce – Original or Honey

Open Pit

Original Barbecue Sauce

Pat's

Homemade Barbecue Sauce

Publix

Barbecue Sauce – Original, Hickory, or Honey

Sticky Finger

Barbecue Sauce – Original, Carolina Mustard, or Carolina Sweet

Stubb's

Barbecue Sauce – Original, Mild, Moppin' Sauce, or Spicy

Sweet Baby Ray's

Barbecue Sauce – Original, Hickory, Hickory and Brown Sugar, Honey, Honey Chipotle, Hot & Spicy, Raspberry Chipotle, or Sweet Vidalia Onion

- **Catsups**

Heinz

Tomato Ketchup – Regular or Organic

Hunt's

Tomato Ketchup – Regular, 100% Natural, or No Salt Added

- **Catsups (Cont'd)**

Publix

Tomato Ketchup

Publix GreenWise Market

Organic Tomato Ketchup

- **Cooking Wine**

Holland House

Marsala

Red

Sherry

White

Pompeian

Burgundy

Marsala

Sherry

White

Publix

Dry

White

- **Mustards**

Bookbinder's

Restaurant Style Mustard – Hot Wasabi Sauce, Stone Ground Dijon, Southwest Style Chipotle, or Sweet & Spicy Picante Pepper

Coleman's

Hot English Mustard

French's

Mustard – Classic Yellow, Honey, Honey Dijon, Horseradish, or Spicy Brown

Grey Poupon

Mustard – Country Dijon, Deli Style, Dijon, Harvest Coarse Ground, Hearty Spicy Brown, Mild & Creamy Dijon, or Savory Honey

Gulden's

Spicy Brown Mustard

Hellmann's

Dijonnaise

Honey Mustard

Honey Cup

Mustard

- **Mustards (Cont'd)**

Inglehoffer

Horseradish – Creamy or Wasabi

Mustard – Stone Ground

Plochman's

Premium Mild Yellow Mustard

Publix

Mustard – Classic Yellow, Dijon, Honey, Horseradish, or Spicy Brown

Publix GreenWise Market

Organic Mustard – Creamy Yellow, Spicy Brown, or Tangy Dijon

Woeber Pal

Horseradish Mustard

- **Olives**

Casa Italiana

Hot Olive Mix with Jalapeños

Sliced Jalapeños

Spanish Manzanillas – Sliced or Stuffed

Spanish Queens Stuffed with Minced Pimientos

Lindsay

Accents Pimientos – Diced or Sliced

Adventures – Greek Kalamata or Sicilian Style Pitted

California Ripe – Chopped, Extra Large Pitted, Large Pitted, Low Sodium, Medium Pitted, Sliced, or Small Pitted

California Naturals Ripe – Black, Green, or Sliced

Perfect Pairings Stuffed – Nutty Almonds, Punchy Garlic, or Spicy Jalapeños

Re-closeables Ripe – Large Pitted or Large Pitted Italian Seasoned

Spanish Manzanilla – Queen with Pimientos, Sliced, Sliced with Jalapeños, or Whole with Pimientos

Mezzetta Express

Deli Sliced Tamed Jalapeño Peppers

Garlic Stuffed Olives

- **Olives (Cont'd)**

Mezzetta Express

Spanish Colossal Queen Olives with Minced Pimento

Spanish Queen Martini Olives Marinated in Dry Vermouth

Pampa

Spanish Manzanilla Olives Stuffed with Minced Pimento

Publix

Spanish Olives stuffed with Minced Pimento – Manzanilla, Manzanilla Thrown, Queen, or Queen Thrown

Spanish Salad Olives with Minced Pimento

Ripe Pitted Olives – Colossal, Large, or Small

Vigo

Greek Olives – Black, Calamata, Pitted Calamata, or Sliced Calamata

- **Pickles**

B&G

Peppers – Roasted, Sliced Hot Jalapeño, or Sliced Garlic/Oregano

Fragata

Capers

Howard's

Sweet Pepper Relish

Lindsay

Non-Pareil Capers or Cocktail Onions

Mancini

Sweet Peppers – Fried with Onions or Roasted

Mezzetta

Express, Deli Sliced Mild Pepper Rings

Golden Pepperoncini

Italian Mix Giardiniera

Roasted Bell Peppers

Sweet Cherry Peppers

- **Pickles (Cont'd)**

Mrs. Fanning's

Bread & Butter Pickles

Mt. Olive

Bread & Butter Pickles – No Sugar Added Chips, No Sugar Added Sandwich Stuffers, No Sugar Added Spears, Old Fashion Sweet Sandwich Stuffers, Old Fashioned Sweet Chips, or Old Fashioned Sweet Spears
Gerkins – Sweet or No Sugar Added

Kosher Pickles – Dills, Baby Dills, Baby Dills with Texas Pete Hot Sauce, Hamburger Dills, Hot & Spicy Dills, Petite Dills, Sandwich Stuffer Dills, Spears, or Zesty Garlic Spears

Peppers – Hot Banana Rings, Marinated Roasted, Mild Banana Rings, Pepperoncini, Roasted Red, Sliced Jalapeño, Sliced Pepperoncini, Sweet & Hot, or Sweet Salad

Pickle Snack Crunchers – Kosher Dill, Kosher Dill with Texas Pete Hot Sauce, or Sweet Petites

Pickle Relish – Dill, Hot Dog, Sweet, or Sweet No Sugar Added

Pickles – Hamburger Dill Chips, Hamburger Dill Chip Mini Stuffers, Mexicana Dill Spears, Polish Dill Spears, Salad Sweet Cubes, or Sweet Petites

Nance's

Corn Relish

Publix

Bread & Butter Pickles – Chips or Sandwich Slices

Kosher Dill Pickles – Baby, Sandwich Slices, or Spears

Mild Banana Pepper Rings

Pickles, Hamburger Dill Chips

Sweet Pickle Relish

Sweet Pickles – Chips or Gherkin Midgets

Sabrett's

Pushcart Style Onions in Sauce

- **Pickles (Cont'd)**

Talk of Texas

Okra – Mild or Hot

Vigo

Peppers – Flame Roasted or Greek Pepperoncini

Vlasic

Bread & Butter Pickles – Mildly Sweet & Spicy Chips or No Sugar Added Mildly Sweet and Spicy Spears

Kosher Dill Pickles – Baby, Crunchy, Spears, or Zesty Crunchy

Pickle Relish – Dill or Sweet

Pickles – Original Whole Dill, Kosher Gherkins, Snack'mms Kosher Dills, Sweet Gherkins, or Sweet Midgets

Sandwich Stackers – Bread & Butter, Kosher Dill, Mild Pepper Rings, or Zesty Dill

Super Sandwich Stackers – Kosher Dill

Wickles

A Wickedly Delicious Original

- **Specialty Condiments**

Crosse & Blackwell

Maj Grey Chutney

Goya

Recaito

Sofrito

- **Specialty Sauces**

A.1.

Steakhouse Marinade – Classic, Garlic & Herb, Jamaican Jerk, or New York Steakhouse

Allegro

Original Marinade

Badia

Mojo Criollo Marinade

Bennett's

Sauces – Chili, Cocktail, or Tartar

Bookbinder's

Sauces – Cocktail or Restaurant Style Creamy Horseradish

- **Specialty Sauces (Cont'd)**

Cholula

Hot Sauces – Original, Chili Garlic, Chili Lime, or Chipotle

Crosse & Blackwell

Ham Glaze

Mint Sauce

Seafood Cocktail Sauce

Zesty Seafood Remoulade

Crystal

Louisiana Hot Sauce

Original Wing Sauce

Del Monte

Chili Sauce

Durkee

Famous Sauce

Frank's

Buffalo Wing Sauce

Red Hot Sauce

Goya

Mojo Criollo Marinade

Heinz

Sauces – Chili, Horseradish, Seafood Cocktail, or Zesty Cocktail

Hellmann's

Tartar Sauce

KC Masterpiece

Marinade – Chipotle & Lime, Garlic & Herb, Ginger Teriyaki, Honey Teriyaki with Sesame, Lemon Pepper, Premium Steakhouse, or Spiced Caribbean Jerk

Ken's

Steak House Marinade & Sauce – Balsamic & Roasted Onion, Buffalo Wing Sauce, Herb & Garlic, Honey Teriyaki, or Teriyaki
Steak House Low Sodium Marinade & Sauce – Lemon Pepper with Cracked Peppercorn or Sesame Ginger

Kikkoman

Lite Soy Sauce

- **Specialty Sauces (Cont'd)**

Kitchen Bouquet

Browning & Seasoning Sauce

Kraft

Horseradish Sauce
Sandwich Spread
Tartar Sauce

Lawry's

30-Minute Marinade – Baja
Chipotle with Lime Juice,
Caribbean Jerk, Garlic with
Cracked Black Pepper Hawaiian,
Havana Garlic & Lime, Herb &
Garlic, Lemon Pepper, Mesquite
with Lime Juice, Sesame Ginger
with Mandarin Orange Juice,
Signature Steakhouse, Szechuan
Sweet & Sour BBQ, Teriyaki with
Pineapple Juice, or Tuscan Sun-
Dried Tomato

Lea & Perrins

Marinade for Chicken

Louisiana

Sauces – Original Hot, or Wildly
Wicked Wing

Mrs. Dash

Salt Free Marinade – Garlic Lime,
Lemon Pepper, Mesquite Grill,
Spicy Teriyaki, or Zesty Garlic &
Herb

McCormick

Golden Dipt Sauces – Fat-Free
Tartar, Hot Cocktail, Lemon
Butter Dill, or Seafood Cocktail

McIlhenny Co.

Tabasco Pepper Sauce – Original,
Chipotle Smoked, Habanero, or
Mild Green Jalapeno

Nance's

Mild Chicken Wing Sauce

Newman's Own

All Natural Marinade – Mesquite
with Lime or Teriyaki

Pick-A-Peppa

Hot Sauce

- **Specialty Sauces (Cont'd)**

Publix

Mojo Marinade
Sauces – Cayenne Pepper or
Cocktail

Reese

Hollandaise Sauce

Stubb's

Marinade – for Beef, Chicken, or
Pork
Original Wicked Chicken
Wing Sauce

Sweet Baby Ray's

Marinade & Sauce – Steakhouse
or Teriyaki

Texas Pete

Sauces – Original Hot, Buffalo
Wing, or Garlic Hot

Trappey's Bull

Hot Sauce

Try Me

Tiger Sauce

World Harbor

Sweet & Sour Sauce

Mr. Yoshida's

Original Gourmet Sauce

- **Steak Sauce**

A.1.

