

Four Grams of Sugar or Less

Whether you're looking to lose or maintain your weight or prevent or manage diseases, it's always good to be sensible about sugar. Sugar has many other forms and names, including molasses, honey, high fructose corn syrup, sucrose, and more, so we've put together a list of foods that will help you reduce or monitor your intake. Every food on this list is what we consider to be sugar sensible, with four grams or less of (natural and added) sugar per serving.

The list of Dairy items starts below, Fresh items begin on page 4, Frozen Food items on page 13, Grocery items on page 22, and Ethnic on page 50.

DAIRY

BREAD AND DOUGH

- **Bagels and Muffins**

- **Bays**

- English Muffins – Regular, Honey Wheat, or Sourdough

- **Gourmet Baker**

- Crumpets
 - Plain Muffins

- **Lenders**

- Premium Bagels – Egg, Onion, or Plain

- **Biscuits And Dinner Rolls**

- **Pillsbury**

- Buttermilk Biscuits
 - Crescent Dinner Rolls – Original, Big 'n Buttery, Big 'n Flaky, Butter Flake, or Reduced Fat, or Traditional
 - Crescent Rounds
 - Grands! Biscuits – Buttermilk, Flaky Butter Tastin', Flaky Buttermilk, Flaky Regular, or Southern Style
 - Perfect Portions Biscuits – Buttermilk or Buttertastin'

- **Biscuits And Dinner Rolls (Cont'd)**

- **Publix**

- Buttermilk Biscuits
 - Hearty Layers Buttermilk Biscuits
 - Ready to Bake Crescent Rolls

- **Breads**

- **Pillsbury**

- Breadsticks – Original or Garlic & Herb
 - Crusty French Loaf
 - Pizza Crust – All Ready or Thin

- **Desserts**

- **Pillsbury**

- Pie Crust

- **Publix**

- Pie Crusts

- **Tortillas**

- **Azteca**

- Flour Tortillas – Small or Large
 - Tam-X-Ico! Flour Tortillas
 - Tam-X-Ico! Salad Shells

- **Tamxico**

- 100% Stone Ground Whole Wheat Tortillas
 - Wheat Low Carb Tortillas

- **Tortillas (Cont'd)**

- **Tamxico**

- White Wheat Tortillas With Calcium and Omega Three

BUTTER AND MARGARINE

- **Butter**

- **Breakstone's**

- Butter Sticks – Salted or Unsalted
 - Whipped Butter – Salted or Unsalted

- **Cabot Vermont**

- Natural Creamy Butter – Salted or Unsalted

- **Kerrygold**

- Irish Butter – Herb Garlic, Pure, or Unsalted

- **Land O'Lakes**

- Butter, Salted
 - Butter With Canola Oil – Light or Spreadable varieties
 - Honey Butter
 - Roasted Garlic Butter With Oil
 - Salted Sweet Cream Butter, Half Sticks

Shopping lists were compiled from products that are available in Publix Super Market stores. These products may not be available in Publix GreenWise Market®, Publix Sabor® or Pix™ stores. Because the products listed were evaluated using manufacturer-provided nutritional information, and product formulations can change at any time, Publix cannot guarantee the accuracy of the nutrition information provided. Customers are encouraged to read the product labels to obtain the most accurate nutrition information. The information provided is intended to be nutrition and dietary guidance only and not medical advice.

- **Butter (Cont'd)**

- Land O'Lakes**

- Sweet Cream Butter – Salted, Salted Half Sticks, Lightly Salted or Unsalted
 - Whipped Butter – Salted, Light Salted, or Unsalted

- Lurpak**

- Salted or Unsalted Butter

- Olivio**

- Spreadable Butter with Canola & Olive Oils

- Organic Valley**

- Organic Sweet Cream Butter – Salted or Unsalted

- Publix**

- Sweet Cream Butter Quarters – Salted or Unsalted
 - Whipped Butter – Salted or Unsalted

- Plugra**

- European-Style Butter – Salted or Unsalted

- Shedd's Spread**

- Country Crock Spreadable Whipped Butter With Canola

- **Margarine**

- Benecol**

- Light Spread 39% Vegetable Oil
 - Spread 55% Vegetable Oil

- Blue Bonnet**

- Spread Quarters

- Brummel & Brown**

- Spread with Yogurt

- Earth Balance**

- Buttery Spread

- Fleischmann's**

- Margarine – Original Quarters, 31% Lower Fat Canola Corn Oil, or 100% Corn Oil
 - Premium Blend with Olive Oil
 - Unsalted Sweet Quarters

- I Can't Believe It's Not Butter**

- Fat Free
 - Light
 - Soft Spread Vegetable Oil

- **Margarine (Cont'd)**

- I Can't Believe It's Not Butter**

- Spray
 - Spread for Cooking and Baking
 - Spread, Mediterranean Blend

- Land O'Lakes**

- Margarine – Quarters or Soft
 - Fresh Buttery Taste Spread

- Olivio**

- Premium Buttery Spray with Olive Oil
 - Premium Vegetable Spread with Olive Oil

- Parkay**

- 70% Vegetable Oil Spread
 - Quarters
 - Buttery Spray
 - Soft Margarine
 - Squeeze Spread

- Promise**

- Activ Light Spread
 - Buttery Spread
 - Heart Health Essentials Fat-Free Spread
 - Vegetable Oil Spread

- Publix**

- 48% Vegetable Oil Homestyle
 - 65% Vegetable Oil Four Quarters
 - Homestyle Spread Squeeze
 - Vegetable Oil Spread Quarters

- Shedd's**

- Country Crock – Original, Churn Style, Light, Plus Calcium, Quarters, Spread with Omega Plus, or Spreadable Butter
 - Whipped with Canola Oil

- Smart Balance**

- 50/50 Butter Blend Sticks – Regular, with Extra Virgin Olive Oil, or with Omega-3
 - Buttery Burst Spray
 - Buttery Spread – Regular, Light, Light Non-Dairy with Flax Oil, Lightly Salted Whipped, Organic Whipped, with Extra Virgin Olive Oil, with Flax Oil, or with Non-Hydrogenated Oil

CREAM AND CREAMERS

- **Aerosol Cream**

- Cool Whip**

- Whipped Topping – Regular, Extra Creamy, or Lite

- Publix**

- Whipped Topping – Extra Creamy, Fat Free, or Real Light

- Reddi Wip**

- Whipped Cream – Original, Light, Heavy Extra Creamy, or Light Chocolate
 - Whipped Topping – Extra Creamy or Real

- **Coffee Cream**

- International Delight**

- Sugar-Free Coffee Creamer – French Vanilla or Hazelnut

- Nestle**

- Coffee-Mate Non-Dairy Creamer – Regular, Fat-Free, or Low Fat

- Publix**

- Coffee Creamer
 - Non Dairy Creamer – Original or Fat Free

- White Wave**

- Silk Creamer – Soy Milk or French Vanilla

- **Half 'N Half**

- Land O'Lakes**

- Gourmet Fat Free
 - Traditional Rich & Creamy

- Nestle**

- Coffee-Mate Sugar-Free – French Vanilla or Hazelnut

- Organic Valley**

- Organic

- Publix**

- Fat Free Half & Half
 - Half & Half

- **Whipping Cream**

- Publix**

- Heavy Whipping Cream
 - Whipping Cream

CREAM CHEESE / DIPS

• Cream Cheese

Breakstone's

Temp Tee Whipped

Friendship

All-Natural Farmer's Cheese

Kraft

Philadelphia Cream Cheese – 1/3 Less Fat, Fat Free, Fat Free Soft, Light, Soft, Light Soft, or Whipped

Philadelphia Spread Cream Cheese – Chive & Onion, Garden Vegetable, Honey Nut Flavor, Light Chive & Onion, Light Garden Vegetable, Pineapple, Regular, Salmon, Spinach & Artichoke, Strawberry, or Sun-Dried Tomatoes & Basil

Publix

Cream Cheese – Fat Free, Light, or Pasteurized

Neufchatel Cheese, 1/3 Less Fat Than Cream Cheese

Soft Cream Cheese – Regular, Fat Free, Light, Chive & Onion, Garden Vegetables, or Whipped Spread

Weight Watchers

Low-Fat Cream Cheese

• Dips

Dean's

French Onion Dip

Lite French Onion Dip

Guacamole Dip

Heluva Good!

Bacon & Horseradish Dip

Bodacious Onion Dip

French Onion Dip

Publix

French Onion Dip

Ranch Dip

CULTURED PRODUCTS

• Cottage Cheese

Breakstone's

Small Curd – 2% Milkfat, 4% Milkfat, or Low Fat

• Cottage Cheese (Cont'd)

Cabot Vermont

4% Milkfat, Vermont Style

Friendship

Low-Fat 1% Milkfat

Lactaid

Non-Dairy Low-Fat

Publix

Fat Free

Large Curd

Low Fat

Small Curd – Regular, Fat Free, or

Low Fat

• Sour Cream

Breakstone's

Sour Cream – Regular, All Natural Grade A, Fat Free, or Reduced Fat

Daisy

Pure & Natural – Regular or Light

Publix

Sour Cream – Regular, Fat Free, Light, or Reduced Fat

• Yogurt

Dannon

Light 'n Fit Strawberry Banana/Blackberry/Vanilla

Light 'n Fit Carb Control

– Cultured Dairy Snacks,

Blueberries 'n Cream,

Strawberries 'n Cream, or Vanilla Cream

DESSERTS

• Gelatin

Jell-O

Sugar Free Gelatin Snacks Variety Packs – Cherry/Black Cherry, Lemon/Lime/Orange, Low Calorie Peach/Watermelon, Raspberry Goji with Antioxidants, Raspberry/Orange, Strawberry/Acai with Antioxidants, Strawberry, Strawberry Kiwi/Tropical Berry, or Strawberry/Raspberry

Lakeview Farms

Sugar Free Gelatoons

• Puddings

Jell-O

Sugar Free Pudding Snacks – Chocolate, Chocolate Vanilla Swirls, Cinnamon, Crème Brulee Rice, Reduced Calorie Creamy Caramel, Reduced Calorie Double Chocolate, Rice, Vanilla, or Vanilla Caramel

Sugar Free Sundae Snacks – Banana/Fudge Supreme

Kozy Shack

No Sugar Added Rice Pudding

Lakeview Farms

Sugar Free Pudding Pals

Swiss Miss

Sugar Free Chocolate Pudding

EGGS

• Egg Substitutes

Crystal Farms

All-White Egg Whites

Better'n Eggs

Egg Beaters

Egg Beaters – 100% Egg Whites, Regular, Cheese & Chives, Egg Whites, Garden Vegetable, or Southwestern

Publix

Eggstirs Real Egg Product, Fat, Cholesterol & Lactose Free

• Fresh Eggs

4 Grain

Large Eggs – All Natural, Brown Cage Free, Brown Omega 3, or Brown Vegetarian

Eggland's Best

Eggs – Large, Cage-Free Brown Large, or Extra Large

Publix

Brown

Extra Large

Grade A – Medium, Large, or Jumbo

Publix GreenWise Market

Grade A Organic Brown

MILK AND MILK PRODUCTS

• Milk Substitutes

8th Continent

Light Plain Soy

Silk Soy

Unsweetened, Lactose Free,
Cholesterol Free, Organic Soy

NATURAL CHEESE

• Ricotta

Pollyo

Ricotta Cheese – Fat Free, Part
Skim, Skim Milk, or Whole Milk

Publix

Ricotta Cheese – Part Skim or
Whole Milk

Sorrento

Deli Style Ricotta Cheese – Fat
Free, Part Skim Milk, or Whole
Milk

PICKLES AND CONDIMENTS

• Horseradish and Sauces

Seminole

Horseradish

Silver Spring

Horseradish – Cranberry, Creamy,
Fresh Ground, Pineapple Apricot,
or Prepared

• Pickles

Batampte

Sour Pickles

Claussen

Kosher Dills – Halves, Mini,
Spears, or Whole

Sandwich Slices – Bread 'N
Butter, Hearty Garlic, or Kosher
Dills

Whole Hearty Garlic

PREPARED FOODS

• Potatoes

Eggland's

Hard Cooked Eggs

Simply Potatoes

Country Mashed Potatoes

Diced Potatoes with Onion

• Potatoes (Cont'd)

Simply Potatoes

Garlic Mashed Potatoes

Homestyle Sliced

Mashed Potatoes

Mashed Potatoes Sour Cream &
Chives

Red Potato Wedges

Shredded Hash Browns

Southwest Style Hash Browns

FRESH

CHEESE NATURAL

• Chunks

Amish Country

Halfmoon Cheese – Colby
Jack, Colby Longhorn, or Old-
Fashioned Swiss

Havarti Cream Cheese

Cabot Vermont

Cheddar Cheese – Extra Sharp,
Extra Sharp White, or Habanero
Pepper

Pepper Jack Cheese

Reduced Fat Cheese – Cheddar
or Sharp Cheddar

Seriously Sharp Cheddar

Frigo

Romano Cheese Wedge

Kraft

Colby & Monterey Jack

Cracker Barrel Sharp Cheese –
New York Aged White Cheddar
or Sharp Cheddar

Extra Sharp Cheddar

Marbled Mild White Cheddar

Mild Cheddar

Monterey Jack Jalapeño Pepper

Sharp Cheddar

Shredded Parmesan/Romano/
Asiago Cheeses

Polly-O

Mozzarella Cheese – Whole Milk
or Part Skim

• Chunks (Cont'd)