Original
Bold
Cracked Peppercorn
Roasted Garlic
Smoky Mesquite
Sweet Hickory made with Bull's
Eye BBQ Sauce
Thick & Hearty

Dale's

Steak Seasoning – Original or
Reduced Sodium

French's

Worcestershire Sauce – Original
or Reduced Sodium

Heins

57 Sauce – Original or Made with
Lea & Perrins

- **Steak Sauce (Cont'd)**

Lea & Perrins

Worcestershire Sauce – Original
or Reduced Sodium

Publix

Sauces – Worcestershire or Steak
Steak Seasoning

Shula's

Special No. 347 Steak Sauce

- **Vinegar**

Alessi

Balsamic Vinegar – Original,
Aged 20 years, Pear, Raspberry,
Red Wine, or White

Alma's

Modena Balsamic Vinegar

Colavita

Balsamic Vinegar

Gia Russa

Balsamic Glaze
Balsamic Vinegar – Modena or
White Wine

Holland House

Vinegar – Balsamic, Malt, Red
Wine, or White Wine

Heinz

Apple Cider Vinegar

London Pub

Malt Vinegar

Monari

Balsamic Vinegar
White Truffle Balsamic Glaze

Nakano

Rice Vinegar – Basil & Oregano,
Garlic, Italian Red Wine, Natural,
Seasoned, or Seasoned
Red Pepper

Newman's Own

Organics Organic Balsamic

Pompeian

Vinegar – Balsamic,
Pomegranate-infused Balsamic,
Pomegranate-infused Red Wine,
Red Wine, or Red Wine
with Garlic

- **Vinegar (Cont'd)**

Progresso

Balsamic Vinegar

Publix

Vinegar – Apple Cider, Balsamic, Distilled White, or Red Wine

Publix GreenWise Market

Organic Vinegar – Balsamic or Red Wine

Regina

Vinegar – Aged Balsamic, Red Wine, or White Champagne

White House

Vinegar – Apple Cider or White

COOKIES / CRACKERS

- **Cookies**

Archway

Cookies – Date Filled Oatmeal, Oatmeal Raisin, Raspberry, or Sugar Drop
Pfeffernusse Cookie

Keebler

100-Calorie Right Bites Cookies – Chips Deluxe Chocolate Chips, Chips Deluxe Soft & Chewy, Sandies Shortbread, or Variety Pack
Deluxe Chips Cookies – Chocolate Lovers, Peanut Butter, Rainbow, or Soft'n Chewy
E.L. Fudge Original Butter Cookies with Fudge Filling
Fudge Shoppe 100-calorie Right Bites Cookies – Brownie Minis, Cookies & Crème, Fudge-dipped Pretzels, Fudge Grahams, Fudge Grasshoppers, or Mini Fudge Strips
Soft Batch Chocolate Chip

Little Debbie

Christmas Wreath Cookies

LU

Pims Cookies – Orange or Raspberry

Murray

Sugar Free Cookies – Chocolate or Shortbread

- **Cookies**

Nabisco

100-Calorie Packs – Golden Oreo Cakesters, Mr. Salty Milk Chocolate Pretzels, Oreo Mini Cakesters, Oreo Snack Cakes, or Sweet & Salty Mix
Chips Ahoy! Cookies – Chocolate Chip Candy Blasts, Chunky Chocolate, or Chunky White Fudge
Classics – Iced Oatmeal, Oatmeal, Snickerdoodle, or Soft Oatmeal Raisin
Fig Newton Fruit Crisps – Apple Cinnamon or Mixed Berry
Fig Newtons – Fat Free, Raspberry, or Strawberry
Fudge Petites 100-Calorie Shortbread Packs – Fudge or Mint Fudge Chocolate
Oreo Cookies – Chocolate Fun Stix, Golden Fun Stix, Snackwell's Sugar Free, or White Fudge-Covered
Snackwell's Devil's Food Cookies
Thin Crisps 100 Calorie Packs – Cheese Nips, Chips Ahoy!, Chips Ahoy! Fudge Drizzled, Chips Ahoy! Fudge Drizzled Double Chocolate Chip, Honey Maid Cinnamon Roll, Lorna Doone Shortbread Cookies, or Oreo Baked Chocolate

Nonni's

Biscotti – Original or Decadence

Pepperidge Farm

100 Calorie Cookie Packs – Chessman, Milano, or Milk Chocolate Milano

Stella D'oro

Cookies – Almond Toast or Original Breakfast Treats
Original Breakfast Treats 100-Calorie Cookie Packs

Publix

Low Fat Devil's Food Cookie Cakes

- **Cookies (Cont'd)**

Voortman

Cookies – Almondette, Assorted Festive, Chunky Chip, Coconut Delight, Cranberry with Omega 3 Flax Seed, Dark Chocolate with Omega 3 Flax Seed, Oatmeal Raisin, Shortbread, or Windmill
Omega 3 Grain de Lin Flax Seed
Sugar Free Cookies – Chocolate Chip, Chocolate Crème, Fudge Chocolate Chip, Oatmeal, Swirl Shortbread, or Vanilla Crème

- **Crackers**

Back to Nature

Classic Round

Breton

Crackers
Multi-Grain Snack Crackers
Sesame Snack

Cabaret

Crackers

Carr's

Entertainment Collection
Cheese Melts
Poppy & Sesame
Table Water
Table Water Crackers, Baked – with Roasted Garlic & Herbs, with Toasted Sesame Seeds, or with Cracked Pepper
Whole Wheat

Dare

Grains First Whole Grain Crackers
Vinta Crackers

Keebler

Club Crackers – Original, Buttery Garlic, Mini Original, Multi-Grain, or Reduced Fat
Toasted Crackers – Buttercrisp, Sesame, or Wheat
Town House – Original, Light Buttery Wheat, Garlic & Herb Toppers, Original Toppers, Reduced Fat
Town House Bistro Crackers – Cornbread or Multigrain

- **Crackers (Cont'd)**

Keebler

Townhouse Flipsides Crackers – Cheddar, Garlic Herb, or Reduced Fat

Townhouse Flatbread Crisps Crackers – Italian Herb or Sea Salt & Olive Oil

Townhouse Toppers Crackers – Original or Multi-Grain

Zesta Crackers, Original Saltine

Kraft

Handi Snacks – Crackers & Cheese Dip, Mister Salty Pretzel & Cheese Dip, or Ritz & Cheese Dip

Lance

100-Calorie Sandwich Cracker Packs – Nip Chee Cheddar Cheese, Toasty Peanut Butter, or Toasty Chee Peanut Butter
Captain Wafers

LU

Water Crackers – Original or Extra Virgin Olive Oil with Sea Salt

Nabisco

Ritz Snack Mix 100-Calorie Packs Crackers – Premium Oyster, Simply Sociables, or Simply Sociables Wheat, or Wheatworth Easy Cheese Pasteurized Snack – American, Cheddar, or Sharp Cheddar

Premium Saltine Crackers – Original, Fat Free, Low Sodium, Multi-Grain, Minis, or Unsalted Tops

Ritz Crackers – Original, Honey Butter, Low Salt, Reduced Fat, Roasted Vegetable, or Whole Wheat

Wheat Thins Flatbread Crackers – Garlic & Parsley or Tuscan Herb

Pepperidge Farm

100 Calories Goldfish, Cheddar Distinctive Crackers – Hearty Wheat or Quartet Assortment

- **Crackers (Cont'd)**

Publix

Crackers with Unsalted Tops

Rich & Crisp Snack

Saltines

Soup & Oysters

Red Oval Farms

Stone Wheat Thins – Original or Low Salt

Sunshine

100-Calorie Right Bites Cheez-Its – Original, Extra Cheddar Party Mix, or Party Mix

Cheezit Baked Right Bites Snack Cheese

Crackers – Oyster & Soup or Whole Wheat Krispy Saltines
Krispy Original

DRIED FRUIT**Tropical Nut**

Dried Turkish Apricots

DRY PASTA

- **Noodle Entrees**

Betty Crocker

Chicken Helper Mix – Creamy Chicken & Noodles, Fried Rice, or Lo Mein

Hamburger Helper Mix – Beef Pasta, Classic Patty Melt, Four Cheese Lasagna, Fried Rice, Potato Stroganoff, or Stroganoff

Hamburger Helper Wholesome Classic Mix – Cheeseburger Mac or Stroganoff

Zatarain's

Scampi Pasta Dinner New Orleans Style Mix

ETHNIC FOODS

- **Kosher**

Kedem

Tea Biscuits – Plain, Cocoa, or Vanilla

Manischewitz

Mixes – Matzo Balls, Matzo Ball Soup, or Potato Pancake

- **Kosher (Cont'd)**

Streit's

Mixes – Matzo Balls, Matzo Ball Soup, Potato Pancake, or Vegetable Potato Pancake

JUICES

- **Apple**

Mott's

Mott's for Tots 40% Less Sugar – Apple or Apple-White Grape
Plus Light

Old Orchard

Healthy Balance Apple Cocktail

- **Asceptics**

Apple & Eve

Fruitables Fruit & Vegetable Juice Drink – Apple Harvest, Berry Berry, or Strawberry Kiwi
Organic 100% Juice – Apple, Big Bird's Apple, Elmo's Punch, Ernie's Berry, or Fruit Punch

Capri Sun

100% Real Juice – Apple Splash, Fruit Punch, or Grape
Grape-Flavored Roarin' Waters
Fruit Water Beverage
Sunrise Juice Drink – Berry
Tangerine Morning, Orange
Wake-up, or Tropical Morning

Honest Kids

Organic Thirst Quenchers – Appley Ever After, Berry Berry
Good Lemonade, Goodness
Grapeness, or Tropical Tango
Punch

Juicy Juice

100% Juice Fun Size – Apple, Grape, Kiwi-Strawberry, or Punch
100% Juice Slim Size – Apple, Berry, Grape, Punch, or Strawberry-Banana

Kool-Aid

Jammers Juice Drink – Cherry or Tropical Punch

Minute Maid

100% Juice – Apple/Strawberry, Apple/White Grape, or Fruit Punch

- **Asceptics (Cont'd)**

- Minute Maid**

- Fruit Falls Water Beverage – Berry or Tropical
 - Fruit Punch Just 10 Fruit Drink

- Mott's**

- 100% Apple Juice Minis
 - Mott's for Tots Juice – Apple/White Grape or Fruit Punch

- Yoo-Hoo**

- Chocolate Drink

- **Blends**

- Apple & Eve**

- Fruitables Fruit & Vegetable Juice Drink – Apple Harvest or Berry Berry

- Juicy Juice**

- Sparkling Juice Beverage – Apple or Berry

- Mott's**

- Fruit Punch Mott's for Tots
 - Immune Support Juice Blend

- Ocean Spray**

- Diet Juice Beverage – Blueberry or Blueberry/Pomegranate
 - Light Fruit & Veggie Juice Blend – Cranberry-Strawberry-Banana or Tropical Citrus

- V8**

- Splash – Berry, Diet Berry, Diet Tropical Blend, Fruit Medley, Mango Peach, Strawberry, or Tropical
 - V-Fusion & Tea Vegetable & Fruit Beverage – Pineapple Mango Green Tea, Pomegranate Green Tea, or Raspberry Green Tea
 - V-Fusion Light Vegetable & Fruit Beverage – Acai Mixed Berry, Peach Mango, Pomegranate Blueberry, or Strawberry Banana