Publix

Asiago Cheese Wedge

Colby Jack

Garden Jack

Grated Parmesan

Halfmoon Colby

Horseradish Jack

Medium Cheddar

Mild Cheddar

Monterey Jack

Monterey Jack Jalapeño Pepper

Mozzarella

Muenster

New York Extra Sharp Cheddar

New York Extra Sharp White
Cheddar

Parmesan Cheese Wedge

Salsa Jack

Sharp Cheddar

Shaved Parmesan

Shredded Parmesan

Swiss

Sorrento

Fresh Mozzarella

Part Skim Mozzarella

Whole Milk Mozzarella

• Shredded

Kraft

2% Milk Cheese – Cheddar or
Mexican

Four Cheese Mexican Blend

Mild Cheddar

Sharp Cheddar

Publix

Colby Jack

Fancy Sharp Cheddar

Four Cheese Mexican Blend

Mild Cheddar

Monterey Jack & Cheddar

Mozzarella

Part Skim Mozzarella

Sharp Cheddar

Six Cheese Italian Blend

Sargento

Authentic Mexican

- **Shredded (Cont'd)**

Sargento

Chef Style Mozzarella Cheese – Classic or Part Skim
Four Cheese Mexican Blend
Mild Cheddar
Parmesan
Parmesan & Romano
Reduced Fat Four Cheese Blend – Italian or Mexican
Sharp Cheddar
Six Cheese Italian Blend
Swiss
Whole Milk Mozzarella

- **Sliced**

Great Lakes

Natural Unsmoked Provolone

Kraft

Cracker Barrel Natural Cheese – Emmentaler, Havarti, or Sharp Cheddar
Deli Fresh 2% Milk Reduced Fat Cheese – Sharp Cheddar or Swiss
Deli Fresh Natural Colby Jack

Publix

Medium Cheddar
Monterey Jack Cheese with Jalapeño Peppers
Muenster
Natural Cheese – Mild Cheddar, Mozzarella, Muenster, Provolone, Sharp Cheddar, or Swiss
Provolone
Swiss

Sargento

Deli Style Cheese – Aged Swiss, Baby Swiss, Gouda, Medium Cheddar, Mozzarella, Muenster, Pepper Jack, Provolone, Reduced Fat Provolone, Reduced Fat Swiss, or Swiss

CHEESE PROCESSED

- **Cheese Cups**

Kaukuana

Cheddar – Extra Sharp, Port Wine, or Sharp
Swiss & Almond

- **Dips / Spreads**

Alouette

Spread – Classique Light Garlic & Herb or Sun-Dried Tomato

Price's

Spread – Pimiento or Light Pimiento

Publix

Pimiento Spread

Rondele

Spread – Garden Vegetable, Garlic & Herb, or Light Garlic & Herb

- **Singles**

American Heritage

Imitation Cheese Food

Bordens

White American
Yellow American

Horizon

Organic American Cheese

Kraft

2% Milk Reduced Fat Cheese – American, Monterey Jack with Pepper, or Sharp Cheddar American
Deli Deluxe Cheese – 2% Milk Reduced Fat American, American, or Sharp Cheddar
Extra Thick Velveeta
Fat Free Cheese – American, Sharp Cheddar, or Swiss
Select American
Swiss
Velveeta
White American

Publix

American
Deluxe American
Extra Thick American
Swiss

Smart Beat

American Sandwich
Fat & Lactose Free Sharp Cheddar

- **Snacks**

Kraft

Cheese Cubes – 2% Milk Reduced Fat Cheddar, Cheddar & Monterey Jack, or Colby & Monterey Jack
Cracker Barrel Cheese – 2% Milk Reduced Fat Extra Sharp Cheddar Sticks, Cracker Cut Colby Jack, Cracker Cut Extra Sharp Cheddar, Cracker Cut Vermont Cheddar, or Sharp Cheddar Sticks

Land O'Lakes

Snack'n Cheese To-Go! – Colby Jack or Mild Cheddar

Laughing Cow

Light Mini Babybel
Mini Babybel Gouda

Polly-O

String-Ums String Cheese – Mozzarella or 2% Milk Reduced Fat Mozzarella

Publix

Part Skim Mozzarella String

Sargento

Cheddar Cheese Sticksters
Natural Sunbursts Colby Jack/Mild Cheddar/Monterey Jack
Reduced Fat Colby Jack Sticks
String Cheese – Mozzarella or Light Mozzarella

- **Soft Ripened**

Alouette

Petit Brie

Athenos

Crumbled Feta Cheese – Basil & Tomato, Garlic & Herb, Reduced Fat, Reduced Fat Basil & Tomato, or Traditional
Reduced Fat Feta
Traditional Feta

Publix

Crumbled Cheese – Blue, Feta, Goat, or Gorgonzola
Reduced Fat Cheese – Chunk Feta, Crumbled Blue, Crumbled Feta, or Crumbled Gorgonzola.

• Soft Ripened (Cont'd)**Publix**

Traditional Chunk Feta

Treasure CaveBlue Cheese Crumbles
Blue Cheese Squares
Crumbled Gorgonzola**Vigo**

Feta

COOKED MEATS**Hormel**Fully Cooked Meats – Beef
Roast, Beef Stroganoff, Beef
Tips, Chicken with Gravy, Italian
Beef Roast, Pork Roast, or Turkey
Breast**Chi-Chi's**

Ground Beef

Hunt'sManwich "Sloppy Joe" Ground
Beef with Sauce**Milano's**Chicken Alfredo
Chicken Marsala
Chicken Parmesan**Paula Deen's**Cheese Meatloaf
Chicken & Dumplings**Perdue**Chicken Tenders
Chicken Breast Short Cuts
– Honey Roasted, Italian, or
Southwestern**Publix**Fully Cooked – Beef Meatloaf
with Seasoned Gravy, Beef Tips
with Gravy, Homestyle Beef Pot
Roast, or Marinara Meatballs**Shedd's Country Crock**Cheddar Broccoli Rice
Garlic Mashed Potatoes**Tyson**Grilled Chicken Strips
Seasoned Steak Strips**DELI/MISC SELF-SERVICE
MEATS****• Beef****Healthy Ones**

Presliced Roast Beef

• Cured Meats**Abraham**

Sliced Prosciutto

• Ham**Healthy Ones**

Presliced Honey Turkey Breast

• Poultry**Butterball**Presliced Chicken Breast
Presliced Honey Turkey Breast
Presliced Oven Roasted Turkey
Breast**DELI/PREMIUM SELF-SERVICE
MEATS****• Cured Meats****Boar's Head**Bacon
Bianco D'oro Dry Salami
Italian Dry Sweet Sausage
Mini Genoa Salami
Mini Hot Sopressata
Mini Sopressata
Mini Sweet Sopressata
Pepperoni Pouch
Prosciutto Panino
Ring Bologna
Salami Panino
Stick Pepperoni**• Loaves / Miscellaneous****Boar's Head**Beef Knockwurst
Bratwurst
Fully Cooked Smoked Bacon
Light Beef Franks
Natural Casing Franks – Beef or
Beef & Pork
Skinless Beef Franks**DELI/PUBLIX DELI SALADS****• Meat Salads****Publix**Deli Chicken Tarragon
Deli Egg**• Side Salads****Publix**Deli Baked Potato
Homestyle Red Potato
New York Style Potato
Southern Style Potato**DELI/SELF-SERVICE MEATS****• Beef****Publix**Deli Presliced Bottom Round
Roast Beef**• Cured Meats****Publix**Deli Presliced – Pepperoni,
Reduced Fat Genoa Salami, or
Reduced Fat Hard Salami**• Ham****Publix**Deli Presliced – Cooked, Maple,
Sweet, Tavern, or Virginia**• Poultry****Publix**Deli Presliced – Oven Roasted
Turkey Breast or Smoked Turkey
Breast**DELI/SELF-SERVICE CHEESE****• Miscellaneous****Alpine Lace**Presliced – Muenster or Reduced
Fat Swiss**Kerrygold**

Imported Presliced Swiss

King's Choice

Smoked Gouda Cheese Singles

Land O'LakesCheese Singles – Baby Swiss,
Colby Jack, Havarti, Muenster,
Non-Smoked Provolone, Pepper
Jack, Swiss, Variety Pack, White
American, or Yellow American

- **Miscellaneous (Cont'd)**

- Lorraine**

- Cheese Slices – Original or Reduced Fat

- **Premium**

- Boar's Head**

- Cheese Crumbles – Creamy Blue or Creamy Feta

- **World Cheese Program**

- Alouette**

- Classique Garlic & Herb Spread

- Athenos**

- Traditional Crumbled Feta

- Belgioioso**

- Asiago
 - Bocconcini Mozzarella
 - Fontina
 - Mascarpone
 - Mild Provolone
 - Parmesan

- Boursin**

- Garlic & Herb

- Chavrie**

- Goat

- Coeur De Lion**

- Brie

- Corazon De Ronda**

- Manchego

- Denmark's Finest**

- Creamy Havarti

- Digiorno**

- Fresh Grated Parmesan
 - Shaved Parmesan
 - Shredded Asiago
 - Shredded Parmesan
 - Shredded Romano
 - Three Cheese Shredded Blend

- Dubliner**

- Irish Cheddar

- Emmenthaler Switzerland**

- Emmi Swiss

- Frico**

- Red Wax – Edam or Gouda
 - Smoked Gouda

- **World Cheese Program (Cont'd)**

- Holland Farm**

- Dofino Domestic Gouda

- Ille de France**

- Goat
 - Imported Brie

- Jarlesberg**

- Light Swiss

- Kaukuana**

- Sharp Cheddar Cheese Ball

- Kerrygold**

- Reserve Black Cheddar

- Locatelli**

- Romano – Grated or Pecorino

- Packer Hoop**

- Cheddar Cheese Wedges

- President**

- Fat Free Crumbled Feta

- Rosenborg**

- Crumbled Blue
 - Traditional Danish Blue

- Saga**

- Blue Cheese Wedge

- Stella**

- Crumbled Gorgonzola

DELI/SELF-SERVICE MISCELLANEOUS ITEMS

- **Bread & Rolls**

- Flatout Bread**

- Healthy Grain Multi-Grain
 - Light Garden Spinach
 - Light Italian Herb
 - Light Original
 - Light Sun-Dried Tomato

- Kangaroo**

- Whole Wheat Pocket Bread

- King's**

- Hawaiian Rolls – Honey Wheat or Savory Butter Dinner

- Mama Mary's**

- Pizza Crust – 7" Crispy/Thin, 7" Original, 12" Gourmet, or 12" Thin

- **Bread & Rolls (Cont'd)**

- Tandoori Naan**

- Plain Flatbread

- Toufayan**

- Mediterranean Flatbread – Wheat or White
 - Pita Bread – Oat Bran, Onion, Plain Low Carb, White, White Petittes, Whole Wheat, or Whole Wheat Petittes
 - Snuggles – White or Whole Wheat
 - Wraps – Garlic/Pesto, Tomato/Basil, or Wheat

- **Desserts**

- Real Desserts**

- Sugar Free Strawberry Gelatin

- **Dips / Spreads / Sauces / Misc.**

- Athenos**

- Hummus – Original, Eggplant, Greek Style, Roasted Garlic, Roasted Pepper, or Spicy Three Pepper

- Avomex**

- Wholly Guacamole – Original or Spicy

- Beano's**

- Submarine Dressing

- Boar's Head**

- Deli Dressing
 - Delicatessen Style Mustard
 - Honey Mustard
 - Pub Style Horseradish
 - Sauerkraut
 - Sweet Vidalia Onions in Sauce

- Cedar's**

- Mediterranean Chick Pea Salad

- Chachies**

- Fresh Salsa – Mild, Medium, or Hot
 - Mango with Peach Salsa
 - Santa Barbara Basil Pesto
 - Santa Barbara Bruschetta

- Chinese Kitchen**

- Bourbon Chicken Marinade

- **Dips / Spreads / Sauces / Misc. (Cont'd)**

Luisa's

Mild Fiesta Layer Dip

Publix

All Natural Salsa – Mild or Medium

Deli Artichoke & Spinach Dip

Deli Hummus – Classic, Greek

Kalamata Olive, Jalapeño

Cilantro, or Roasted Red Pepper

Deli Spinach Dip

Hard Boiled Eggs

Sabra

Hummus – Classic, Greek Olive, Luscious Lemon, Roasted Garlic, Roasted Pine Nut, Roasted Red Pepper, or Supremely Spicy

Stefano's

Pepperoni Calzone

Three Dragon

Egg Rolls – Chicken, Pork, or Vegetable

- **Olives / Pickles / Peppers**

Boar's Head

Kosher Dill Pickle Spears

DELI/SNACKS

- **Snacks**

Crunchmaster

Multi-Seed Cracker – Original, Roasted Garlic, Rosemary & Olive Oil, or Sweet Onion