- **Boxed Juices**

- Capri Sun**

- Protective Antioxidants! Juice Drink Blend – Fruit Punch, Grape, Lemonade, Orange, Red Berry, Strawberry, Strawberry Kiwi, Tropical Punch, or Wild Cherry

- **Boxed Juices (Cont'd)**

- Capri Sun**

- Protective Antioxidants! Juice Drink Blend Cooler – Coastal, Mountain, Pacific Cooler, Splash, or Surfer Cooler
 - Roarin' Waters Flavored Water Beverage – Strawberry Kiwi, Tropical Fruit, or Wild Cherry

- Hi C**

- Fruit Drink – Flashin' Fruit Punch or Orange Lavaburst

- Kool-Aid**

- Jammers Juice Drink Pouches – Blue Raspberry, Grape, or Tropical Punch

- Minute Maid**

- 100% Juice – Apple, Fruit, Grape, Mixed Berry, or Orange
 - All Natural Coolers – Berry Punch, Fruit Punch, Pink Lemonade, or Tropical Punch
 - All Natural Lemonade

- **Citrus**

- Bluebird**

- Pink Unsweetened Grapefruit

- Nellie & Joe**

- Lime

- Ocean Spray**

- 100% Unsweetened White Grapefruit Juice
 - Ruby Red Light Grapefruit

- Publix**

- Lemon Juice

- Realemon**

- Lemon
 - Lime

- **Cranberry**

- Knusden**

- Cranberry

- Ocean Spray**

- Cranergy Juice Drink – Pomegranate/Cranberry or Raspberry/Cranberry
 - Cranberry/Pomegranate Light Juice Drink

- **Cranberry (Cont'd)**

- Ocean Spray**

- Diet Juice Beverage – Cranberry, Cranberry/Grape, or Cranberry/Pomegranate
 - Light Cocktail Juice – Cranberry, Crangrape, or Cranraspberry

- Publix**

- Diet Juice Cocktail – Cranberry or Grape/Cranberry
 - Light Juice Cocktail – Cranberry or Grape/Cranberry

- **Freeze Pops**

- Flavorice**

- Six Flavors 10% Fruit Juice
 - Giant Pops

- **Fruit**

- Hawaiian Punch**

- Fruit Punch – Berry Limeade Blast, Berry Blue Typhoon, Berry Bonkers, Fruit Juicy Red, Kiwi Strawberry Green Berry Rush, Lemon Berry Squeeze, Lemon Lime Splash, Mango Passion Fruit Squeeze, Orange Ocean, or Polar Blast

- **Grape**

- Apple & Eve**

- Organic 100% Grape Juice

- Old Orchard**

- Healthy Balance Grape Cocktail

- Welch's**

- Light Concord Grape Juice

- **Nectars**

- Kern's**

- Apricot
 - Peach
 - Pear

- **Powdered Drink**

- Arizona**

- Sugar Free Ice Green Tea Stix – Pomegranate or with Ginseng

- Country Time**

- Drink Mix – Lemonade or Pink Lemonade
 - Lemonade On-The-Go Drink Mix

- **Powdered Drink (Cont'd)**

Crystal Light

Drink Mix – Cranberry Apple or Immunity Cherry/Pomegranate
Green Tea Mix – Peach Mango or Raspberry
Lemon Iced Tea Mix
On-The-Go Drink Mix – Energy Wild Strawberry, Green Tea Peach Mango, Immunity Cherry/Pomegranate, or Pink Lemonade
Pure Fitness On-The-Go Drink Mix – Lemonade or Kiwi Strawberry
Sunrise Drink Mix – Classic Orange or On The Go Ruby Red Grapefruit
Sugar Free Iced Tea Mix – Decaffeinated Peach, On The Go Light, On The Go Peach, or Raspberry
Sugar Free Light Soft Drink Mix – Fruit Punch, Lemonade, Pineapple Orange, Pink Lemonade, Raspberry Ice, Raspberry Lemonade, Strawberry Kiwi, or Strawberry Orange Banana
Sugar Free On The Go Light Soft Drink Mix – Fruit Punch, Lemonade, Raspberry Ice, or Raspberry Lemonade

Gatorade

Lemon-Lime Thirst Quencher Powder Packs
Perform 02 Thirst Quencher Powder Packs – Fruit Punch or Grape
Thirst Quencher Instant Mix – Fruit Punch, Lemon-Lime, or Orange

Kool-Aid

Cherry Singles Soft Drink Mix
Drink Mix – Strawberry or Tropical Punch
FunFizz Drink Drops – Gigglin' Grape, Laughin' Lemonade, or Partyin' Punch
Soft Drink Mix Singles, Artificially Flavored – Grape or Tropical Punch

- **Powdered Drink (Cont'd)**

Kool-Aid

Unsweetened – Cherry, Grape, Lemonade, or Tropical Punch

Ocean Spray

Sugar Free On-The-Go Drink Mix – Blueberry Lemonade, Cranberry/Grape, Cranberry Lemonade, Cranberry/Pomegranate, or White Cranberry/Peach

Propel

Powder Packs – Berry, Kiwi-Strawberry, or Lemon
Vitamin Enhanced Water Beverage Mix – Cherry-Lime, Citrus-Punch, or Grape

Publix

Lemon Iced Tea Mix
Singles To-Go Drink Mix – Lemon Iced Tea, Lemonade, or Peach Iced Tea

Tang

Fruition Natural Orange Flavor Drink Mix

Wyler's

Sugar Free – Light Cool Raspberry, Lite Lemonade, or Lite Pink Lemonade

- **Prune**

Sunsweet

Plum Smart Light Juice Cocktail

- **Sports Drinks**

Gatorade

Fruit Punch & Berry Thirst Quencher X-Factor
G2 Low Calorie – Blueberry-Pomegranate, Fruit Punch, Glacier Freeze, Grape, Grape, Lemon-Lime, Orange, Raspberry-Melon, or Tropical Blend
Perform 02 Thirst Quencher – Glacier Freeze, Fruit Punch, Lemon-Lime, or Orange
Prime 01 Pre-Game Fuel – Berry, Fruit Punch, or Orange
Quencher Frost – Glacier Freeze or Riptide Rush

- **Sports Drinks (Cont'd)**

Gatorade

Recover 03 Protein Recovery Beverage – Lemon-Lime/Orange, Mixed Berry, or Strawberry-Kiwi
Thirst Quencher – Citrus Cooler, Cool Blue, Fierce Grape, Fruit Punch, Lemon Lime, or Orange
Thirst Quencher All Stars – Berry, Fruit Punch, Grape, Ice Punch, Lemon-Lime, Orange or Rain Berry

PowerAde

Calorie Sports Drink – Grape, Mixed Berry, Orange, or Strawberry
ION 4 Advanced Sports Drink – Fruit Punch, Grape, Lemon-Lime, Mountain Blast, Orange, or Strawberry Lemonade
Play Sports Drink – Fruit Punch, Grape, Mixed Berry, or Orange

- **Vegetable**

Campbell's

Tomato Juice

Mott's

Clamato Tomato Cocktail Juice

Publix

Tomato Juice

Publix GreenWise Market

Organic Tomato Juice

V8

100% Vegetable
Low Sodium 100% Vegetable
Spicy Hot 100% Vegetable

MEAT AND SEAFOOD

- **Hash / Chilli / Stew**

Castleberry

Hot Dog Chili

Del Monte

Original Recipe Sloppy Joe Sauce

- **Hash / Chilli / Stew (Cont'd)**

Hunt's

Manwich Bold Sloppy Joe Sauce
Original Sloppy Joe Manwich Sauce

- **Mexican**

Carroll Shelby's

Original Texas Brand Chili Kit – for Beef or Chicken

Chi-Chi's

Salsa – Hot, Medium, or Mild
Fiesta Sweet Corn Cake Mix
Snackers – Mild Salsa or Nacho Cheese

McCormick

Fajita Marinade
Taco Seasoning Mix – Regular or Low Sodium

Newman's Own

Salsa – Farmer's Garden Chunky, Medium, Medium Black Bean & Corn, Medium Mango, Mild, Mild Tequila Lime, Peach, or Pineapple

Old El Paso

Enchilada Sauce – Green, Medium, or Mild
Green Chilies – Peeled & Chopped
Mild Cheese & Salsa Dip
Mild Taco Sauce
Refried Beans – Fat Free, Fat Free Spicy, with Green Chilies, Traditional, or Vegetarian
Sliced Jalapeño Peppers
Taco Seasoning, 40% Less Sodium, Cheesy, or Mild
Thick & Chunky Salsa – Medium or Mild

Ortega

Diced Chilies
Diced Jalapeño Peppers
Medium Salsa Verde
Taco Sauce – Medium or Mild

Pace

Chunky Salsa – Medium or Mild
Picante Sauce – Hot, Medium, or Mild

- **Mexican (Cont'd)**

Pace

Salsa – Black Beans & Roasted Corn, Peach Mango Chipotle, or Verde
Specialties – Mexican Four Cheese Salsa con Queso or Pico de Gallo

Publix

All Natural Salsa – Hot, Medium, or Mild
Taco Seasoning Mix

Taco Bell

Home Originals Fat Free Refried Beans
Home Originals Mild Salsa con Queso Bowl
Home Originals Taco Sauce – Mild or Hot
Home Originals Taco Seasoning Mix

- **Oriental**

A Taste of Thai

Peanut Satay Sauce

Dai Day

Sweet & Sour Duck Sauce

Geisha

Sliced Bamboo Shoots
Water Chestnuts – Sliced or Whole

Hokan

Garlic Chili Puree

House of Tsang

Sauces – Classic Stir Fry, Padang Peanut, or Spicy Stir Fry

Iron Chef

General Tso Sauce/Glaze

Kame

Rice Vinegar – Plain or Seasoned
Sauces – Hoisin, Hot Mustard, Oyster, or Sweet & Sour

Kikkoman

Less Sodium Teriyaki Baste & Glaze
Roasted Garlic Teriyaki Marinade & Sauce

- **Oriental (Cont'd)**

Kikkoman

Sauces – Hoisin, Less Sodium Stir Fry, Plum, Ponzu, Sweet & Sour Dipping Sauce, or Thai Chili
Soy Sauce – Regular or Light
Teriyaki Sauce - Regular or Light

Kokan

Coconut Milk – Regular or Light
Patis Fish Sauce
Sliced Water Chestnuts

La Choy

Chop Suey Vegetables
Family Meals – Beef Chow Mein, Beef Pepper Oriental, or Chicken Chow Mein
Sauces – Light Soy, Soy, or Sweet & Sour

Maggi

Sweet Chili Sauce

Panko

Japanese Bread Flakes

Publix

Sauces – Less Sodium Soy, Regular Soy, or Teriyaki

Saucy Susan

Peking Duck Sauce

Sunbird

Seasoning Mix – Beef & Broccoli, Egg Drop Soup, Fried Rice, or Stir Fry

Thai Kitchen

Curry Paste – Green or Red

Ty Ling

Sauces – Duck or Sweet & Sour

- **Pate' / Spreads**

Hormel

Chunk Ham – 98% Fat Free or Lean Water Added

- **Poultry**

Bumble Bee

Premium Chicken Breast in Water
Premium Chunk White Chicken in Water

• Poultry (Cont'd)**Hormel**

- 95% Fat Free Turkey Chunk
- 96% Fat Free Breast of Chicken Chunk
- 98% Fat Free Premium Breast of Chicken Chunk in Water with Rib Meat
- No Salt Breast of Chicken Chunk