New York Style Brand

Bagel Chips – Everything, Garlic, Plain, or Sea Salt

Garlic Panetini

Garlic Pita Chips

Snack Factory

Pretzel Crisps – Buffalo Wing, Everything, Garlic, or Honey Mustard

Stacy's

Bagel Chips – Everything or Toasted Garlic

Simply Naked Chips – Bagel or Pita

FRESH PASTA

- **Pasta**

Buitoni

Angel Hair

Cheese & Roasted Garlic Tortellini

Cheese Ravioli

Chicken Tortellini

Four Cheese Ravioli

Linguine

Mixed Cheese Tortellini

Three Cheese Tortellini

Whole Wheat Four Cheese Ravioli

Whole Wheat Three Cheese Tortellini

Monterey

Atlantic Lobster Ravioli

Spinach/Ricotta Ravioli

Whole Wheat Basil/Tomato/Mozzarella Ravioli

Whole Wheat Chicken/Sun-Dried Tomato Ravioli

- **Sauces**

Buitoni

Alfredo

Light Alfredo

PACKAGED MEATS

- **Combo's**

Oscar Mayer

Deli Creations – Buffalo Chicken Flatbread, Chicken Bacon Ranch

Flatbread, Ham & Provolone

Focaccia Sandwich, Parmesan Basil Turkey Focaccia Sandwich, or Steakhouse Beef Flatbread

Lunchables – Ham/Cheddar

Cheese/Ritz Crackers, Taco Bell

Nachos & Cheese, or Turkey/

Mozzarella Cheese/Ritz Crackers

- **Fresh Sausages**

Jimmy Dean

Fresh Taste Fast – Maple Flavored Pork Sausage Patties, Original Pork Sausage Links, Original Pork Sausage Patties, Turkey Sausage Links, or Turkey Sausage Patties

- **Fresh Sausages (Cont'd)**

Jimmy Dean

Italian Roll Pork Sausage

Light Roll Pork Sausage

Maple Flavored Sausage – Pork Links or Pork Patties

Maple Roll Pork

Original Pork Sausage – Links or Patties

Sage Roll Pork

Johnsonville

Brown Sugar & Honey Links

Original Breakfast Links

Odom's Tennessee Pride

Cooked Sausage Links

Sausage Roll – Mild or Hot

Publix

Sausage Pork Roll – Hot, Mild, or Sage

- **Hot Dogs**

Ball Park

Angus Beef Franks

Angus Bun Size Beef Franks

Beef Frank Singles

Beef Franks,

Bun Size Beef Franks

Cheese Franks

Fat Free Beef Franks

Fat Free Smoked White Turkey Franks

Grillmaster Beef Franks

Light Franks

Meat Franks

Turkey Franks

Gwaltney

Great Dogs – Chicken or Turkey

Meat Franks

Hebrew National

97% Fat Free Kosher All Beef Franks

Dinner Franks

Kosher All Beef Franks

Reduced Fat Kosher All Beef Franks

- **Hot Dogs (Cont'd)**

Nathan's

Beef Franks
Bigger Than The Bun Beef Franks
Dinner Franks
Natural Casing Beef Franks

Oscar Mayer

98% Fat Free Beef & Chicken
Wieners
Beef & Cheddar Cheese Franks
Beef Franks
Bun Length Franks – Beef or
Turkey
Bun Length Wieners
Cheese Wieners
Deli Style XXL Beef Franks
Jalapeño & Cheddar Cheese
Franks
Light Beef Franks
Meat Wieners
Premium Beef Franks
Premium Wieners

Publix

Jumbo Beef Franks

Sabrett

Beef Franks
Bun Size Beef Franks

- **Lunch Meat**

Buddig

Lean Sliced – Beef, Honey Ham,
Honey Turkey, or Sliced Turkey

Carson

Air Dried Beef

Gwaltney

Great Bolony – Chicken or Thick
Sliced

Healthy Ones

Honey Ham
Honey Roasted Turkey
Oven Roasted Turkey Breast

Hebrew National

Chub Salami

- **Lunch Meat (Cont'd)**

Hillshire Farm

Deli Select 97% Fat Free – Brown
Sugar Baked Ham, Corned Beef,
Honey Ham, Smoked Ham, or
Smoked Turkey Breast
Deli Select 98% Fat Free –
Pastrami or Roast Beef
Deli Select 99% Fat Free Turkey
Breast – Honey Roasted or
Oven Roasted
Deli Select Hearty Sliced Honey
Ham
Deli Select Ultra Thin – Hard
Salami, Honey Ham, Honey
Roasted Turkey Breast, Oven
Roasted Turkey Breast, Pastrami,
Roast Beef, Seasoned Rotisserie
Chicken Breast, or Smoked Ham
Sliced Pepperoni

Hormel

Canadian Style Bacon
Natural Choice – Honey Ham or
Oven Roasted Turkey
Sliced Pepperoni
Sliced Turkey Pepperoni

J.M. Schneider

Sliced Canadian Bacon

Jones Dairy Farm

Braunschweiger – Chub
Liverwurst Sausage, Liverwurst
Sliced with Bacon, or Sandwich
Slices
Fresh & Tender – Canadian
Bacon, Ham Slices, or Hickory
Smoked Ham Steaks

Kahn's

Bavarian Brand Braunschweiger

Land O'Frost

Premium Sliced – Honey Smoked
Turkey Breast, Smoked Ham, or
Turkey Breast

Oscar Mayer

95% Fat Free Turkey – Oven
Roasted White or Smoked White
96% Fat Free Ham – Boiled,
Honey, Smoked, or Smoked
Cooked

- **Lunch Meat (Cont'd)**

Oscar Mayer

98% Fat Free – Bologna or Oven
Roasted Turkey Breast
Beef Bologna
Beef Cotto Salami
Bologna
Braunschweiger Chub Liverwurst
Sausage
Chopped Smoked Ham
Cotto Salami
Deli Fresh Shaved – Barbecue
Chicken Breast, Brown Sugar
Ham, Honey Ham, Honey
Smoked Turkey Breast, Mesquite
Turkey Breast, Oven Roasted
Turkey Breast, Roast Beef,
Rotisserie Style Chicken Breast,
Smoked Ham, Smoked Turkey
Breast, or Virginia Ham
Deli Style – 97% Fat Free
Brown Sugar Ham, Honey Ham,
Honey Smoked Turkey Breast,
Mesquite Smoked Turkey Breast,
Oven Roasted Turkey Breast,
Pepperoni, Smoked Ham, or
Smoked Turkey Breast
Grilled Chicken Breast Strips
Hard Salami
Honey Ham
Honey Roasted Chicken Breast
Cuts
Honey Smoked White Turkey
Italian Chicken Breast Strips
Light Beef Bologna
Liver Cheese
Meat Bologna
Olive Loaf
Oven Roasted – Chicken Breast
Cuts, Turkey Breast, or White
Chicken
Pickle & Pimento Loaf
Ready-To-Serve Canadian Bacon
Smoked Ham
Smoked Turkey Breast
Southwestern Chicken Breast
Strips
Sub Sandwich Kit Ham & Turkey
Thick Cut Beef Bologna

- **Lunch Meat (Cont'd)**

- Oscar Mayer**

- Turkey Bologna
 - Turkey Cotto Salami
 - Turkey Ham

- Plumrose**

- Sliced Baked Ham
 - Sliced Baked Honey Ham
 - Sliced Ham

- Publix**

- Extra Thin Sliced – Cooked Ham, Honey Ham, Roasted Turkey Breast, Smoked Turkey Breast, or Smoked Honey Turkey Breast
 - Sliced – Cooked Ham, Honey Ham, Roasted Turkey Breast, or Smoked Turkey Breast
 - Thin Sliced – Cooked Ham, Honey Ham, Roasted Turkey Breast, or Smoked Honey Turkey Breast

- Taylor**

- Sliced Pork Roll – Thick or Thin

PREPARED SEAFOOD

- **Kabobs**

- Marder**

- Large Shrimp Platters

- **Shrimp Rings**

- Aquastar**

- Shrimp Platter – Small, Medium, or Large

PRODUCE/ACCESSORIES

- **Dips**

- La Mexicana**

- Salsa – Mild, Medium, Hot, or Roasted Garlic

- Margaritaville**

- Artichoke/Jalapeño/Garlic
 - Con Queso
 - Mango Salsa & Cream Cheese

- Marie's Dips**

- Homestyle Ranch
 - Light Buttermilk Ranch
 - Roasted French Onion

- **Dips (Cont'd)**

- T. Marzetti's**

- Blue Cheese
 - Dill
 - Fat Free Ranch
 - Garden Veggie Hummus Dip/Spread
 - Light Ranch
 - Ranch
 - Roasted Red Pepper Veggie Hummus Dip/Spread
 - Southwestern Ranch
 - Spinach

- Yucatan**

- Authentic Guacamole
 - Avocado Hummus
 - Mild Guacamole

- **Dressings**

- Bolthouse Farms**

- Yogurt Dressing – Caesar
 - Parmigiano, Chunky Blue Cheese, Classic Ranch, or Creamy Italian

- Makato's**

- Ginger

- Marie's**

- Balsamic Vinaigrette
 - Blue Cheese Italian Vinaigrette
 - Blue Cheese with Bacon
 - Caprese
 - Chipotle Ranch
 - Chunky Blue Cheese
 - Chunky Feta Cheese
 - Creamy Caesar
 - Creamy Italian & Garlic
 - Creamy Ranch
 - Creamy Yogurt & Blue Cheese
 - Creamy Yogurt & Feta Cheese
 - Creamy Yogurt & Ranch
 - Fat Free Italian Vinaigrette
 - Greek Vinaigrette
 - Parmesan Ranch
 - Super Blue Cheese
 - Thousand Island

- Marjon**

- Café Athens
 - Café Geneva

- **Dressings (Cont'd)**

- Naturally Fresh**

- Blue Cheese
 - Classic Balsamic Vinaigrette
 - Classic Caesar
 - Classic Ranch
 - Ginger
 - Honey Mustard
 - Light Blue Cheese
 - Light Peppercorn Ranch
 - Light Ranch

- T. Marzetti's**

- Asian Ginger
 - Buttermilk Ranch
 - Chunky Blue Cheese
 - Gorgonzola
 - Light Berry Balsamic
 - Light Classic Ranch
 - Light Supreme Caesar
 - Supreme Caesar

- Walden Farms**

- Sugar/Calorie Free – Balsamic Vinaigrette, Blue Cheese, Honey Dijon, or Ranch

- **Dried Spice**

- Spiceworld**

- Green Pesto

- Wiley**

- Corn Boil Seasoning

- **Glazes**

- T. Marzetti**

- Sugar Free Strawberry

- **Miscellaneous**

- California Sun**

- Dry Foods Tomatoes – Garlic, Halves, Halves with Oil, Julienne, Julienne with Oil, Pesto, Smoked, or Spread

- ET TU**

- Caesar Vinaigrette Box
 - Salad Kit – Caesar, Italian, Light Italian, or Spinach

- Harvest**

- Wonton Strips – Garlic Ginger, Salt & Vinegar, or Spicy Kung Pao

PRODUCE/JUICE

• Juice Drink

Sunny Delight

Tangy Style Citrus Punch

Tropicana

Light Lemonade

PRODUCE/ORGANIC

• Organic Packaged Salads

Earthbound Farm

Organic Baby Greens Spring Mix

Organic Baby Spinach Salad

Publix GreenWise Market

Organic Baby Arugula

Organic Baby Spinach Blend

Organic Baby Spinach Salad

Organic Baby Lettuce

Organic Fresh Herb Salad

Organic Romaine Hearts

Organic Spinach

• Organic Snacks

Publix GreenWise Market

Dry Roasted Cashew Nuts

Dry Roasted Pistachio Nuts

Raw Almonds

Raw Cashew Nuts

Raw Walnuts

Reduced Sodium Sunflower Seeds

• Organic Soy / Vegetarian

Lightlife

Organic 3-Grain Tempeh

Nasoya

Organic Tofu – Extra Firm, Soft, or Super Firm Cubed

PRODUCE/PACKAGE SALADS

• Packaged Salads

Fresh Attitude

Arugula

Baby Spinach

Spring Mix

Fresh Express

3-Color Deli Cole Slaw

American Salad Blend

Angel Hair Cole Slaw

• Packaged Salads (Cont'd)

Fresh Express

Baby Spinach

Baby Spinach & Spring Mix

Baby Spring Mix Salad Blend

Caesar Salad Kit

Caesar Supreme Salad Kit

Fancy Greens Salad Blend

Green & Crisp Iceberg/Romaine

Iceberg Garden

Italian Salad Blend

Lettuce Shreds

Light Caesar Kit

Premium Romaine

Riviera Salad Blend

Salad Blend – Sweet Butter or

Veggie Lovers

Salsa Ensalada Supreme

Spinach

Publix

American Salad Blend

Baby Spinach

Caesar Salad Kit

Classic

Cole Slaw

European

Fresh & Tender Spinach

Garden Supreme

Italian Salad Blend

Romaine Hearts

Spring Mix

• Condiments / Ingredients

Sargento

Salad Finishers – Bistro Chicken, Chicken Caesar, or Classic Chef

PRODUCE/SALAD VEGETABLES

• Fresh Herbs

Gourmet Tubes

Basil Herb Blend

Chili Pepper Spice Blend

Cilantro Herb Blend

Dill Herb Blend

Garlic Blend

Ginger Spice Blend

Italian Seasoning Blend

• Fresh Herbs (Cont'd)

Gourmet Tubes

Lemon Grass Herb Blend

Parsley Herb Blend

PRODUCE/SNACKS

• Dried Fruit

Medjool

Jumbo Dates

• Nuts & Seeds

Ann's House

Kernel Pistachios

Mixed Fancy Mixed Nuts

David

Jumbo Sunflower Seeds

Pumpkin Seeds in Shell

Sunflower Seeds in Shell – Regular, Barbecue, or Reduced Sodium

Diamond

Walnuts – Chopped or Shelled

Hampton Farms

Peanuts – Blanched Raw, Jumbo Roasted, Jumbo Salted, or Shelled Raw Redskin

Hoody's

Cocktail Snack Mix

Gourmet Peanuts

Naturally Fresh

Salad Toppers – Fruit & Nut Mix, Roasted Glazed Pecan, or Roasted Pecan & Almonds

Publix

Peanuts – Jumbo Raw, Roasted & Salted, or Roasted Plain

South Georgia Pecan Co.