Publix

- Chunk White Chicken in Water

Swanson

- Premium White Chicken Chunk in Water

Sweet Sue

- 98% Fat Free Premium Chicken Breast

Tyson

- Chunk White & Dark Chicken in Water
- Premium Chunk White Chicken in Water

Valley Fresh

- Organic White Chicken in Water
- White Chicken in Water
- Chunk White & Dark Chicken in Water

• Salmon**Bumble Bee**

- Alaska Pink Salmon
- Premium Atlantic Salmon Fillet
- Skinless & Boneless Pink Salmon

Chicken of the Sea

- Jack Mackerel in Water
- Premium Skinless & Boneless Pink Salmon Pouch
- Skinless & Boneless Pink Salmon in Spring Water

Royal

- Alaska Pink Salmon

• Shrimp / Clam / Oysters / Caviar / Anchovies**Bar Harbor**

- All Natural – Clam Juice or Chopped Clams

• Shrimp / Clam / Oysters / Caviar / Anchovies (Cont'd)**Bumble Bee**

- Fancy Crab Meat – Lump or White
- Shrimp – Medium Deveined or Tiny Cocktail

Chicken of the Sea

- Premium Crab

Daufuski

- Oysters

Geisha

- Crab Meat
- Whole Baby Clams

Neptune Atlantic

- Ocean Clams – Minced or Chopped

Sea Fare

- Crab Meat – Claw, Jumbo Lump, or White

King Oscar

- Filletts of Anchovies in Olive Oil, Flat

Snow's

- All Natural Clam Juice
- Clams – Chopped or Minced

Vigo

- Anchovies – Flat or Rolled

• Tuna**Bumble Bee**

- Chunk Light Tuna in Vegetable Oil
- Solid White Albacore in Water – Prime Fillet or Tuna
- Solid White Tuna – In Vegetable Oil or In Water
- Tuna in Water – Light Chunk or White Chunk
- White Chunk Albacore Tuna in Water

Chicken of the Sea

- Premium Chunk White Tuna in Water Cups
- Solid White Tuna in Water
- White Albacore Tuna in Spring Water

• Tuna (Cont'd)**Star Kist**

- Chunk Light Tuna – in Vegetable Oil or Water
- Chunk White Tuna in Water
- Gourmet Choice Select Tuna – Chunk Light in Water, Solid Light Fillet in Olive Oil, Solid Light Fillet in Water, or Solid White Albacore Filler in Water
- Low Sodium Tuna in Water – Chunk Light or Solid White Albacore
- Ready Made Tuna Salad – Albacore or Chunk Light
- Solid White Albacore Tuna in Water
- Solid White Tuna – in Oil or Water
- Tuna Creations – Herb & Garlic, Hickory Smoked, Sweet & Spicy, or Zesty Lemon Pepper

• Vienna Sausage / Lunch Meat**Armour**

- Dried Beef
- Vienna Sausage – Chicken or Original Lite

Libby's

- Chicken Vienna Sausage in Chicken Broth

Spam

- Oven Roasted Turkey Luncheon Meat

MILK AND NON-DAIRY BEVERAGES, SHELF-STABLE**• Milk****Breeze Almond**

- Non-Dairy Beverage – Original or Vanilla

Goya

- Coconut

Parmalat

- Skim

Pet

- Vitamin D Added Evaporated

Publix

- Evaporated

- **Milk (Cont'd)**

Publix

Nonfat Instant Dry

Silk

Organic Soy – Plain or Vanilla

OILS AND SHORTENINGS

- **Cooking Spray**

Baker's Joy

No Mess Baking Spray

Crisco

No Stick Cooking Spray – 100% Extra Virgin Olive Oil, Butter, or with Pillsbury Flour

Pam

No Stick Cooking Spray – Original, Butter, for Baking with Flour, for the Grill, Olive Oil, or Professional
Organic Cooking Spray – Canola or Olive Oil

Publix

Cooking Spray – Original, Butter, for the Grill, or Olive Oil

Smart Balance

Cooking Spray with Omega 3

PASTA SAUCE

Barilla

Green & Black Olive Puttanesca
Marinara
Mushroom & Garlic Boscaiola
Roasted Garlic & Onion Siciliana
Spicy Pepper Arrabbiata
Sweet Peppers & Garlic
Pepperonata
Tomato & Basil

Alessi

Sun-Dried Tomatoes in Extra Virgin Olive Oil
Tomato

Bertolli

Alfredo with Mushrooms or Vidalia Onion
Five Cheese
Italian Sausage
Marinara with Burgundy Wine

- **Pasta Sauce (Cont'd)**

Bertolli

Olive Oil & Garlic Made with Fresh Tomatoes
Organic – Traditional or Olive Oil, Basil & Garlic
Tomato Basil
Vineyard Premium Collections – Fire Roasted Tomato with Cabernet Sauvignon or Portobello Mushrooms with Merlot

Classico

Bruschetta Toppings – Basil & Tomato or Extra Garlic
Signature Recipes – Cabernet Marinara with Herbs, Caramelized Onion & Roasted Garlic, Creamy Alfredo, Fire Roasted Tomato & Garlic, Florentine Spinach & Cheese, Four Cheese Alfredo, Mushrooms & Ripe Olives, Roasted Garlic Alfredo, Spicy Red Pepper, Spicy Tomato & Basil, Sun-Dried Roasted Red Pepper Alfredo, Sun-Dried Tomato Alfredo, or Sun-Dried Tomato Pesto
Traditional Favorites – Four Cheese, Italian Sausage with Peppers & Onions, Marinara with Plum Tomatoes & Olive Oil, Tomato & Basil, Traditional Sweet Basil, or Triple Mushroom

Francisco Rinaldi

To Be Healthy – Garlic & Onion or Tomato & Basil

Gia Russa

Select Pasta Sauce, Imported from Italy – Cherry Tomato, Hot Sicilian or Tomato & Basil
Sweet Peppers & Green Olives
Bruschetta Topping

Hunt's

Premium, Four Cheese
Spaghetti Sauce – Original Style, Classic Italian, Garlic & Herb, or With Italian Sausage

La Famiglia DelGrosso

Aunt Mary Ann's Sunday
Marinara

- **Pasta Sauce (Cont'd)**

La Famiglia DelGrosso

Chef John's Tomato Basil
Masterpiece
Uncle Jim's Late Night
Puttanesca
Uncle Joe's Vodka Celebration

Le Roselli

Low Sodium Spaghetti Sauce
Pizza Sauce

Mario Batali

Arrabbiata
Marinara
Tomato Basil

Muir Glen

Organic Fat Free – Cabernet Marinara, Garlic, Italian Herb, or Tomato Basil

Newman's Own

All Natural, Alfredo
Pasta Sauce – Bombolina, Cabernet Marinara, Italian Sausage, Marinara, or Sockarooni

Prego

100% Natural Heart Smart – Mushroom, Ricotta Parmesan, Roasted Red Pepper & Garlic or Traditional
100% Natural Italian Sauce – Chunky Garden Combo, Fresh Mushroom, Italian Sausage & Garlic, Meat Flavored, Roasted Garlic & Herb, or Traditional

Publix

Pasta Sauce – Traditional, Traditional Meat Flavored, Garden Style, Parmesan & Romano, or Tomato Garlic Onion
Premium – Basil & Tomato, Creamy Vodka, or Four Cheese

Ragu

Cheese Creations, Double Cheddar Cheese
Chunky – Mushroom & Green Pepper, Super Chunky Mushroom, or Tomato Garlic & Onion
Old World Style Pasta Sauce – Sweet Tomato Basil or with Meat

- **Pasta Sauce (Cont'd)**

Ragu

Organic Traditional Recipe
Pasta Sauce – Traditional, 7 Herb,
Chunky Garden Style Primavera,
Hearty Parmesan, Hearty
Sauteed Onion & Garlic, Light
Tomato & Basil, or Traditional
with Meat
Robusto! Parmesan & Romano

Rao's

Marinara
Homemade, Vodka

Timpone's Mom's

Spaghetti Sauce

- **Pizza / Clam Sauces**

Boboli

Pizza Tomato Sauce

Dei Fratelli

Pizza Sauce

Progresso

Red Clam Spaghetti Sauce

Publix

Pizza Sauce

Ragu

Natural Pizza Sauce
Quick Traditional Pizza Sauce

RICE AND STUFFING

- **Crumbs / Breadings**

Golden Dipt

Batter Mix – Beer or Tempura

House-Autry

Breader Mix – Chicken, Pork,
or Seafood

Seasoned Fry Mix – Chicken
or Fish

Southern Baked Coating Mix –
Chicken or Pork

Kraft

Shake & Bake Mix – Barbecue,
Chicken, Crispy Buffalo, Extra
Crispy, Pork, Herb & Garlic, Hot
& Spicy, Italian Herb, Parmesan
Crusted, or Ranch & Herb
Crusted

- **Crumbs / Breadings (Cont'd)**

Louisiana Seasoning

Fish Fry Mix

Oven Fry

Crispy Coating Mix – Chicken,
Fish, or Pork

- **Dry Beans**

Goya

Black Beans

Publix

Baby Lima Beans
Black Beans
Black-eyed Peas
Great Northern Beans
Large Lima Beans
Lentils
Light Red Kidney Beans
Navy Beans
Pearl Barley
Pinto Beans
Small Red Beans

Rico

Black
Red Kidney

- **Gravy**

Boston Market

Home-style Meals Gravy – Classic
Beef, Roasted Chicken, or
Roasted Turkey

Campbell's

Gravy – Beef, Chicken, Country
Style Sausage, Mushroom,
or Turkey

Franco-American

Slow Roasted Gravy – Beef,
Chicken, or Turkey

Heinz

Home-style Gravy – Classic
Chicken, Fat Free Turkey, Fat
Free Beef, Roasted Turkey,
Seasoned for Pork, or
Savory Brown

- **Instant Potatoes**

Betty Crocker

Hash Brown
Julienne

- **Instant Potatoes (Cont'd)**

Betty Crocker

Mashed Potatoes – Butter &
Herb, Home-style Creamy Butter,
or Roasted Garlic & Cheddar
Potato Buds
Roasted Garlic Mashed
Specialty Potatoes – Au Gratin,
Loaded Baked; Loaded Mashed,
Scalloped, Sour Cream & Chives;
or Three Cheese Cheddar
Classics

Idahoan

Instant Mashed Potatoes

Pillsbury

Hungry Jack Instant Mashed,
Family Size
Idaho Spuds Instant Mashed

Publix

Au Gratin
Garlic Mashed
Homestyle Mashed
Scalloped

- **Rice Side Dishes**

Near East

Taboule Wheat Salad Mix

- **Stuffing**

Bells

Ready Mix Stuffing

Kraft

Stove Top Stuffing Mix –
Cornbread, Pork, or Whole
Wheat

Martin's

Soft Cubed Potato Bread Stuffing

SALAD DRESSINGS

- **Dry Mix**

Good Seasons

Salad Dressing Mix – Herb &
Garlic, Italian, or Zesty Italian

Hidden Valley

Ranch Dip Mix – Original, Garden
Green Onion, or Spicy Ranch

- **Dry Toppings**

Betty Crocker

Bac-Os – Bits or Chips

- **Dry Toppings (Cont'd)**

Chatham Village

Large Cut Croutons – Caesar, Cheese & Garlic, Garlic & Butter, or Ranch

Traditional Cut Croutons – Fat Free Garlic & Onion or Garden Herb

Fresh Gourmet

Crunchy Salad Toppings – Crispy Onions Garlic Pepper, Crispy Onions Lightly Salted, Tortilla Strips Santa Fe Style, or Tortilla Strips Tri-Color

Hormel

Real Bacon – Bits, Crumbled, Peppered Crumbled, or Pieces

Hidden Valley

Ranch Salad Crispins – Italian Parmesan

Marie Callender's

Croutons – Cheese Garlic, Garlic Butter, or Low Fat Caesar

Whole Grain Gourmet Croutons – Caesar or Seasoned

McCormick

Bac'n Pieces Bits
Salad Toppings

Mrs. Cubbison's

Restaurant Style Croutons – Caesar, Classic Seasoned, or Fat Free Seasoned

New York

The Original Texas Toast Croutons – Caesar, Garlic & Butter, Sea Salt & Pepper, or Seasoned

Oscar Mayer

Bacon Pieces or Bits

Publix

Fully Cooked Bacon Bits or Pieces

Rothbury Farms

Croutons – Cheese Garlic or Italian Style Seasoned

Texas Toast Croutons – Cheese Garlic or Seasoned

- **Dry Toppings (Cont'd)**

T. Marzetti

Large Cut Croutons – Caesar or Garlic Butter

- **Non-Pourable**

Duke's

Mayonnaise – Original, Light, or Whipped Salad Dressing

Hellmann's

Mayonnaise – Canola Oil, Easy Out!, Light, Low Fat, Olive Oil, Real, or Squeezable

Kraft

Mayonnaise – Fat Free, Light, Regular, Squeezable, or with Olive Oil

Miracle Whip Salad Dressing – Fat Free, Light, Regular, or Squeezable

Sandwich Shop Mayo – Chipotle, Garlic & Herb, Horseradish Dijon, or Hot & Spicy

Marzetti

Light Slaw Dressing

Publix

Squeezable Mayo

Smart Balance

Omega Plus Mayonnaise – Fat Free or Light

- **Pourable**

Hidden Valley

Original Ranch Dressing – Buttermilk Light, Fat Free, or Light Easy Squeeze, or Light Single Cups

Ken's

Steak House Dressing – Chef's Reserve Creamy Greek, Creamy Balsamic, Greek with Olive Oil, or Zesty Italian

Steak House Fat Free Dressing – Raspberry Pecan or Sun-Dried Tomato Vinaigrette

- **Pourable (Cont'd)**

Ken's

Steak House Light Dressing – Asian Sesame with Ginger & Soy; Balsamic & Basil Vinaigrette, Caesar, Chunky Blue Cheese, Country French with Honey, Creamy Cesar; Honey Mustard, Northern Italian, Olive Oil Vinaigrette, Ranch, Raspberry Pomegranate Vinaigrette, Raspberry Walnut Vinaigrette, Sun-Dried Tomato Vinaigrette, or Sweet Vidalia Onion

Kraft

Dressing – Asian Toasted Sesame, Catalina French, Creamy Italian, Thousand Island with Bacon, or Zesty Italian

Dressing & Marinade – Balsamic Vinaigrette, Caesar Vinaigrette with Parmesan, Honey Dijon Vinaigrette, Roasted Red Pepper Italian with Parmesan, Tangy Tomato Bacon, or Vidalia Onion Vinaigrette with Roasted Red Peppers

Fat Free Dressing – Catalina, Caesar Italian, Classic Caesar, Honey Dijon, Ranch, Thousand Island, or Zesty Italian

Light Done Right! Dressing – Catalina, Creamy French Style, Creamy Ranch, House Italian, Raspberry Vinaigrette, Thousand Island, Three Cheese Ranch, or Zesty Italian

Light Dressing – Asian Toasted Sesame, Balsamic Vinaigrette, Creamy Caesar, Honey Dijon, Parmesan Asiago Balsamic Vinaigrette, or Sicilian Roasted Garlic Balsamic Vinaigrette
Signature Vinaigrette Dressings Made with Extra Virgin Olive Oil – Basil Parmesan, Classic Balsamic, Greek with Feta & Oregano, Italian, or Raspberry with Poppyseed

Maple Grove Farms

Fat Free Salad Dressing – Balsamic Vinaigrette, Poppyseed, or Raspberry Vinaigrette

• Pourable (Cont'd)**Newman's Own**

Lighten Up Dressings – Balsamic Vinaigrette, Honey Mustard, Italian, Lime Vinaigrette, Low Fat Sesame Ginger, Raspberry & Walnut, Red Wine Vinegar & Olive Oil, or Sun-Dried Tomato
Organic Dressings – Light Balsamic, Low Fat Asian, or Tuscan Italian
Vinaigrette Dressings – Balsamic or Three Cheese

Old Dutch

Sweet & Sour Dressing

Publix

Fat Free Salad Dressings – Italian or Thousand Island
Light Salad Dressings – Caesar, Honey Dijon, Ranch, or Raspberry Walnut Vinaigrette
Premium Salad Dressings – Blush Wine Vinaigrette or Mango Poppyseed
Salad Dressings – California French Style, Classic Italian, Tangy Balsamic Vinaigrette, Thousand Island, or Zesty Italian

Seven Seas

Salad Dressing – Red Wine Vinegar & Oil or Viva Italian!

Wish-Bone

Fat Free Salad Dressings – Italian or Ranch
Italian Salad Dressings – Regular, House, or Robust Italian
Just 2 Good Salad Dressing – Blue Cheese, Country Italian, Creamy Caesar, Honey Dijon, Italian, Parmesan Peppercorn Ranch, Ranch, or Sweet & Spicy French
Light Vinaigrette Salad Dressings – Asian Sesame Ginger, Balsamic & Basil, or Raspberry Walnut Vinaigrette Salad Dressings – Balsamic, Balsamic Italian, Olive Oil, or Raspberry Hazelnut Vinaigrette Salad Spritzers – Balsamic Breeze, Caesar Delight, Italian, or Ranch

SOUP**• Bouillon****Better Than Bouillon**

Base – Beef, Chicken, Ham, or Vegetable

Goya

Bouillon – Beef or Chicken
Ham Flavored Concentrate

Herb Ox

Low Sodium Bouillon – Beef or Chicken

Knorr

Bouillon – Beef, Chicken, or Vegetable

Maggi

Bouillon – Beef, Chicken, or Vegetable
Seasoning

Wyler's

Bouillon Cubes – Beef or Chicken
Instant Broth & Seasoning

• Broth**College Inn**

Bold Stock – Rotisserie Chicken or Tender Beef
Broth – Beef, Chicken, Culinary Thai Coconut Curry, Culinary White Wine & Herb, or Fat Free Low Sodium Chicken

Kitchen Basics

Stock – Beef, Chicken, No Salt Added Beef, No Salt Added Chicken, or Vegetable

Progresso

Broth – Beef, Chicken, or Reduced Sodium Chicken

Publix

Beef
Chicken
Reduced Sodium Chicken Broth

Swanson

100% Fat Free Natural Goodness Chicken
Broth – Beef or Fat Free 33% Less Sodium Chicken

• Broth (Cont'd)**Swanson**

Certified Organic – Beef, Chicken, or Vegetable
Lower Sodium Beef
Stock – Beef or Chicken
Vegetable

Wolfgang

Organic Broth – Beef or Chicken
Puck Stock – Free Range Chicken or Natural Beef

• Condensed Soup**Campbell's**

25% Less Sodium Chicken Noodle
Chicken Noodle
98% Fat Free Soup – Broccoli Cheese, Cream of Celery, Cream of Chicken or Cream of Mushroom varieties
Awesome Shapes
Beef Broth
Beef Consomme
Beef Noodle
Beef with Vegetables and Barley
Beefy Mushroom
Broccoli Cheese
Cheddar Cheese
Chicken & Stars
Chicken Alphabet
Chicken Broth
Chicken Noodle
Chicken Noodle O's
Chicken Vegetable
Chicken with White & Wild Rice
Chicken Won Ton
Cool Shapes
Cream of Broccoli
Cream of Celery
Cream of Chicken & Mushroom
Cream of Chicken with Herbs
Cream of Mushroom
Cream of Mushroom with Roasted Garlic
Cream of Onion
Cream of Potato
Cream of Shrimp

- **Condensed Soup (Cont'd)**

Campbell's

Family Size – Chicken Noodle, Chicken with Rice, Cream of Mushroom, Tomato, Vegetable, or Vegetable Beef
Family Size Chicken Noodle
Family Size Cream of Mushroom
Family Size Tomato
French Onion
Fun Shapes
Golden Mushroom
Goldfish in Chicken Broth
Healthy Request Soup – Chicken Noodle, Chicken with Rice, Cream of Celery, Cream of Chicken, Cream of Mushroom, Homestyle Chicken Noodle, Minestrone, Tomato, Vegetable, or Vegetable Beef
Kids Shapes
Light Soups – Chicken Gumbo, Chicken Mushroom Barley, Chicken with White & Wild Rice, Italian Style Wedding, or Vegetable Orzo
Low Sodium Chicken Broth
Manhattan Clam Chowder
Mega Noodle
Minestrone
New England Clam Chowder
Old Fashioned Vegetable with Beef Stock
Oyster Stew
Souper Shapes
Tomato
Vegetable Beef
Vegetable with Beef Stock
Vegetarian Vegetable

Publix

Chicken Noodle
Cream of Mushroom
Tomato

- **Dry Soup Mix**

Alessi

Soup Mixes - Sicilian Chicken Noodle or Traditional Ravolini in Brodo Chicken

- **Dry Soup Mix (Cont'd)**

Bear Creek

Country Kitchens Chili Mix

Knorr

Soup Mixes – Leek, Onion, Spinach, Spring Vegetables, or Vegetable

Lipton

Cup-A-Soup Mix – Cream of Chicken, Hearty Chicken, or Hearty Chicken Noodle with Meat
Recipe Secrets Soup Mix – Beefy Onion, Golden Onion, Onion, Onion Mushroom, Savory Herb with Garlic, or Vegetable
Soup Mixes – Chicken Noodle with Diced White Meat, Chicken Noodle with Real Chicken Broth, Extra Noodle, or Secrets Extra Noodle