Shelled Pecan Halves

Sunkist

Almonds – Blanched Whole, Sliced, or Whole

• Variety Snacks

Jolly Time

Popcorn – White or Yellow

Publix

Dried Veggie Chips

- **Variety Snacks (Cont'd)**

Publix

Dried Wasabi Peas
Honey Roasted Soy Nuts
Roasted & Salted Sunflower Seeds
Spicy Asian Mix
Spicy Trail Mix

Publix GreenWise Market

Natural Pine Nuts
Natural Whole Flax Seed
Raw Shelled Sunflower Seeds
Roasted & Salted Natural Pumpkin Seeds
Sesame Sticks with Oat Bran

PRODUCE/VEGETABLES

- **Soy / Vegetarian**

Franklin Farms

Portabella Burgers

Galaxy

Parmesan Veggie Topping
Veggie Burger
Veggie Cheddar Cheese Block
Veggie Slices – American, Cheddar, Cheddar & Jalapeño, Mozzarella, Pepper Jack, Provolone, or Swiss

Lightlife

Smart Ground
Smart Meatless Dogs
Smart Sausage

Marjon

Shelled Edamame

Nasoya

Light Silken Tofu

Shirataki

Tofu Noodles

Tofurkey

Deli-Oven Roasted
Kielbasa
Sweet Italian Sausage

Turtle Island Foods

Marinated Tempeh Strips – Coconut Curry or Sesame Garlic

- **Soy / Vegetarian (Cont'd)**

Yves

Veggie Patch Chicken Nuggets

- **Variety Vegetables**

Marjon

Polenta

SMOKED AND CURED MEATS

- **Bacon**

Butterball

Smoked Cured Turkey

Gwaltney

40% Less Fat Cured Virginia Bacon
Beef

Hormel

Black Label Bacon – Center Cut, Low Salt, Maple Flavored, Original, or Thick Sliced
Fully Cooked
Microwave Ready

Jennie-O

Turkey

Jimmy Dean

Hickory Smoked
Thick Sliced Maple Flavored

Oscar Mayer

Center Cut
Lower Sodium
Maple Flavored
Original
Ready-To-Serve
Thick – Ready-To-Serve, Sliced, or Sliced Center Cut
Turkey

Publix

Naturally Hickory Smoked – Regular, Center Cut, Lower Sodium, Thick Sliced, or Thick Sliced Lower Sodium
Pre-Cooked

Smithfield

Naturally Hickory Smoked – Regular or Thick Sliced

Sunnyland

Hotel Brand Lower Sodium

- **Bacon (Cont'd)**

Wright Brand

Hickory Smoked

- **Dinner Sausage**

Aidells

Chicken & Apple Sausage
Italian Style Meatballs
Smoked Sausage – Cajun
Andouille or Sun-Dried Tomato

Al Fresco

Sweet Italian Chicken Sausage

Butterball

Smoked Turkey Sausage

Eckrich

Original Smoked Sausage
Polska Kielbasa
Smoked Beef Sausage

Gaspar

Chourico
Linguica

Hillshire Farm

Beef Polska Kielbasa
Cheddarwurst Sausage
Hot Smoked Sausage
Light Smoked Sausage
Little Beef Smokies
Little Smokies
Polska Kielbasa
Polska Kielbasa Links
Smoked Beef Sausage
Smoked Sausage
Turkey Polska Kielbasa

Johnsonville

Beddar Cheddar Sausage
Beer Bratwurst
New Orleans Smoked Sausage
Bratwurst
Smoked Bratwurst
Stadium Style Bratwurst

Oscar Mayer

Smoked Turkey Sausage
Turkey Polska Kielbasa

Shumakes

Southern Style Hot Sausage

- **Dinner Sausage (Cont'd)**

- Smithfield**

- Naturally Hickory Smoked – Polska Kielbasa or Sausage

- **Specialty**

- Bridgford**

- Beef Summer Sausage
 - Bertolino Pepperoni Slicing Sticks
 - Dry Salami
 - Italian Salami
 - Sliced Pepperoni
 - Sliced Turkey Pepperoni
 - Teriyaki Beef Jerky

- Hebrew National**

- Sauerkraut

- Odom's Tennessee Pride**

- Sausage Gravy

SPECIALTY ITEMS

- **Potatoes**

- Diner's Choice**

- Mashed Potatoes – Regular, Country, Garlic, or Sour Cream & Chives

FROZEN FOODS

BREADS

- **Bagels**

- Lender's**

- New York Style – Plain or Onion
 - Original Recipe Onion

- Ray's New York**

- Bagels – Everything, Plain, Plain Bialy, or Sesame

- **Bread**

- Alexia**

- All Natural Artisans Breads – Buttermilk Biscuits, Classic French Rolls, or Italian Ciabatta Rolls with Rosemary & Olive Oil

- Bridgford**

- Bread Dough
 - Parkerhouse Rolls

- **Bread (Cont'd)**

- Pillsbury**

- Oven Baked Biscuits – Butter Tastin', Buttermilk, Cheddar Garlic, Flaky, or Southern Style

- Publix**

- Biscuits – Buttermilk

- Sister Schubert's**

- Dinner Rolls

- **Garlic**

- Alexia**

- All Natural Artisans Bread – Garlic French Baguette

- Cole's**

- Bread – Garlic Butter Flavored, Garlic Mini Loaf, or Zesty Italian Breadsticks, Garlic Toast Slices, Garlic Toast Garlic Slices, with Cheese Cheese Sticks, Mozzarella

- Le Petite Francais**

- Baguette – Original, Original Mini, or Fat Free Whole Wheat

- Mamma Bella**

- Garlic Homestyle Bread

- N.Y.**

- Garlic Sticks
 - Texas Toast – Five Cheese, Garlic, Garlic Lite, or Garlic with Cheese

- New York Pizzeria**

- Dip'n Sticks – Original or Garlic & Parmesan

- Pepperidge Farm**

- Bread Seasoned with Garlic & Parsley
 - Cheese Bread, Five Cheese & Garlic
 - Texas Toast – Five Cheese, Garlic, Mozzarella & Monterrey Jack, Parmesan, or Roasted Garlic

- Publix**

- 3 Cheese Toast
 - Frozen Garlic Bread
 - Garlic Texas Toast

BREAKFAST

- **Breakfast**

- Aunt Jemima**

- Scambled Eggs – Bacon and Hash Browns or Sausage

- Jimmy Dean**

- D-Lites – Croissant/Turkey Sausage/Egg/Cheese Sandwich, Muffin/Bacon/Egg/Cheese Sandwich, Muffin/Turkey Sausage/Egg/Cheese Sandwich, or Turkey Sausage/Egg/Potato/Cheese Breakfast Bowl
 - Muffins – Meal-Size Bacon, Egg & Cheese or Sausage, Egg & Cheese
 - Omelets – Ham & Cheese, Sausage & Cheese, or Three Cheese
 - Sausage & Biscuits
 - Sausage Breakfast Bowl
 - Sausage Skillet

- Kim & Scott's**

- Stuffed Gourmet Soft Pretzels – Cream Cheese, Egg & Cheese, or Grilled Cheese

- Odom's Tennessee Pride**

- Sausage & Biscuits
 - Sausage & Buttermilk Biscuits

- Rudy's Farm**

- Sausage Biscuits

- Smucker's**

- Uncrustables Grilled Cheese Soft Bread Sandwiches

- **Waffles**

- Kashi**

- Go Lean Waffles – Regular or Blueberry

- Kellogg's**

- Eggo Waffles – Buttermilk, Homestyle, Homestyle Minis, Homestyle Lego Shaped, Limited Edition, Multi-Grain, or Low Fat Multi-Grain

- Publix**

- Waffles – Buttermilk, Homestyle, or Multigrain

CREAMER AND TOPPINGS

• Creamers

Rich's

Coffee Creamer

• Toppings

Cool Whip

Toppings – Chocolate, Extra Creamy, Free, Lite, Regular, or Sugar Free

Publix

Whipped Toppings – Original, Light, or Fat Free

DESSERT

• Shells

Athens

Fillo Dough – Regular or Mini Shells

Marie Callender's

Deep Dish Pie Shells

Mrs. Smith's

Deep Dish Pastry Pie

Pepperidge Farm

Puff Pastry Bake & Fill
Puff Pastry Sheets

Pillsbury

Pet-Ritz Pie Crusts – Regular or Deep Dish

Publix

Frozen Pie

DINNERS AND ENTREES

• Chinese

Chung's Gourmet

Mini Chicken Egg Rolls

Kahiki

Easycrisps Egg Rolls – Chicken, Pork & Shrimp, or Vegetables

• Entrees

Banquet

Banquet Meal – Chicken Nugget, Fried Chicken, Meat Loaf, Salisbury Steak, Swedish Meatballs, or Turkey

• Entrees (Cont'd)

Michael Angelo's

Italian Cuisine Chicken Alfredo With Fettuccine
Vegetable Lasagna

Michelina's

Authentico – Fettuccine Alfredo, Fettuccine Alfredo With Chicken & Broccoli, or Penne With Chicken
Salisbury Steak & Gravy With Mashed Potatoes

• Family

El Monterey

Cheese Enchiladas

Marie Callender's

Chicken Pot Pies

Michael Angelo's

Chicken Alfredo with Fettuccine
Eggplant Parmesan With Tomato Sauce & Mozzarella

On•Cor

Salisbury Steak & Gravy
Traditional Turkey & Gravy

Publix

Meat Lasagna

Stouffer's

Easy Express Rigatoni with Chicken
Family Size Meals – Chicken Alfredo, Chicken Enchiladas & Rice, Chicken Lasagna, Escaloped Chicken & Noodles, or Macaroni & Cheese
Party Size Macaroni & Cheese

Totino's

Pepperoni Pizza Rolls

White Castle

Cheeseburgers

• Healthy Dinners

Healthy Choice

All Natural – Portabella Marsala Pasta, Portabella Spinach Parmesan, or Pumpkin Squash Ravioli

• Healthy Dinners (Cont'd)

Healthy Choice

Cafe Steamers – Beef Merlot, Chicken Tuscany, Grilled Basil Chicken, Grilled White Chicken, or Roasted Chicken Chardonnay
Familiar Favorites, Chicken Fettucini Alfredo
Simple Selections – Cheesy Chicken & Rice or Salisbury Steak & Red Skin Mashed Potatoes

Kashi

All Natural – Chicken Florentine, Pesto Pasta Primavera, or Southwest Style Chicken

Stouffer's Lean Cuisine

Brick Oven Roasted Garlic Chicken Pizza
Cafe Classics – Chicken Carbonara, Chicken Marsala, Chicken with Basil Cream Sauce, Roasted Garlic Chicken, or Steak Tips Portabello
Casual Eating, Deep Dish Spinach & Mushroom Pizza
Comfort Classics – Baked Lemon Pepper Fish, Beef Pot Roast, Meatloaf with Gravy & Whipped Potatoes, Roasted Turkey & Vegetables, or Salisbury Steak with Mac & Cheese
Dinnertime Selects – Chicken Fettucini with Broccoli or Lemon Garlic Shrimp
One Dish Favorites – Chicken Chow Mein, Linguine Carbonara, Roasted Chicken with Lemon Pepper Fettucini, or Swedish Meatballs
Spa Cuisine Classics, Salmon with Basil & Whole Grain Pasta

Weight Watcher's

Morning Express – Breakfast Quesadilla, English Muffin Sandwich, English Muffin with Canadian Bacon Sandwich, or Stuffed Breakfast Sandwich

- **Healthy Dinners (Cont'd)**

- Weight Watchers**

- Smart Ones – Chicken & Cheese Quesadilla, Chicken Enchilada, Chicken Marsala, Fettucini Alfredo, Fiesta Quesadilla, Rigatoni with Broccoli & Chicken, Salisbury Steak, Sirloin Beef & Vegetables in Teriyaki Sauce, or Three Cheese Ziti Marinara
 - Smart Ones Bistro Selections – Beef Pot Roast, Chicken Enchilada Monterey, Chicken Fettucini, Meatloaf, Salisbury Steak, or Slow Roasted Turkey Breast

- **Hispanic**

- Goya**

- Fried Plantains (Tostones)
 - Frozen Recaito
 - Frozen Sofrito
 - Ham Croquettes
 - Tamales

- Publix**

- Yuca

- **Kosher**

- Golden**

- Potato Pancakes

- **Meatless**

- Boca**

- Meatless Burgers – All American Flame Grilled, Crumbles, Original Chick'n Patties, or Original Vegan
 - Veggie Patties, Mozzarella & Mushroom

- Gardenburger**

- Original Low Fat
 - Veggie Patties, Fat Free
 - Vegetable Medley

- Morningstar Farms**

- Meal Starters – Veggie Chick'n Strips or Veggie Steak Strips
 - Original Chicken Tenders
 - Veggie Breakfast – Bacon Strips, Sausage Links, or Sausage Patties
 - Veggie Burgers – Grillers Prime, Spicy Black Bean, or Tomato/Basil Pizza
 - Veggie Chick'n Nuggets

- **Meatless (Cont'd)**

- Morningstar Farms**

- Veggie Grillers – Original Burgers or Recipe Crumbles
 - Veggie Patties – Asian, Breaded
 - Parmesan Ranch Chicken, Buffalo Wings, Chicken, or Garden

- Publix GreenWise Market**

- Burger Veggie Gardenstyle
 - Chicken Veggie Patty
 - Crumbles Soy Veggie Burger
 - Sausage Veggie Patties

- Quorn**

- Chik'n Nuggets Meatless & Soy-Free

- **Mexican**

- El Monterey**

- Burritos – Bean & Cheese or Beef & Bean
 - Cruncheros Taquitos – Chicken & Cheese, Southwest Chicken, or Taco Beef & Cheese
 - Mexican Beef Bean Chimichanga
 - Tornados – Ranchero Beef & Cheese or Southwest Chicken

- Jose Ole**

- Burrito – Beef or Chicken
 - Chimichanga
 - Taquitos – Corn Chicken, Flour Beef & Cheese, or Flour Chicken & Cheese

- Patio**

- Burrito – Beef & Bean, Beef & Bean Burrito with Red Chili, or Chicken

- **Organic**

- Amy's**

- Mexican Casserole Bowls, Gluten-Free
 - Organic Burrito – Beans & Cheddar Cheese, Black Bean, or Non Dairy Beans & Rice
 - Organic Enchilada – Black Bean Vegetable or Cheese

- Food For Life**

- 7 Sprouted Grains Bread
 - Ezekiel 4:9 Sesame Bread
 - Ezekiel 4:9 Sprouted Grain Bread, Certified Organic

- **Pasta**

- Celentano**

- Cavatelli
 - Cheese Ravioli
 - Cheese Tortellini
 - Large Beef Ravioli
 - Manicotti
 - Mini Round Cheese Ravioli
 - Stuffed Shells

- Mary Hill's**

- Dumplings

- Mona's**

- Cheese Tortellini

- Mrs. Taylor's**

- Chicken Dumplings

- Reames**

- Egg Noodles

- Rosetta**

- Stuffed Shells

- Rosetto**

- Beef Ravioli
 - Small Round Ravioli

- Publix**

- Italian Style Hearty Beef Ravioli
 - Three Cheese Filling Ravioli
 - Cheese

- **Pot Pies**

- Banquet**

- Chicken
 - Turkey Meat

- Marie Callender's**

- Pot Pie – Beef or Chicken

- **Premium Dinners**

- Boston Market**

- Homestyle Meals – Beef Sirloin & Noodles with Mushroom Gravy or Turkey Breast Medallions with Mashed Potatoes & Gravy

- Marie Callender's**

- Complete Dinner – Country Fried Chicken & Gravy, Country Fried Pork Chop, Herb Roasted Chicken, or Salisbury Steak & Gravy
 - Creamy Chicken & Shrimp
 - Parmesan

- **Premium Dinners (Cont'd)**

- **Marie Callender's**

- Pasta al Dente – Creamy Basil Chicken, Fettucini Balsamic Chicken, or Penne Garlic Chicken
 - Shrimp Scampi

- **Stouffer's**

- Homestyle Selects Roasted Turkey Breast

- **Prepackaged Breaded Sticks/Fillets**

- **Gorton's**

- Batter Dipped Fish Portions
 - Crunchy Breaded Stick
 - Crunchy Fish Tenders
 - Fish Fillets – Beer Battered, Crispy Dipped Batter, Crispy Battered, Crunchy Breaded, Crunchy Breaded Garlic & Herb, Potato Crunch, or Southern Fried
 - Premium Tilapia Sticks

- **Mrs. Paul's**

- Battered Haddock Fillets
 - Fish Fillets – Beer Battered or Crispy & Crunchy
 - Fish Sticks – Crispy & Healthy or Crunchy
 - Light Flounder Fillets

- **Publix**

- Breaded Fish Fillets
 - Breaded Fish Sticks

- **Prepackaged Clear Fillets**

- **Gorton's**

- Grilled Salmon – Classic, Fillets with Lemon Butter, or Premium
 - Grilled Tilapia with Roasted Garlic & Butter

- **Oven Poppers**

- Stuffed Flounder with Garlic
 - Stuffed Salmon with Spinach & Cheese
 - Stuffed Sole with Crab
 - Stuffed Tilapia in Lemon/Garlic/Butter Sauce

- **SeaPak Shrimp Co.**

- Maryland Style Crab Cakes
 - Salmon in Herb Butter Sauce
 - Tilapia in Artichoke Pesto Sauce

- **Prepackaged Clear Fillets (Cont'd)**

- **SeaPak Shrimp Co.**

- Wild Alaskan Salmon Burgers

- **Starkist**

- Seasations Fish Fillets – Mediterranean Tomato & Basil Sauce, Savory Lemon Herb Sauce, or Thai Sauce with Basil

- **Prepackaged Shell Fish**

- **Contessa**

- Shrimp – Cooked with Tails-on, Jumbo Cooked Select Harvest, On the Bar-B, Scampi, or Whiskey Jack

- **Gorton's**

- Grilled Shrimp – Classic or Scampi
 - Shrimp Temptations – Butterfly Jumbo, Lemon Butter, or Scampi

- **Mrs. Paul's**

- Select Cuts Fried Clams

- **Publix**

- Breaded Shrimp – Jumbo Butterfly or Popcorn

- **SeaPak Shrimp Co.**

- Shrimp – Alfredo, Breaded Butterfly, Breaded Popcorn, Popcorn, Scampi, or Tossers
 - Oven-Crunchy Tails-off
 - Tilapia Tenders

- **Singleton**

- Shrimp – Breaded Butterfly, Cooked Salad, or Large Cooked Cocktail

- **Regular Dinners**

- **Amy's Kitchen**

- California Veggie Burger
 - Especial Burrito
 - Southwest Burrito
 - Texas Veggie Burger, Bacon Flavored

- **Banquet**

- Macaroni Cheese
 - Meatball Spaghetti
 - Select Recipes – Chicken Parmesan, Enchiladas, or Homestyle Pot Roast

- **Regular Dinners (Cont'd)**

- **Boston Market**

- Homestyle Meals, Potatoes Au Gratin

- **Marie Callender's**

- One-Dish Classics, Chunky Chicken & Noodles

- **Michael Angelo's**

- Shrimp Scampi with Pasta

- **Michelina's**

- Lean Gourmet – Buffalo-Style Chicken Snacks, Enchilada Bake, or Flatbread Chicken Club

- **Skyline**

- Original Recipe Chili

- **Stouffer's**

- Baked Chicken Breast
 - Beef Pot Roast
 - Corner Bistro – Chicken/Broccoli/Cheddar Stromboli, Chicken Alfredo Flatbread Melt, Italian-Style Supreme Stromboli, Pepperoni & Provolone Stromboli, or Steak/Mushroom/Cheddar Flatbread Melt
 - Creamy Cheddar Welsh Rarebit
 - Fried Chicken Breast
 - Homestyle Classics Tuna Noodle Casserole
 - Homestyle Macaroni & Cheese
 - Rigatoni with Roasted Chicken in Pesto Sauce
 - Roasted Turkey Breast
 - Salisbury Steak
 - Side Dish – Cheddar Potato Bake, Creamed Spinach, or Spinach Souffle

- **Skillet Meals**

- **Bertolli**

- Complete Skillet Dinner For Two – Chicken Florentine & Farfalle; Chicken, Rigatoni & Broccoli; Mediterranean Steak, Rigatoni & Portabello Mushrooms; Shrimp Scampi & Linguine; Shrimp, Asparagus & Penne; Shrimp & Penne Primavera; or Spinach & Ricotta Cheese Ravioli

- **Skillet Meals (Cont'd)**

- Birds Eye**

- Voila! Shrimp Scampi Meal

- Contessa**

- Restaurant-Quality Jambalaya
Pictsweet Steam'ables Complete Meals – Chicken Pasta Primavera, Chicken Tuscan Penne Pasta, Fiesta Chicken & Rice, Garlic Shrimp Fettucini, Grilled Chicken with Summer Vegetables, or Oriental-Style Chicken & Rice

- **Soup**

- Soup Man**

- Ready-to-Eat Gourmet Soup – Broccoli & Cheese, Chicken Vegetable, Italian Wedding, or Seafood Bisque

FRUITS

- **Fruits**

- Publix**

- Grade A Fancy Rhubarb

ICE CREAM AND NOVELTIES

- **Cream Based Novelties**

- Klondike**

- Slim-A-Bear No Sugar Added Reduced Fat & Calorie Ice Cream Sandwich

- PhillySwirl**

- Cream Stix Sugar Free Vanilla Swirled with Orange, Cherry & Raspberry

- Popsicle**

- Sugar Free Creamsicle

- Publix**

- No Sugar Added Ice Cream – Bars, Sandwiches, or Squares

- **Fudge Based Novelties**

- Breyers**

- Carb Smart Fudge Bar

- Healthy Choice**

- Premium Fudge Bars

- Publix**

- Fudge Pops, No Sugar Added

- **Juice Novelties**

- Edy's**

- No Sugar Added Fruit Bars, Strawberry Tangerine Raspberry

- **Ice Cream – Premium**

- Breyers**

- Ice Cream Carb Smart – Rocky Road or Vanilla

- **Ice Cream – Reduced Fat**

- Breyer's**

- No Sugar Added Light Sugar Ice Cream – Vanilla or French Vanilla

- No Sugar Added Ice Cream, Vanilla-Chocolate-Strawberry

- No Sugar Added Sugar Smart Butter Pecan

- Edy's**

- No Sugar Added Ice Cream – Chocolate Caramel Swirl, Coffee, Mint Chocolate Chip, Neapolitan, Reduced Fat Vanilla, or Vanilla Bean

- No Sugar Added Light Fudge Tracks

- Reduced Fat No Sugar Added Grand Ice Cream – Butter Pecan or Triple Chocolate

- Slow Churned No Sugar Added Vanilla Chocolate Swirl

- Publix**

- Moose Tracks Premium Ice Cream, No Sugar Added

- **Ice Cream – Super Premium**

- Häagen-Dazs**

- Swiss Almond Vanilla

- **Sherbert**

- Publix**

- Orange, No Sugar Added

- **Water Novelties**

- Luigi's**

- Real Italian Ice Variety Pack, No Sugar Added

- Popsicle**

- Sugar Free Ice Pops – Low Calorie Assorted Flavors or Tropical

- **Water Novelties (Cont'd)**

- Publix**

- Sugar Free Junior Pops – Assorted, Cherry, Grape, or Orange

MEAT

- **Breakfast**

- Banquet**

- Brown 'N Serve – Beef Sausage Links, Beef Sausage Patties, Country Recipe Lite Sausage Links, Lite Maple Sausage Links, Maple Sausage Links, Original Lite Sausage Links, Original Sausage Links, or Turkey Sausage Patties

- Habbersett**

- Scrapple

- Jimmy Dean**

- Heat 'N Serve Sausage Links

- Jones Dairy Farm**

- Golden Brown Sausage – Lite Links, Links, Links Bacon, Links Mild, Maple Patties, or Patties Lite Sausage Breakfast Links Little Links Sausage Patties

- Odom's Tennessee Pride**

- Mild Real Country Sausage Patties

- **Dinner Sausages**

- Hebrew National**

- Franks in a Blanket

- Johnsonville**

- Bratwurst
Bratwurst & Beer
Bratwurst Patties
Hot Italian Sausage
Sweet Italian Sausage

- Nathan's**

- 100% All Beef Franks in a Blanket

- **Organic**

- Coleman**

- Natural 1/3 Lb. Burgers

- **Patties**

- **Bubba Burger**

- Angus Burgers
 - Beef Burgers with Sweet Onion
 - Mini Burgers
 - Original Burgers
 - Reduced Fat Beef Burgers