Mrs. Grass

Soup Mixes – Chicken Noodle or Home-style Chicken

Publix

Soup & Dip Mix, Onion Recipe

- **Ready-To-Serve Soups**

Amy's

Organic Soups – Low Fat Minestrone, Low Fat Vegetable Barley, or Split Pea

Campbell's

Hearty Beef Noodle Chunky
Soup Bowls – Chicken Noodle, Home-style Chicken Noodle, Select Harvest Garden Recipe Minestrone, or Tomato
Select Harvest Soups – Caramelized French Onion, Chicken with Egg Noodles, Chicken Tuscany, Savory Sausage and Vegetables, or Tomato with Basil
Select Harvest Chicken with Egg Noodles
Healthy Request Soup

- **Ready-To-Serve Soups (Cont'd)**

Campbell's

Select Harvest Light Soups – Italian Style Vegetable, Maryland Style Crab, Minestrone with Whole Grain Pasta, Roasted Chicken with Italian Herbs, Savory Chicken with Vegetables, Southwest Style Vegetable, Vegetable & Pasta, or Vegetable Beef & Barley
Soup at Hand – 25% Less Sodium Chicken with Mini Noodles, 100-Calorie Vegetable & Mini Round Noodles, Chicken & Stars, or Chicken with Mini Noodles
V8 Soups – Garden Broccoli or Tomato Herb

Healthy Choice

Cheese Tortellini Bowl
Chicken with Rice
Country Vegetable

Muir Glen

Organic Soups – Beef Barley, Chicken & Wild Rice, Chicken Noodle, Garden Vegetable, Reduced Sodium Chicken Noodle, or Reduced Sodium Garden Vegetable

Progresso

50% Less Sodium Soup – Chicken Noodle or Garden Vegetable
99% Fat Free Traditional Chicken Noodle
Hearty Vegetables & Noodles High Fiber Soup
Less Sodium Soups – Italian Style Wedding or Tomato Parmesan
Light Soups – Beef Pot Roast, Chicken & Dumplings, Chicken Noodle, Chicken Vegetable Rotini, Home-style Vegetable & Rice, New England Clam Chowder, Savory Vegetable Barley, Southwestern-style Vegetable, Vegetables & Noodles, or Zesty! Santa Fe Style Chicken

- **Ready-To-Serve Soups (Cont'd)**

- Progresso**

- Light Soups, Italian Style – Meatball or Vegetable

- Light Soups, Reduced Sodium – Vegetable or Chicken & Vegetables

- Traditional Soup – Chicken & Herb Dumpling, Chicken & Wild Rice, Chicken Noodle with White Meat, Chicken with Rice & Vegetables, Manhattan Clam Chowder, Roasted Chicken Rotini, or Turkey Noodle with White Meat

- Vegetable Classics – Fat-free Minestrone, French Onion, Garden Vegetable, Minestrone, or Vegetable

- World Recipes Soup, Caldo de Pollo (Chicken & Vegetable)

- Publix**

- Healthy Chunky Chicken Noodle Minestrone Soup

- Wolfgang Puck's**

- Organic – French Onion Soup or Vegetable Barley

SALTY SNACKS

- **Nuts**

- Roddenberry's**

- Boiled peanuts

- **Popcorn**

- Jolly Time**

- 94% Fat Free Healthy Popcorn – Butter Pop, Butter Flavor, or Kettle Corn

- **Potato Chip**

- Pringles**

- Fat Free Potato Crisps – Original, Barbecue, or Sour Cream & Onion

- **Rice Cakes**

- Quaker**

- Rice Cakes – Buttered Popped Corn, Corn Caramel, Cinnamon Apple, Chocolate Crunch, Salt Free, Salted, or White Cheddar

- **Rice Cakes (Cont'd)**

- Quaker**

- Rice Quakes Snacks – Apple Cinnamon, Caramel Corn, Cheddar Cheese, Chocolate, Ranch, or Sour Cream & Onion

SPICES

- **Dry Seasoning**

- French's**

- Chili-O Seasoning Mix – Original or with Onion

- Knorr**

- Sauce Mixes – Alfredo, Classic Béarnaise, Classic Hollandaise, Creamy Pesto, Parmarosa, or Pesto

- Lawry's**

- Chili Seasoning Mix

- McCormick**

- Bag 'n Season Cooking Bag & Seasoning Mix – Beef Stew, Country Style Chicken, Herb Roasted Pork Tenderloin, Meat Loaf, Original Chicken, Pork Chops, or Pot Roast

- Chili Seasoning Mix – Regular, Hot, Mild, Tex Mex, or White Chicken

- Potato Streamers Seasoning & Steaming Bag, Roasted Garlic & Rosemary

- Seasoning Mix – Beef Stew, Beef Stroganoff, Garlic & Herb Buffalo Wings, Italian Spaghetti Sauce, Meat Loaf, Original Buffalo Wings, Sloppy Joe, Thick & Zesty Spaghetti Sauce, or Toasted Onion & Garlic for Potatoes

- Slow Cooker Seasoning Mix – Beef Stroganoff, Chili, Hearty Beef Stew, or Pot Roast

- Publix**

- Seasoning Mix – Beef Stew, Chili, Mild Chili, Meat Loaf, or Sloppy Joe

- **Ethnic Spices**

- Goya**

- Adobo Seasoning, with or without Pepper

- **Ethnic Spices (Cont'd)**

- Goya**

- Sazon – with Azafan or Coriander & Annatto

- **Gravy**

- Knorr**

- Roasted Turkey Gravy Mix

- Lawry's**

- Brown Gravy Mix

- McCormick**

- Gravy Mix – Au Jus, Brown, Chicken, Country Gravy with Sausage, Herb, Mushroom, Onion, Original Country Gravy, Pork, Reduced Sodium Brown, or Turkey

- Publix**

- Gravy Mix – Au Jus, Brown, Brown with Onions, Chicken, Country Gravy, Mushroom, Onion, Pork, or Turkey

- Williams**

- Country Gravy Mix – Original or with Sausage

- **Salt and Substitutes**

- Molly McButter**

- All Natural Sprinkles – Butter or Cheese

- Morton**

- Popcorn Salt

- Reese**

- Regular Popcorn Salt

- **Spice / Seasoning**

- Fleischman's**

- Yeast

- Vigo**

- Flavoring and Coloring Seasoning

- **Tenderizer**

- McCormick**

- Grill Mates Marinades – Baja Citrus, Mesquite, Montreal Steak, or Zesty Herb

- Meat Marinade Seasoning Mix

SPREADS AND SYRUP

• Cones

Joy

Ice Cream Cones – Regular, Color, Chocolate Dipped, Kids, Jumbo, Sugar, or Waffle

Keebler

Ice Cream Cones – Sugar or Vanilla

Publix

Ice Cream Cones – Regular, Jumbo, Sugar, Waffle, or Waffle Bowl

• Dessert Toppings

Hershey's

Sundae Syrup – Classic Caramel or Fat Free Double Chocolate

Publix

Maraschino Cherries – Jumbo or Regular

Smucker's

Spoonable Toppings – Black Cherry, Strawberry, Sugar Free Caramel, Sugar Free Hot Fudge, or Sugar Free Strawberry

Smucker's

Sundae Syrups – Butterscotch, Caramel, Chocolate, Sugar Free Caramel, or Sugar Free Chocolate

White Swan

Cherry Syrup

• Jams and Jellies

Bonne Maman

Blackberry Jelly
Dansom Plum Marmalade
Preserves – Apricot, Blueberry, Cherry, Four Fruits, Orange, Raspberry, or Strawberry

Braswell's

Fig Preserves
Jelly – Jalapeño or Red Pepper

Crosse & Blackwell

Orange Marmalade

Dickinson's

Apple Butter Spread

• Jams and Jellies (Cont'd)

Dickinson's

Lemon Curd
Pure Preserves – Bing Cherry or Mountain Strawberry
Pure Seedless Preserves – Black Raspberry, Boysenberry, Cascade Mountain Red Raspberry, or Marion Blackberry

Hero

Preserves – Raspberry or Strawberry

Palmalito

Jelly – Guava or Jalapeño Pepper

Polaner

All Fruit with Fiber Spreadable Fruit – Apricot, Black Cherry, Blueberry, Grape, Orange
Marmalade, Peach, Raspberry, Seedless Blackberry, Seedless Raspberry, Seedless Strawberry, or Strawberry
Mint Jelly
Sugar Free with Fiber Preserves – Seedless Blackberry or Strawberry
Sugar Free with Fiber – Concord Grape Jelly or Orange Marmalade

Publix

Jam – Concord Grape or Strawberry
Jelly – Apple, Concord Grape, Currant, Mint, or Strawberry
Low Sugar Spread – Apricot or Strawberry
Marmalade – Orange or Low Sugar Orange
Preserves – Apricot, Peach, Pineapple, Seedless Black Raspberry, Seedless Blackberry, Seedless Red Raspberry or Strawberry

Smucker's

Jam – Concord Grape, Mango, Seedless Blackberry, Seedless Red Raspberry, Seedless Strawberry, or Strawberry
Jelly – Apple, Concord Grape, or Strawberry

• Jams and Jellies (Cont'd)

Smucker's

Low Sugar Spread – Apricot, Concord Grape, Red Raspberry, or Strawberry
Marmalade – Orange, Low Sugar Orange, Organic Orange, or Sugar Free Orange
Orchard's Finest Preserves – Coastal Valley Peach Apricot, Northwest Triple Berry, Northwood Blueberry, or Pacific Mountain Strawberry
Organic Concord Grape Jelly
Organic Preserves – Blackberry or Strawberry
Preserves – Apricot Pineapple, Blueberry, Boysenberry, Cherry, Peach, Red Raspberry, or Strawberry
Simply Fruit Spread – Apricot, Black Cherry, Blackberry, Peach, Red Raspberry, Seedless Red Raspberry, Seedless Strawberry, or Strawberry
Squeezable – 50% Less Sugar Strawberry, Grape Jelly, or Strawberry
Sugar Free Preserves – Apricot, Cherry, Concord Grape, Red Raspberry, Seedless Strawberry, or Strawberry

St. Dalfour

Preserves – Blueberry, Four Fruits, or Strawberry

Welch's

Jam – Concord Grape or Squeezable Concord Grape
Jelly – Concord Grape, Reduced Sugar Concord Grape, Squeezable Concord Grape, or Squeezable Strawberry