- **Jennie-O**

- Turkey Burgers

- **Philly Gourmet**

- Beef Patties
 - Thick Beef Patties

- **Poultry**

- **Banquet**

- Chicken Breast – Strips or Tenders
 - Chicken Nuggets
 - Chicken Patties

- **Barber Foods**

- Chicken Grillables
 - Stuffed Chicken Breasts – Asparagus & Cheese, Broccoli & Cheese, Cordon Bleu, Kiev, Parmesan, or Scallops & Lobster

- **Fast Classics**

- Flame Roasted Chicken Breasts

- **Fast Fixin'**

- Chicken Breast Nuggets
 - Chicken Fries
 - Popcorn Chicken

- **Jennie-O**

- Ready-to-Cook Turkey Roast

- **Louis Rich**

- Ground Turkey
 - Turkey Breakfast Sausage

- **Perdue**

- Boneless Skinless Chicken Breasts
 - Buffalo Wings
 - Chicken Breast Chunks with Honey Dijon
 - Homestyle Chicken Breast Strips

- **Publix**

- Boneless Skinless Chicken Breast Cutlets

- **Poultry (Cont'd)**

- **Publix**

- Boneless Skinless Chicken Breasts
 - Chicken Breast Tenderloins
 - Chicken Wingettes

- **Tyson**

- Any'Tizers – Buffalo chicken Wings, Buffalo Style Boneless Chicken Wings, Homestyle Chicken Fries, Honey BBQ Boneless Chicken Wings, Mini Chicken Bites, or Ranch Chicken Fries
 - Boneless Skinless Chicken Breasts
 - Buffalo Chicken Strips
 - Chicken Breast – Filets, Patties, Tenderloins, or Tenders
 - Chicken Nuggets
 - Crispy Chicken Strips
 - Fun Shaped Chicken Nuggets
 - Honey Battered Chicken Breast Tenders
 - Honey BBQ Chicken Strips
 - Southern Fried Chicken Nuggets
 - Southern Style Chicken Breast Tenderloin
 - Spicy Chicken Breast Fillets

- **Pre-Packaged Poultry**

- **Armour**

- Meatballs – Beef Spaghetti, Italian, Turkey, or Original Homestyle

- **Celentano**

- Meatballs – Regular, Italian, or Turkey

- **Perdue**

- Grilled Chicken Breast Strips

- **Philly Gourmet**

- Sandwich Steaks

- **Provimi**

- Italian Breaded Veal Patties

- **Steak-umm**

- Sandwich Steaks

- **Tyson**

- Chicken Breast Strips

- **Pre-Packaged Poultry (Cont'd)**

- **Tyson**

- Chicken Breasts Diced
 - Country Fried Beef Steak Patties
 - Fajita Chicken Strips
 - Southwest Chicken Breast Strips

PIZZA AND SNACKS

- **French Bread**

- **Red Baron**

- French Bread Pizza, Cheese & Garlic or Pepperoni

- **Stouffer's**

- Cheese French Bread Pizza

- **Healthy**

- **Amy's Kitchen**

- Amy's Pizza – Mushroom & Olive, Organic Margherita, Pesto, Tomato & Cheese, or Tomatoes & Spinach

- **Kashi**

- All Natural Pizza – Black Bean or Mediterranean
 - All Natural Pizza, Thin Crust – Margherita Tomato/Garlic/Cheese, Mushroom/Spinach, or Roasted Vegetables

- **Publix GreenWise Market**

- Organic Pizza – Margherita, Spinach & Feta, or Vegetable

- **Premium**

- **California Pizza Kitchen**

- Crispy Thin Crust Pizza – Garlic Chicken, Margherita, Sicilian Recipe, or White
 - Flatbread Melts – Chicken & Bacon Club or Chicken Santa Fe
 - Pizza for One, Sicilian Recipe

- **DiGiorno**

- Crispy Flatbread Pizza – Italian Sausage & Onion, Pepperoni & Fire-Roasted Bell Peppers, or Tuscan Style Chicken
 - For One Flatbread Melts – Chicken & Bacon Ranch, Chicken Parmesan, or Steak & Fire-Roasted Vegetables

- **Premium (Cont'd)**

- Publix**

- Premium Pizza Thin & Crispy Crust – Margherita, Spicy Italian, or White

- **Regular**

- Kraft**

- South Beach Diet Harvest Wheat Crust Pizza – Four Cheese, Grilled Chicken & Vegetable, or Pepperoni

- Publix**

- Crispy Crust Supreme Pizza

- Red Baron**

- Pepperoni Deep Dish Pizza Singles

- Tombstone**

- Thin Crust Four Meat Combo

- Totinos**

- Party Pizza Crisp Crust – Cheese, Combination Sausage & Pepperoni, Pepperoni, Sausage, Supreme, The Original Classic Pepperoni, Three Cheese, or Three Meat

- **Sandwiches**

- Hot Pockets**

- Deli Style Ham & Cheese, Stuffed Panini Sandwich – Bruschetta Chicken or Steak & Cheddar

- White Castle**

- Cheeseburgers
Hamburgers

- **Snacks**

- Amy's**

- Cheese Pizza Organic Snacks

- Bagel Bites**

- Cheese & Pepperoni
Cheese/Sausage/Pepperoni
Three Cheese

- Farm Rich**

- Cheese & Chicken with Bacon Sandwich Melt

- Philly**

- Soft Pretzels

- **Snacks (Cont'd)**

- Pillsbury**

- Savorings – Buffalo Style Chicken, Cheese & Spinach, or Mozzarella & Pepperoni

- Publix**

- Breaded Mozzarella Cheese Sticks, Includes Marinara Dipping Sauce

- Pizza Snack Rolls – Cheese, Pepperoni, or Sausage & Pepperoni

- Superpretzel**

- Soft Pretzel

- T.G.I. Friday's**

- Bacon & Cheddar Stuffed Potato Skins
Buffalo Popcorn Chicken
Buffalo Wings
Loaded! – Cheddar & Bacon Potato Skins, Chicken Quesadilla Rolls, or Crispy Buffalo Wings
Mozzarella Buffalo Sticks
Mozzarella Sticks
Quesadilla – Chicken Rolls, Mexican Style Chicken, or Mexican Style Steak
Spinach/Artichoke/Cheese Dip

- Totino's**

- Pizza Rolls – Pepperoni & Cheese, Sausage & Pepperoni, Supreme, or Three Cheese

POTATOES

- **Baked Potatoes**

- Mrs. T's**

- Pierogies – Mini Potato & Cheddar; Potato & 4-Cheese Blend; Potato & Cheddar; Potato & Onion; or Potato, Sour Cream & Chive

- Ore-Ida**

- Steam n' Smash – Roasted Garlic or Russet

- **Hash Browns**

- Cascadian Farms**

- Hash Browns

- **Hash Browns (Cont'd)**

- McKenzie's**

- Hush Puppies

- Ore-Ida**

- Hash Browns – Country Style, Southern Style, or Toaster
Potatoes O'Brien

- Pacific Valley**

- Tater Patties

- Publix**

- Hash Brown Potatoes
Shredded

- **Onions**

- Alexia**

- Onion Rings with Sea Salt

- Ore-Ida**

- Onion Rings

- Publix**

- Chopped Onions

- **Potatoes**

- Alexia**

- All Natural Oven Fries Olive Oil, Rosemary & Garlic
All Natural Sweet Potato Fries
All Natural Waffle Fries
Parmesan / Garlic

- Cascadian Farms**

- Organic French Fries

- Ore-Ida**

- Country Style Steak Fries
Crinkle Cut French Fries
Crispers
Crispy Crowns
Crispy Seasoned Zesties
Extra Crispy Fries – Crinkle Cut French Fries, Crinkle Cut Seasoned, Easy, Fast Food, or Tater Tots
Golden Fries
Golden Twirls
Mini Tater Tots
Original Roasted Potatoes
Roasted Garlic & Parmesan Potatoes
Shoestring Fries
Steak Fries

- **Potatoes (Cont'd)**

- Ore-Ida**

- Tater Tots
 - Tater Tots with Onions
 - Waffle Fries

- Publix**

- French Fried Potatoes – Crinkle Cut, Fast Food, Seasoned, Shoestring, or Straight Cut
 - Steak Fries
 - Tater Bites

SEAFOOD

- **Appetizers**

- Matlaw's**

- Clams Casino
 - Clams Oreganata

- Original Rangoon**

- Bacon Wrapped Scallops
 - Crab Rangoon

- Phillips**

- Crab Cakes
 - Mini Crab Cakes

- Shaw's**

- Grouper Burgers
 - Original Crab Cakes
 - Shrimp Cakes

- Tiger Thai**

- Tempura Shrimp

- **Finfish**

- Publix**

- Cod Loins
 - Flounder Fillets
 - Haddock Loins
 - Halibut Steaks
 - Mahi Fillets
 - Orange Roughy Fillets
 - Snapper Fillets
 - Tuna Steaks

- **Miscellaneous Frozen**

- Bantry Bay**

- Mussels in Garlic Butter
 - Mussels in Tomato & Garlic

- Margaritaville**

- Island Lime Shrimp
 - Sunset Shrimp Scampi

- **Miscellaneous Frozen (Cont'd)**

- Publix**

- Bay Scallops

- **Shrimp**

- Publix**

- Cooked White Shrimp – Medium or Extra Large
 - Peeled & Deveined White Shrimp – Medium, Large, or Jumbo

VEGETABLES

- **Asparagus**

- Birds Eye**

- Asparagus Spears

- Green Giant**

- Simply Steamed Asparagus Cuts

- **Broccoli**

- Birds Eye**

- Baby Broccoli Florets
 - Broccoli Cuts
 - Broccoli Spears
 - Broccoli with Cheese Sauce
 - Farm Fresh Mixtures – Broccoli/Carrots/Water Chestnuts or Broccoli/Cauliflower/Carrots
 - Steamfresh – Baby Broccoli Blend, Broccoli Cuts, Broccoli/Carrots/Cauliflower, Broccoli/Carrots/Sugar Snap Peas/Waterchestnuts, Broccoli/Cauliflower, Chicken-flavored Rice, Garlic Baby Peas and Mushrooms, Long Grain White Rice, Southwestern Style Rice, or Wild Grain Brown Rice
 - Steamfresh Premium Selects – Broccoli Florets or Sugar Snap Peas

- Cascadian Farms**

- Organic Broccoli Florets

- Green Giant**

- Broccoli and 3 Cheese Sauce
 - Broccoli and Zesty Cheese Sauce
 - Broccoli in Butter Sauce
 - Broccoli Spears
 - Broccoli with Cheese Sauce

- **Broccoli (Cont'd)**

- Green Giant**

- Digestive Health Yellow Carrots/ Navy Beans/Spinach in Garlic Sauce
 - Immunity Boost Broccoli/Carrots/Peppers
 - Red Potatoes with Garlic and Herbs
 - Select Just For One Frozen, Broccoli & Carrots in Italian Seasoning or Broccoli & Cheese Vegetables
 - Simply Steamed Seasoned Valley Fresh Steamers, Broccoli & Cheese Sauce
 - Vegetable Pouch – Healthy Vision or Healthy Weight

- Pictsweet**

- Deluxe Broccoli Florets

- Publix**

- Broccoli – Chopped, Cuts, Florets, or Spears
 - Steam in Bag Broccoli Florets

- **Brussel Sprouts**

- Birds Eye**

- Steamfresh Baby Brussel Sprouts

- Green Giant**

- Baby Brussel Sprouts in Butter Sauce

- Pictsweet**

- Deluxe Baby Brussel Sprouts

- Publix**

- Brussel Sprouts

- **Carrots**

- Publix**

- Crinkle Cut Carrots
 - Whole Baby Carrots

- **Cauliflower**

- Birds Eye**

- Steamfresh Cauliflower Seasoned with Garlic

- Green Giant**

- Cauliflower & Cheese Vegetables

- Publix**

- Cauliflower

- **Corn**

- Cascadian Farms**

- Organic Sweet Corn

- Green Giant**

- Extra Sweet Nibblers Corn on the Cob

- Shoepog White Corn in Butter Sauce

- Select Whole Green Beans

- Simply Steam No Sauce Shoepog White Corn

- **Green Beans**

- Birds Eye**

- Cut Green Beans

- French Cut Green Beans

- Green Beans with Lightly Salted Almonds

- Steamfresh – Cut Green Beans or Premium Selects Whole Green Beans

- Cascadian Farms**

- Organic Cut Green Beans

- Organic Edamame

- Green Giant**

- Green Bean Casserole

- Simply Steam No Sauce Green Beans and Almonds

- Pictsweet**

- Deluxe Whole Baby Green Beans

- Publix**

- Cut Green Beans

- French Cut Green Beans

- Steam in Bag Cut Green Beans

- **International**

- Birds Eye**

- Farm Fresh Mixtures – Stir Fry Broccoli or Stir Fry Peppers

- Steam & Serve Vegetables – Balsamic Glazed, Italian Herb Harvest, Lemon Pepper, or Spring Citrus Sauce

- Steamfresh, Season Asian Medley

- Steamfresh Singles – Baby Brussel Sprouts or Sweet Peas

- Green Giant**

- Valley Fresh Steamers, Asian Style Medley

- **International (Cont'd)**

- Publix**

- Vegetable Blends – Alpine, Italian, or Japanese

- **Lima Beans**

- Birds Eye**

- Tender Baby Lima Beans

- Green Giant**

- Baby Lima Beans in Butter Sauce

- Simply Steam No Sauce Baby

- Pictsweet**

- Fordhook Lima Beans

- Publix**

- Baby

- Fordhook

- **Mixed Vegetables**

- Birds Eye**

- Classic

- Steamfresh – Asparagus/Corn/Carrots or Mixed

- Vegetable Mixers, Baby Beans & Carrot Blend

- Cascadian Farms**

- Purely Steam Organic – Broccoli & Carrots with Garlic & Herbs or Garden Vegetable Medley

- Green Giant**

- Simply Steamed Garden Vegetable Medley

- Vegetable Medley in Butter Sauce

- McKenzie's**

- Stew Vegetables

- Pictsweet**

- Deluxe Mixed Vegetables

- Publix**

- Casual & Light Mixed Vegetables Mixed

- Steam in Bag – Regular or California Blend

- Vegetables Blend – California, Del Oro, or Roma

- **Pasta Vegetable Mix**

- Green Giant**

- Create A Meal! Stir Fry – Szechuan or Teriyaki

- Seasoned Vegetables – Broccoli & Carrots with Garlic & Herbs or Garden Vegetable Medley

- Valley Fresh Steamers, Broccoli/Carrots/Cauliflower & Cheese Sauce

- **Peas**

- Birds Eye**

- Baby Sweet Peas

- Steamfresh Sweet Peas

- Sweet Garden Peas

- Cascadian Farms**

- Organic Garden Peas

- Green Giant**

- Simple Steam No Sauce – Baby Sweet Peas, Sugar Snap Peas, or Sweet Peas And Pearl Onions

- La Choy**

- Snow Pea Pods

- Publix**

- Green Peas

- Peas & Carrots

- Petite Peas

- Steam in Bag Petite Green Peas

- **Southern Vegetable**

- Publix**

- Blackeye Peas

- Butter Beans

- Butter Peas

- Cut Okra

- Diced Green Peppers Grade A Fancy

- Chopped Collard

- Chopped Turnip with Diced Turnip

- Field Peas with Snaps

- Sliced Yellow Squash

- Speckled Butter Beans

- Succotash

- Vegetable Gumbo Mix

- Vegetable Soup with Tomatoes

- Whole Baby Okra

- **Southern Vegetable (Cont'd)**

- Today's Harvest**

- Baby Lima Beans
 - Broccoli Florets
 - Field Peas with Snaps

- **Spinach**

- Birds Eye**

- Chopped
 - Creamed

- Cascadian Farms**

- Organic Cut Spinach

- Green Giant**

- Frozen Vegetables – Creamed Spinach, Spinach, or Cut Leaf Spinach in Butter Sauce

- Pictsweet**

- Deluxe Baby Leaf Spinach

- Publix**

- Chopped
 - Cut Leaf
 - Spinach Leaf

- **Veg'n Sauce**

- Birds Eye**

- Deluxe Artichoke Hearts
 - Small Whole Onions

- Green Giant**

- Broccoli Carrot Cauliflower And Cheese Sauce
 - Cheesy Rice & Broccoli
 - Rice Medley
 - Rice Pilaf
 - Roasted Potatoes Garlic & Vegetables

- **Baking Chocolate (Cont'd)**

- Nestle's**

- Baking Cocoa

- **Cake Decorations**

- Betty Crocker**

- Carousel Sprinkles Mix
 - Chocolate Sprinkles Toppings
 - Icing – Black, Blue, Green, Pink, Red, or White
 - Icing, Decorating – Black, Blue, Green, Orange, Pink, Red, White, or Yellow

- Cake Mate**

- Princess Decorating Jar

- **Flour**

- Eagle Mills**

- Unbleached

- General Mills**

- All-Purpose

- General Mills**

- Harvest King Better-4-Bread

- Gold Medal**

- All-Purpose
 - Self-Rising
 - Unbleached

- King Arthur**

- 100% Organic – All-Purpose or Whole Wheat
 - Unbleached
 - White Wheat
 - Whole Wheat

- Pillsbury**

- Bread
 - Plain
 - Self-Rising
 - Unbleached
 - Whole Wheat

- Publix**

- Unbleached All-Purpose

- Swansdown**

- Cake

- **Gelatin**

- Jell-O**

- Sugar Free Gelatin Dessert – Black Cherry, Cherry, Cranberry, Lemon, Lime, Mixed Fruit, Orange, Peach, Raspberry, Strawberry, Strawberry Banana, or Strawberry Kiwi

- Hunt's**

- Sugar Free Cherry Gel Pack Snacks

- Knox**

- Unflavored Gelatin
 - Orange Nail/Gelatin

- Royal**

- Sugar Free Gelatin Dessert – Cherry, Lime, Orange, Raspberry, Strawberry, or Strawberry Banana

- **Meal and Baking Powders**

- Argo**

- Baking Powder
 - Corn Starch

- Arm & Hammer**

- Baking Soda

- Bob's Redmill**

- Meal Flaxseed

- Calumet**

- Baking Powder

- Clabbergirl**

- Baking Powder
 - Corn Starch

- Cream**

- Corn Starch

- House-Autry**

- Onion Hushpuppy Mix
 - Seafood Breader
 - Self-Rising Corn Meal
 - Yellow Corn Meal

- Martha White**

- Hushpuppy Mix
 - Self-Rising Corn Meal Mix Regular, Buttermilk, or White
 - Corn

- Maseca**

- Corn Instant Masa Mix

GROCERY

BAKING PRODUCTS

- **Baking Chocolate**

- Baker's**

- Unsweetened Chocolate

- Hershey's**

- Cocoa
 - Special Dark Chocolate

- **Meal and Baking Powders (Cont'd)**

Publix

Corn Meal Mix – Plain or Self-Rising

Quaker Oats

Yellow Corn Meal

Rumford

Baking Powder
Corn Starch

- **Misc. Desserts**

Dream Whip

Whipped Topping Mix

- **Muffins / Breads**

Betty Crocker

Bisquick Complete Biscuit Mix – Buttermilk or Cheese Garlic

Jiffy

Buttermilk Biscuit Mix

Krusteaz

Bread Mix – Homestyle or Italian Herb

Martha White

Cornbread Mix – Buttermilk or Cotton Country Buttermilk

- **Pancake Mixes**

Aunt Jemima

Whole Wheat Pancake Mix

Bisquick

Baking & Pancake Mix with Buttermilk – Original or Reduced Fat
Heart Smart

General Mills

Fiber One Complete

Krusteaz

Chocolate Chip

- **Pie Crust**

Betty Crocker

Pie Crust Mix

Keebler

Graham Cracker Crumbs

Nabisco

Graham Cracker Crumbs

- **Puddings**

Hunt's

No Sugar Added Pudding Snack Pack – Chocolate or Vanilla

Jell-O

Fat Free, Sugar Free White Chocolate Instant Pudding
Sugar Free Cook & Serve – Chocolate or Vanilla
Sugar Free Instant Pudding – Chocolate or Vanilla
Sugar Free Instant Banana
Sugar Free Instant Pudding & Pie Filling – Butterscotch, Chocolate, Chocolate Fudge, Fat Free Lemon, Pistachio, or Vanilla
Sugar Free Singles – Chocolate or Vanilla

Minute Rice

Tapioca Quick Cooking For Pudding & Pies

Royal

Sugar Free Pudding – Banana Crème, Butterscotch, or Pistachio
Sugar Free Pudding & Pie Filling – Chocolate or Vanilla

- **Sugar Substitutes**

Equal

Packets
Spoonful
Tablets

Natra Taste

Packets

Publix

Aspartame Sweetener

Splenda

Brown
Café Sticks
Fiber Packets
Granular
Mini Tabs
Packets
Sugar Blend

Sweetleaf Sweetener

All Natural Stevia Plus

- **Sugar Substitutes (Cont'd)**

Sweet'n Low

Sugar Substitute Packets

SweetThing

Sugar Substitute Packets

Truvia

Natural Sweetener

- **Syrup**

Cary's

Sugar Free Maple Syrup

Log Cabin

Sugar Free Syrup

Maple Grove Farms

Sugar Free Syrup

Mrs. Butterworth's

Sugar Free Syrup

Smucker's

Sugar Free Breakfast Syrup

BEVERAGES AND ADDITIVES

- **Carbonated Soft Drinks**

7-Up

Diet Cherry Antioxidant Soda
Diet Soda

A&W

Diet Root Beer

Barq's

Diet Root Beer

Canada Dry

Club Soda
Diet Ginger Ale
Diet Tonic Water

Coca Cola

Cherry Coke Zero
Coke Zero
Diet Cherry Coke
Diet Coke
Diet Coke Plus
Diet Coke with Lime
Diet Coke with Splenda
Vanilla Coke Zero

Crush

Diet Orange Soda

- **Carbonated Soft Drinks (Cont'd)**

Diet Rite

Cola

Dr. PepperDiet Cherry Soda
Diet Soda**Fresca**Diet Peach Citrus Soda
Diet Soda**IBC**

Diet Root Beer

Minute Maid

Light Lemonade

Mountain Dew

Diet Soda

Nestea

Diet Iced Tea

PepsiDiet MAX Soda
Diet Soda**Publix**Club Soda
Diet Black Cherry Soda
Diet Caffeine Free Cola
Diet Cherry Cola
Diet Cola
Diet Ginger Ale
Diet Lemon Lime Soda
Diet Orange Soda
Diet Root Beer
Diet Tonic Water**Sierra Mist**Free
Ruby Splash Free**Sprite**

Diet Zero

Sunkist

Diet Orange Soda

TAB

Diet Soda

Vernors

Diet Ginger Ale

- **Coffee**

General Foods InternationalSugar Free Cafés – Decaffeinated
French Vanilla, Decaffeinated
Suisse Chocolate, French Vanilla,
Suisse Chocolate, Vienna, or Chai**Hills Brothers**Sugar Free French Vanilla
Cappuccino

- **Coffee Creamers**

CarnationCoffee-mate – Original, Fat Free,
Light, Singles, Sugar Free French
Vanilla, Sugar Free Hazelnut, or
Sugar Free Vanilla Caramel**Splenda**Flavored Blend – Caramel, French
Vanilla, Hazelnut, or Mocha**Publix**Non Dairy Coffee Creamer
Non Dairy Lite Coffee Creamer

- **Milk**

CarnationEvaporated Milk – Regular, Fat
Free, or Low Fat**Edensoy**

Unsweetened Soy

Goya

Coconut

Meyenberg

Goat Milk

Nestle

Table Cream

Publix

Evaporated

- **Milk Flavoring**

Hershey'sSugar Free Syrup – Regular or
Strawberry**Nesquik**No Sugar Added Chocolate
Powder**Nestle**

Fat Free Hot Cocoa

- **Milk Flavoring (Cont'd)**

Swiss Miss

Diet Cocoa Mix

- **New Age**

FuzeSlenderize – Cranberry/
Raspberry, Strawberry/Melon, or
Tropical Punch**Red Bull**

Sugar Free Energy Drink

- **Tea**

4CTotally Light Ice Tea Mix with
Lemon**Arizona**Diet Blueberry Green
Diet Cranberry/Apple Green
Decaffeinated Green
Green
Lemon
Peach Green
Peach
Raspberry**Gold Peak**

Diet

LiptonDiet Green Tea with Citrus
Diet Iced Tea Mix – Peach or
Raspberry
Sugar Free Decaffeinated Iced
Tea Mix
To-Go Iced Tea Mix – Energize
Blueberry/Pomegranate, Green
Citrus, Iced Tea with Lemon, or
Sugar Free Mandarin/Mango**Snapple**Diet Cranberry/Raspberry
Diet Green
Diet Lemon
Diet Lime Green
Diet Peach
Diet Raspberry**Publix**

Sugar Free Iced Tea Mix

- **Water**

- Aquafina**

- Flavored Splash – Grape or Raspberry

- Fruit 2'0**

- Natural – Grape, Raspberry, or Strawberry
 - Tropical Fruit

- Glaceau Vitamin Water**

- 10 Essentials
 - 10 Multi-Vitamin
 - 10 XXX

- Nestle**

- Purelife – Kiwi/Strawberry or Raspberry

- Propel Fitness Water**

- Berry
 - Black Cherry
 - Blueberry/Pomegranate
 - Grape
 - Kiwi/Strawberry
 - Lemon
 - Peach/Mango

- Sobe Life Water**

- Blackberry/Blueberry
 - Fuji Apple
 - Yum Pomegranate

- TalkingRain Twist Pure Artesian Water**

- Natural Lemon Juice
 - Organic – Mango/Acai, Pomegranate/Blueberry, or West Indies Lime