SWEET GOODS

• Snack Cakes, Pies, Rolls

Hostess

100-Calorie Chocolate Cupcakes

Little Debbie

Pecan Spinwheels

HEALTH AND BEAUTY

NUTRITION SUPPLEMENTS

- **Adult Nutrition**

- Elations**

- Healthier Joint Supplement Drink – Cranberry Apple or White Grape

- Glucerna**

- Mini Snack Bars – Chocolate Peanut or Oatmeal Raisin

- **Diet Nutrition**

- South Beach**

- Living Snack Bars – Berry, Chocolate, Chocolate Almond, or Chocolate Raspberry

- Kellogg's**

- Special K20 Protein Water Mix – Pink Lemonade or Strawberry Kiwi

- **Sports Nutrition**

- Designer**

- Chocolate Whey Protein Supplement

- Think Thin**

- Bites – Cookies & Cream

MEAT

CHEESE, NATURAL

- **Chunk**

- Amish Country**

- Natural Limburger Cheese

- Cabot Vermont**

- Reduced Fat Cheddar Cheese – 50% Jalapeño or 75% Sharp

- Frigo**

- Romano Cheese Wedge

- Kraft**

- Cracker Barrel Colby & Monterey Jack Cheese

- Publix**

- Parmesan Cheese – Grated, Shaved, Shredded, or Wedge

- **Chunk (Cont'd)**

- Publix**

- Cheese – Monterey Jack, Monterey Jack with Jalapeño Peppers Mozzarella, Muenster, or Swiss

- Polly-O**

- Mozzarella Cheese – Part Skim or Whole Milk

- Sorrento**

- Mozzarella Cheese – Part Skim or Whole Milk

- Williams Brand**

- Cheese – 50% Reduced Fat Hot Pepper Cheddar or Smoked Swiss

- **Shredded**

- Kraft**

- Finely Shredded 2% Milk Cheese – Mexican or Mild Cheddar
Four Cheese Mexican

- Publix**

- Fancy Shredded Six Cheese Italian Cheese
Shredded Mozzarella Cheese

- Sargento**

- Fancy Shredded Cheese – Parmesan, Parmesan & Romano, or Swiss
Reduced Fat Shredded Cheese – Four Cheese Italian or Four Cheese Mexican
Shredded Cheese – Chef Style Mozzarella, Classic Mozzarella, Six Cheese Italian Recipe Blend, or Whole Milk Mozzarella

- **Sliced**

- Kraft**

- Cracker Barrel Natural Cheese Slices – Havarti or Sharp Cheddar
Deli Fresh Natural Cheese Slices – Colby Jack, Reduced Fat Sharp Cheddar, Reduced Fat Swiss, or Thin Cut Swiss

- Publix**

- Cheese Slices – Medium Cheddar, Monterey Jack with Jalapeño Peppers, Muenster, Provolone, or Swiss

- **Sliced (Cont'd)**

- Publix**

- Natural Cheese Slices – Mild Cheddar, Mozzarella, Muenster, Provolone, Sharp Cheddar, or Swiss

- Sargento**

- Deli Style Cheese Slices – Aged Swiss, Baby Swiss, Gouda, Medium Cheddar, Muenster, Pepper Jack, Provolone, or Swiss
Reduced Fat Deli Sliced Cheese – Provolone or Swiss

CHEESE, PROCESSED

- **Dips / Spreads**

- Alouette**

- Soft Spreadable Cheese – Light Garlic & Herbs or Sun-Dried Tomato & Basil

- Publix**

- Pimento Cheese Spread

- Rondele**

- Cheese Spread – Garden Vegetable, Garlic & Herb, or Light Garlic & Herb

- **Singles**

- American Heritage**

- Imitation Cheese Food Singles

- Borden**

- American Cheese Singles – Lactose Free or Yellow

- Kraft**

- 2% Milk Reduced Fat Cheese Singles – American, Monterey Pepper Jack, or Sharp Cheddar
Deli Deluxe Cheese Singles – 2% Milk Reduced Fat American or American
Fat Free Cheese Singles – American, Sharp Cheddar, or Swiss
Cheese Singles – Sharp Cheddar, White American, or Yellow American
Velveeta Cheese Singles – Original or Extra Thick Sliced

- **Singles (Cont'd)**

- Publix**

- Cheese Singles – American, Deluxe American, Extra Thick Sliced American, or Swiss

- **Snack**

- Kraft**

- Cracker Barrel 2% Milk Reduced Fat Extra Sharp Cheddar Cheese Sticks
 - Cracker Barrel 2% Milk Reduced Fat Cheddar/Monterey Jack Cheese Cubes
 - Cracker Cut Colby/Monterey Jack Cheese

- Laughing Cow**

- Light Cheese Wedge – Blue Cheese, Creamy Mozzarella & Sun-Dried Tomato, or Queso Fresco with Chipotle
 - Mini Babybel Cheese – Original, Gouda, or Light

- Land O Lakes**

- Snack'n Cheese To Go – Colby Jack or Mild Cheddar

- Publix**

- Mozzarella String Cheese – Part Skim or Reduced Fat

- Polly-O**

- Mozzarella String Cheese – Regular, 2% Milk Reduced Fat, or Mozzarella & Cheddar

- Sargento**

- Mozzarella String Cheese – Regular or Light
 - Reduced Fat Colby Jack Sticks

- Sorrento**

- Cheddar Cheese Sticksters

- **Soft Ripened**

- Athenos**

- Crumbled Feta Cheese – Traditional, Basil & Tomato, Garlic & Herb, Reduced Fat Basil & Tomato, or Reduced Fat Traditional
 - Feta Cheese – Traditional or Basil & Tomato

- **Soft Ripened (Cont'd)**

- Publix**

- Crumbled Cheese – Blue, Feta, Goat, or Gorgonzola
 - Feta Cheese – Traditional or Reduced Fat
 - Reduced Fat Crumbled Cheese – Blue, Feta, or Gorgonzola

- Treasure Cave**

- Blue Cheese – Crumbled or Squares
 - Crumbled Gorgonzola Cheese

- Vigo**

- Feta Cheese

- **Cheese Cups**

- Kaukauna**

- Cheese Cups – Extra Sharp Cheddar, Port Wine Cheddar, Sharp Cheddar, or Swiss Almond

CONSUMER PACKAGED GOODS FROZEN

- **Appetizers**

- Mallaw's**

- Clams – Casino or Oreganata

- Rocky Shore**

- Oysters Rockyfellas

- Tiger Thai**

- Tempura Shrimp

- **Breakfast**

- Banquet**

- Brown'n Serve Turkey Sausage Patty

- **Patties**

- Flanders**

- Tray-packed Yam Patties

COOKED MEATS

- **Chicken**

- Perdue**

- Shot Cuts chicken Breasts – Grilled, Honey Roasted, Italian, or Southwestern

- Tyson**

- Grilled Chicken Breast Strips

- **BBQ**

- Lloyd's**

- In Original Barbecue Sauce – Beef, Chicken, or Pork

- **Miscellaneous**

- Chi-Chi's**

- Seasoned Ground Beef

- Curly's**

- Pulled Chicken with Barbecue Sauce

- Hunt's**

- Manwich "Sloppy Joe" Ground Beef with Sauce

FINFISH

- **Private Label Frozen**

- Publix**

- Flounder Fillets
 - Haddock Loins
 - Mahi Mahi Fillets
 - Orange Roughy Fillets

FRESH PASTA

- **Sauces**

- Buitoni**

- Light Alfredo
 - Marinara
 - Roasted Garlic Marinara

MEAT

- **Pre-Packaged**

- Perdue**

- Grilled Chicken Breast Strips

- Philly Gourmet**

- Sandwich Steaks

- Steak-Umm**

- Sandwich Steaks

- Tyson**

- Chicken Breast Strips

ORGANIC / NATURAL

- Horizon**

- Organic American Cheese Singles

OTHER SHELLFISH

- **Lobster, Frozen**

 - Publix**

 - Lobster Tails

- **Scallops**

 - Publix**

 - Bay Scallops

PACKAGED MEATS

- **Fresh Sausages**

 - Johnsonville**

 - Breakfast Sausage Patties

- **Hot Dogs**

 - Ballpark**

 - Fat Free Franks – Beef or White Turkey

 - Hebrew National**

 - 97% Fat Free Kosher All Beef Franks

 - Oscar Mayer**

 - Classic 98% Fat Free Wieners
Light Beef Franks

- **Lunch Meat**

 - Buddig**

 - Deli Cuts – Honey Ham or Oven Roasted Turkey

 - Lean Sliced – Beef, Chicken, Ham, Honey Ham, Honey Turkey, or Turkey

 - Carson**

 - Air Dried Beef

 - Gwaltney**

 - Great Bologna – Chicken or Thick Sliced Chicken

 - Hillshire Farm**

 - Deli Select – Brown Sugar Baked Ham, Honey Ham, Honey Roasted Turkey Breast, Oven Roasted Turkey Breast, Pastrami, or Smoked Ham

 - Deli Select Hearty Slices – Oven Roasted Turkey Breast or Signature Honey Ham

- **Lunch Meat (Cont'd)**

 - Hillshire Farm**

 - Deli Select Ultra Thin – Brown Sugar Baked Ham, Cracked Black Pepper Turkey Breast, Honey Ham, Honey Roasted Turkey Breast, Mesquite Smoked Turkey Breast, Oven Roasted Turkey Breast, Pastrami, Roast Beef, Rotisserie Seasoned Chicken Breast, or Smoked Ham

 - Hormel**

 - Canadian Style Bacon
Natural Choice – Honey Ham, Oven Roasted Turkey, or Smoked Turkey
Turkey Pepperoni – Minis or Sliced

 - J.M. Schneider**

 - Sliced Canadian Bacon

 - John Morrell**

 - Off the Bone – Brown Sugar Ham, Honey Ham, or Oven Roasted Turkey

 - Jones**

 - Dairy Farm Fresh & Tender – Canadian Style Bacon, Ham Slices, or Hickory Smoked Ham Steaks

 - Land O Frost**

 - Premium Sliced – Honey Ham, Honey Smoked Turkey Breast, Smoked Ham, or Turkey Breast

 - Oscar Mayer**

 - Bacon, Canadian Style, Ready to Serve

 - Bologna – Regular, 98% Fat Free, or Beef

 - Carving Board – Oven Roasted Turkey Breast, Rotisserie Seasoned Chicken Breast, Slow Cooked Ham, or Slow Roasted Roast Beef

 - Chicken, Oven Roasted

 - Chicken Breast – Italian Strips or Oven Roasted Cuts

- **Lunch Meat (Cont'd)**

 - Oscar Mayer**

 - Deli Fresh Shaved – Barbecue Chicken Breast, Black Forest Ham, Brown Sugar Ham, Cajun Chicken Breast, Cracked Black Pepper Turkey, French Dip Roast Beef, Honey Ham, Honey Smoked Turkey Breast, Mesquite Turkey Breast, Oven Roasted Turkey Breast, Roast Beef, Rotisserie Style Chicken Breast, Smoked Ham, Smoked Turkey Breast, or Virginia Brand Ham
Ham – 96% Fat Free Boiled, Chopped Smoked, Ham & Cheese Loaf, Honey, or Turkey
Ham & Turkey Sub Sandwich Kit
Light Bologna – Meat or Beef
Loaf – Olive or Pimento
Roast Beef, Slow Roasted
Salami – Beef Cotto, Cotto, Hard, or Turkey Cotto
Turkey – Bologna, Cotto Salami, Ham, Honey Smoked Breast, Mesquite Breast, Oven Roasted Breast, Smoked, or Smoked White

 - Publix**

 - Regular Sliced – Cooked Ham, Honey Ham, Roasted Turkey Breast, or Smoked Turkey Breast
Thin Sliced – Cooked Ham, Honey Ham, Roasted Turkey Breast, or Smoked Turkey Breast
Extra Thin Sliced – Cooked Ham, Honey Ham, Roasted Turkey Breast, Smoked Honey Turkey Breast, or Smoked Turkey Breast
Sliced Turkey Pepperoni

 - Plumrose**

 - Sliced Ham

POULTRY

- **Chicken**

 - Tyson**

 - Chicken Tenderloins

SEAFOOD PLATTERS

- **Shrimp Rings**

- **Aquastar**

- Shrimp Platter with Cocktail Sauce – Small, Medium, or Large

SMOKED AND CURED MEATS

- **Bacon**

- **Butterball**

- Smoke Cured Turkey Bacon

- **Gwaltney**

- Bacon – 40% Less Fat Virginia Cured, Brown Sugar, or Hardwood Smoked

- **Hormel**

- Black Label Bacon – Original, Center Cut, Fully Cooked, Maple Flavor, or Microwave Ready Original

- **Jennie-O**

- Turkey Bacon

- **Jimmy Dean**

- Fully Cooked Bacon – Hickory Smoked or Thick Cut Maple Flavor

- **Oscar Mayer**

- Bacon – Original, Center Cut, Fully Cooked, Fully Cooked Thick Cut, Lower Sodium, Maple, Super Thick Cut Original, Thick Cut Center Cut, Thick Cut Original, or Turkey

- **Publix**

- Naturally Hickory Smoked Bacon – Original, Center Cut, Fully Cooked, Lower Sodium, Lower Sodium Thick Cut, or Thick Cut

- **Smithfield**

- Naturally Hickory Smoked Bacon – Original or Thick Cut

- **Sunnyland**

- Hotel Brand Original Bacon

- **Wright Brand**

- Hickory Smoked Bacon

- **Dinner Sausage**

- **Butterball**

- Smoked Sausage
Turkey Polksa Kielbasa

- **Hillshire Farm**

- Hardwood Smoked Chicken Sausage
Turkey Polksa Kielbasa

- **Oscar Mayer**

- Smoked Sausage
Turkey Polksa Kielbasa

- **Specialty**

- **Bridgford**

- Beef Jerky – Natural or Teriyaki
Sliced Turkey Pepperoni

- **Hebrew National**

- Sauerkraut

- **Jack Link**

- Teriyaki Beef Jerky

- **Silver Floss**

- Barrel Cured Sauerkraut

- **Tennessee Pride**

- Sausage Gravy

SPECIALTY ITEMS

- **Non-Refrigerated Canned Meat**

- **Adolph's**

- Original Meat Tenderizing Marinade

- **Amazing Taste**

- Seasonings – Beef, Burger, Pork, Poultry, or Steakhouse

- **Potatoes**

- **Dinner's Choice**

- Country Style Mashed Potatoes

PRODUCE

ACCESSORIES

- **Dips**

- **La Mexicana**

- Salsa – Hot, Medium, Mild, or Roasted Garlic

- **Dips (Cont'd)**

- **Marie's**

- Vegetable Dips – Home-style Ranch, Light Buttermilk Ranch, or Roasted French Onion

- **T. Marzetti**

- Fruit Dips – Cream Cheese, Fat Free Caramel, or Light French Vanilla

- Vegetable Dips – Fat Free Ranch or Light Ranch

- **Yucatan**

- Guacamole – Authentic or Mild

- **Dressings**

- **Bolthouse Farms**

- Vinaigrette – Asian Ginger, Classic Balsamic, or Raspberry Merlot

- Yogurt – Chunky Blue Cheese, Classic Ranch, Creamy Italian, Caesar Parmigiano, Honey Mustard, or Thousand Island

- **Makato's**

- Ginger
Honey Ginger
Orange Ginger

- **Marie's**

- Balsamic Vinaigrette
Italian Vinaigrette
Light Chunky Blue Cheese
Raspberry Vinaigrette
Red Wine Vinaigrette

- **Marjon Café**

- Athens
Geneva

- **Naturally Fresh**

- Fat Free Raspberry Vinaigrette
Ginger
Light Blue Cheese
Light Peppercorn Ranch
Light Ranch

- **T. Marzetti**

- Light – Berry Balsamic, Classic Ranch, Chunky Blue Cheese, or Supreme Caesar

- **Dressings (Cont'd)**

- T. Marzetti**

- Simply Dressed – Balsamic, Champagne, Cole Slaw, or Pomegranate

- Walden Farms**

- Sugar/Calorie Free – Balsamic Vinaigrette, Blue Cheese, Classic Italian, Honey Dijon, Ranch, or Thousand Island

- **Dried Spice**

- Spiceworld**

- Green Pesto

- **Glazes**

- T. Marzetti**

- Glaze – Strawberry or Sugar-free Strawberry

- **Miscellaneous Hardgoods**

- Concord**

- Guacamole Mix – Extra Spicy or Mild

- California**

- Sun-Dried Tomatoes in Oil – Julienne Cut or Halves
Sun-Dried Tomato Spread
Sun-Dried Tomatoes – Halves, Julienne Cut, or Smoked

- ET TU**

- Light Caesar Salad Kit

BERRIES

- **Dessert Shells**

- Publix**

- Dessert Shells

JUICE

- **Grapefruit**

- Indian River**

- Grapefruit Juice - Select Pure Red or Ultra Slimming

- Florida's Natural**

- Ruby Red Grapefruit Juice

- Natalie's**

- 100% Grapefruit Juice

- Simply**

- 100% Grapefruit Juice

- **Grapefruit Juice (Cont'd)**

- Tropical**

- Pure Premium Ruby Red Grapefruit Juice

- **Juice Blends**

- Bolthouse Farms**

- 100% Carrot Juice

- Bom Dia**

- Antioxidant Acai Superfruit Juice
Coconut Splash Water

- Naked Juice**

- Reduced Calorie Juice – Peach Guava or Tropical

- Pom**

- Wonderful Tea – Lychee Green or Peach Passion White

- **Juice Drinks**

- Sunny Delight**

- Citrus Punch – Original Tangy, Orange/Pineapple, Smooth, or Smooth California Style Citrus

- Tropicana**

- Light Lemonade
Trop50 Juice – Farmstand Apple, No Pulp OJ Beverage, No Pulp OJ Beverage with Calcium, Pomegranate Blueberry, or Some Pulp OJ Beverage

- **Processed Fruit**

- Buddy Fruits**

- Apple Banana
Apple Cinnamon
Apple Strawberry
Multi-Fruit

- Del Monte**

- Cherry Mixed Fruit
Citrus Salad
Citrus Salad Bowl
Fruit Naturals – No Sugar Added Red Grapefruit, Mandarin Oranges, Peach Chunks, Pineapple Chunks, Red Grapefruit, or Tropical Medley
No Sugar Added Peach Chunks

- **Processed Fruit (Cont'd)**

- Del Monte**

- Orchard Select – Bartlett Pears, Mixed Fruit, No Sugar Added Sliced Peaches, Sliced Mango, Sliced Peaches, Spiced Peaches, or Tropical Mixed Fruit
Red Grapefruit Bowl
Sunfresh – Citrus Salad, Grapefruit Lover's, Mandarin Oranges, or Red Grapefruit

ORGANIC PRODUCE

- **Juices**

- Odwalla**

- Organic Carrot Juice

- Sambazon**

- Organic Elixir – Berry or Blackberry

- **Snacks**

- Good Sense**

- Organic Dried Apricots

- **Packaged Salads**

- Earthbound Farm**

- Organic Baby Spinach Salad

- Publix GreenWise Market**

- Organic Salad – Baby Arugula, Baby Spinach, Baby Lettuce, Baby Romaine, Baby Spinach, Fresh Herb, Hearts of Romaine, Mixed Baby Greens, or Spinach

- **Soy / Vegetarian**

- Nasoya**

- Organic Tofu – Cubed, Extra Firm, Firm, Silken, or Soft

PACKAGED SALADS

- Dole**

- Salad Blend – American, Field Greens, Hearts of Romaine, Italian, Leafy Romaine, Spring Mix, or Very Veggie
Sweet Baby Lettuce

- Fresh**

- Attitude Salad – Arugula, Baby Romaine, Baby Spinach, San Marino, or Spring Mix

- **Packaged Salad (Cont'd)**

- Fresh**

- Express – 3 Color Coleslaw, Angel Hair Coleslaw, Baby Spinach, Lettuce Shreds, Spinach, or Sweet Tender Greens

- Express Salad Blend – 50/50 Baby Spinach & Spring Mix, American, Asian Supreme, Fancy Greens, Five Lettuce, Green & Crisp Iceberg/Romaine, Hearts of Romaine, Iceberg, Italian, Light Caesar, Riviera, Spring Mix, Sweet Butter, Triple Hearts, or Veggie Lovers

- Publix**

- Baby Spinach
 - Coleslaw
 - Fresh & Tender Spinach
 - Premium Romaine
 - Romaine Hearts
 - Salad Blend – American, Classic, European, Garden Supreme, Hearts of Romaine, Italian, or Spring Mix

- Ready Pac**

- Cool Cuts Carrots with Ranch Dip

SALAD VEGETABLES

- **Fresh Herbs**

- Gourmet Blends**

- Basil Herb
 - Chili Pepper
 - Cilantro Herb
 - Dill Herb
 - Garlic
 - Ginger Spice
 - Italian Seasoning
 - Lemon Grass Herb
 - Parsley Herb

SNACKS

- **Nuts & Seeds**

- Almond Accents**

- All Natural Flavored Sliced Almonds – Butter Toffee, Honey Roasted, Italian Parmesan, Original Oven Roasted, Oven Roasted No Salt, Ranch, or Roasted Garlic Caesar

- **Nuts & Seeds (Cont'd)**

- Naturally Fresh**

- Salad Toppers – Fruit & Nut Mix, Roasted Glazed Pecans, or Roasted Pecans & Almonds

- **Variety Snacks**

- Jolly Time**

- White Pop Corn Kernels

- Publix**

- Snack Mix – Asian or Dried Wasabi

VEGETABLES

- **Soy / Vegetarian**

- Franklin Farms**

- Fresh Veggiburger – Original Recipe or Portabella

- Galaxy Nutritional Foods**

- Veggie Soy-Based Block – Cheddar or Pepper Jack Flavors
 - Veggie Soy-Based Grated Topping, Parmesan Flavor
 - Veggie Soy-Based Slices – American, Cheddar, Cheddar with Jalapeños, Mozzarella, Pepper Jack, Provolone, or Swiss Flavors

- House Foods**

- Fettuccine
 - Tofu Shirataki Noodles

- Lightlife**

- Smart Foods – Deli Jumbo Franks, Ground, Meatless Dogs, or Sausage

- Tofurky**

- Deli Slices – Hickory or Oven Roasted

- Turtle Island Foods**

- Marinated Sesame Garlic Tempeh Strips