BREAD

- **Bread Sticks**

- Alessi**

- Breadsticks – Garlic, Grissini
 - Torinesi Rosemary, Sesame or Thin

- **Buns / Rolls / Biscuits**

- Arnold**

- Dutch-Style Potato Hot Dog Rolls
 - French Rolls
 - Italian Sub Rolls
 - Multi-Grain Sandwich Thins

- **Buns / Rolls / Biscuits (Cont'd)**

- Arnold**

- Potato Rolls
 - Sesame Sandwich Rolls
 - Whole Grain Sandwich Thins – White or Wheat

- Nature's Own**

- Honey Wheat Buns
 - Honey Wheat Hot Dog Buns
 - Whole Wheat Hot Dog Buns
 - Whole Wheat Sandwich Buns

- Pepperidge Farm**

- 100% Whole Wheat Hamburger Buns
 - Frankfurter Sliced Rolls
 - Hamburger Rolls
 - Sandwich Buns – Regular, Mini, Mini Wheat, or Onion
 - Soft Hoagie Rolls

- Publix**

- Brown & Serve Rolls
 - Sliced Enriched Buns, Hamburger or Hot Dog
 - Sliced Enriched Hot Dog Rolls

- **English Muffins / Bagels**

- Nature's Own**

- Honey Wheat English Muffins

- Pepperidge Farm**

- Cinnamon Bread Swirl
 - Cinnamon Whole Grain Bread Swirl With Raisins
 - Plain Mini Bagels

- Publix**

- English Muffins – Original or Sourdough
 - Premium Recipe English Muffins – Original, Honey Wheat, or Sourdough

- Thomas'**

- English Muffins – Original Plain, Honey Wheat, Light Multigrain, Original Whole Grain, or Wheat
 - Mini Whole Wheat Bagels
 - Omega-3 English Muffins

- Weight Watchers**

- Bagels
 - English Muffins

- **Hard Breads**

- Kavli**

- Crispbread – 5 Grain, Whole Grain Crispy Thin, or Whole Grain Hearty Thick

- Old London**

- Garlic Rounds
 - Rye Toast
 - Sesame Rounds
 - Sesame Toast
 - Wheat Toast
 - White Rounds
 - White Toast
 - Whole Grain Rounds

- Wasa**

- Hearty Rye Crackerbread
 - Multi Grain Hardbread
 - Oats Hardbread
 - Original Rye Crispbread – Fiber, Light, or Sourdough
 - Sesame Crispbread

- **Loaf Bread**

- Arnold**

- 12 Grain
 - Country White
 - Dutch Country – 100% Whole Wheat Stone Ground, Double Fiber, Original Recipe Soft Potato, or Original Recipe White Butter Split Top
 - Grains & More Active
 - Health Nut
 - Italian
 - Natural Honey – Wheat or Whole Grain White
 - Plain Jewish Rye
 - Pumpernickel
 - Whole Grain Classics – 100% Whole Wheat, Double Fiber
 - 100% Whole Wheat, Healthy Multigrain, or Oatnut

- Nature's Own**

- 12-Grain
 - 2x Fiber
 - 100% Whole Wheat
 - Double Fiber Wheat
 - Honey Wheat
 - Light Honey Wheat

- **Loaf Bread (Cont'd)**

Nature's Own

Light Wheat
Organic 100% Whole Wheat
Organic Honey Wheat
Sugar Free 100% Whole Grain Wheat
Whitewheat

Pepperidge Farm

Classic Dark Pumpnickel
Deli Swirl Rye & Pump
Distinctive White Sandwich
Family Rye
Farmhouse Bread – 12 Grain, Harvest Grain Hearty Slices, Hearty White Slices, Soft Oatmeal with Honey, Sourdough, Sweet Buttermilk, or Whole Wheat
Light Style – 7 Grain, Extra Fiber, Oatmeal, or Wheat
Natural Whole Grain – German Dark Wheat, Nine Grain, or Whole Wheat
Seedless Rye
Very Thin Sliced – Wheat or White
Whole Grain – 100% Whole Wheat, 15 Grain, Oatmeal, or Soft Honey Whole Wheat

Publix

Enriched White
Large White
Premium Recipe – 100% Whole Wheat Stone Ground, Blended Grain, Butter Crust White, Giant, Honey Wheat, Light Natural Grain, Light Wheat, Multi-Grain, Oat Bran 'N Honey, Old Fashioned White, Sourdough, Wheat, or Whole Grain

Sunbeam

Giant
Old Fashion

Weight Watchers

Multi-Grain
Wheat

Wonder

Whole Grain White

- **Specialty Breads**

Boboli

Italian Pizza Crust – Original, Thin, or 100% Whole Wheat Thin

- **Tortillas**

La Banderita

Flat Tortillas – Plain, Corn, or Wheat
Flour Tortillas
Soft Taco
Wheat Tortilla

Mission

Soft Taco, Carb Balance
Tortilla – Flour Pressed or Soft Taco
Tortilla Wraps – Garden Spinach Herb, or Sundried Tomato Basil

BREAKFAST FOODS

- **Breakfast Bar**

South Beach

Living 100-Calorie Chocolate

- **Cereal**

Bear Naked

Vanilla Almond Crunch

Cascadian Farm

Multigrain Squares Organic Cereal

General Mills

Cheerios
Chex Corn
Chex Rice
Fiber One
Kix Crispy Corn Puffs
Wheaties

Kashi

7-Grain Puffed

Kellogg's

Crispix
Corn Flakes
Product 19
Rice Krispies
Special K – Regular, Fat Free, Low Carb, or Protein Plus
Unfrosted Bite-Size Mini Wheats

- **Cereal (Cont'd)**

Kretschmer

Honey Crunch
Wheat Germ

Post

Grape Nuts
Grape Nuts Flakes
Healthy Classics Shredded – Original Wheat or Wheat 'N Bran

Publix

Corn Flakes
Crisp Rice
Crispy Corn & Rice
Crunchy Rice
Spoon-size Shredded Wheat
Toasted Oats
Wheat & Barley Nutty Nuggets

Publix GreenWise Market

All Natural Flax Flakes
Organic Toasted Oats

Quaker

Puffed Cereal Essentials – Rice or Wheat

Uncle Sam

Original

Wheatabix

Wheat

- **Hot Cereal**

Farina

Wheat

Jim Dandy

Quick Grits

Kretschmer

Wheat Germ – Original Toasted or Honey Crunch

McCann

Irish Oatmeal
Quick Steel Cut Oatmeal

Nabisco

Cream of Rice
Cream of Wheat, Cook in 1 Minute
Original Instant Cream of Wheat
Quick Cream of Wheat

- **Hot Cereal (Cont'd)**

Publix

Low Sugar Maple & Brown Sugar Oatmeal
Regular Instant Oatmeal
Oats – Quick or Old Fashioned

Publix GreenWise Market

Organic Old Fashioned Oats
Organic Regular Instant Oatmeal

Quaker

Instant Grits – Original, Cheese Lovers, or Real Butter
Instant Oatmeal, Regular
Oat Bran
Maple Brown Sugar Instant Oatmeal – Low Sugar or Weight Control
Multi-Grain Oatmeal
Oatmeal – Old Fashioned, Instant, or Quick 1 Minute
Quick Grits
Quick Hominy Grits
Steel Cut Oatmeal
Weight Management Instant Oatmeal – Banana Bread or Cinnamon

Wheatena

Classic Cereal

CANDY

- **Bagged Candy / Chocolate**

Dove

Sugar Free Double Dark Chocolate

Hershey's

Sugar Free – Caramel, Dark Chocolate, Reese's Chocolate, or York Peppermint Patties

Russel Stover's

Sugar Free – Coconut Patties, Mint Patties, or Pecan Delights

- **Bagged Candy / Non-Chocolate**

Lifesavers

Sugar Free - Five Flavors or Wintergreen

Sweet'n Low

Candies – Butterscotch or Coffee

- **Bagged Candy / Non-Chocolate (Cont'd)**

Twizzler

Licorice Bites

Werther's

Sugar Free – Original or Coffee

- **Breath Fresheners**

Breath Savers

Peppermint

Tic Tac

Big Freshmint

- **Chewing Gum**

Dentyne

Fire
Ice Arctic Chill
Ice Peppermint

Eclipse

Peppermint
Polar Ice
Spearmint
Winterfrost

Extra

Peppermint
Polar Ice
Spearmint
Sweet Watermelon Gum

Orbit

Bubblemint
Peppermint
Spearmint
Sweetmint
White Bubblemint
White Peppermint
Wintermint

Stride

Spearmint

Trident

Original
Passionberry
Tropical Twist
White Mango Berry
White Peppermint
White Spearmint

- **Chewing Gum (Cont'd)**

Wrigley's

5 Cobalt
5 Elixer
5 Rain
Doublemint
Juicy Fruit

CANNED AND DRIED FRUITS

- **Citrus Specialty / Miscellaneous Fruit**

Publix

Maraschino Cherries
Maraschino Cherries with Stems

CANNED VEGETABLES

- **Asparagus**

Del Monte

Cuts & Tips, Fresh Cut
Extra Long Fresh Cut Spears
Salad Tips
Specialties Spears Slender Whole

Green Giant

Le Sueur Spears Extra Large
Spears, 50% Less Sodium
Tender Green Cut

Vigo

Marinated Asparagus

- **Baked Beans**

B&M

No Sugar Added Bold & Zesty

- **Beets**

Aunt Nellie's

Red Cabbage
Sliced Harvard Ruby Red Sweet & Sour
Whole Ruby Red Pickled

- **Canned Pasta**

Chef Boyardee

Beef Ravioli
Cheesy Burger Macaroni
Mac & Cheese
Mac & Cheese, Big Bowl
Microwave Macaroni & Cheese
Microwave Rice with Chicken and Vegetables

- **Canned Pasta (Cont'd)**

- Dinty Moore**

- Beef Stew
 - Big Bowl Meals – Beef Stew or Chicken & Dumplings

- Healthy Choice**

- Fresh Mixers – Chicken Cacciatore, Southwest Chicken, or Tuscan Chicken

- Hormel**

- Compleats – Beef Pot Roast with Potatoes, Carrots, & Gravy; Beef Steak & Peppers; Beef Steak Tips; Chicken Alfredo; Chicken Breast with Dressing & Gravy, Chicken Breast with Mashed Potatoes & Gravy; Homestyle Beef, Meatloaf with Potatoes & Gravy; or Salisbury Steak with Sliced Potatoes & Gravy
 - Micro Bowl Chili No Beans
 - Microwavable Bowls – Chicken & Noodles, Roast Beef & Gravy with Mashed Potatoes, Chicken & Dumplings, Chicken & Rice, or Turkey & Dressing with Gravy
 - Pot Roast with Potatoes and Carrots Gravy

- Marie Callender's**

- Homestyle Creations – Creamy Parmesan Chicken, Garlic & Herb Chicken, or Traditional Turkey & Stuffing

- **Carrots**

- Publix**

- Sweet Sliced

- **Corn**

- Bush West**

- White Hominy

- Del Monte**

- Summer Crisp, No Salt Added
 - Summer Crisp Fresh Cut Whole Kernel
 - Whole Kernel Corn

- Green Giant**

- Mexicorn Corn, Red & Green Bell Peppers
 - Southwestern Corn

- **Corn (Cont'd)**

- Green Giant**

- Whole Kernel Sweet – 50% Less Sodium, Niblets, or Niblets No Salt Added
 - Yellow & White Corn

- Margaret Holmes**

- Hoppin' Johns with Onion & Seasonings

- Publix**

- Whole Kernel Sweet, 50% Less Salt

- **Dried Beans**

- Bush**

- Bush's Best Beans – Black, Black in Seasoned Sauce, Butter Large, Chili, Great Northern, Navy, Pinto, Red, Red Dark Kidney, Red Light Kidney, Fresh Blackeye Peas, Cannellini Beans, Chick Peas (Garbanzos), or Light Red Kidney Beans
 - Seasoned – Dark Red Kidney Beans, or Pinto Beans
 - Traditional Chili Magic

- Del Monte**

- Green Lima

- Eden**

- Garbanzo
 - Organic Fat Free – Black, Kidney, or Pinto
 - Organic Rice And – Cajun Red, Caribbean Black, Kidney, or Pinto

- Glory Foods**

- Seasoned Southern Style Field Peas with Snaps

- Goya**

- Goya Beans – Black, Pink, Pinto, Red Kidney, or Small Red
 - Chick Peas
 - Green Pigeon Peas

- Hanover**

- Chick Peas

- Joan of Arc**

- Spicy Chili
 - Kidney Red – Light or Dark

- **Dried Beans (Cont'd)**

- Margaret Holmes**

- Peas with Snaps
 - White Acre Peas

- Progresso**

- Black
 - Chick Peas

- Publix**

- Black Beans
 - Black (Frijoles Negros)
 - Blackeye Peas
 - Chick Peas
 - Chili Spicy
 - Garbanzo
 - Great Northern
 - Green Lima Beans
 - Green Lima Beans, Small
 - Red Kidney Grade A Fancy – Light or Dark
 - Pinto
 - Red

- Ranch Style**

- Beans

- Publix GreenWise Market**

- Organic – Black, Garbanzo, Kidney, Pinto, or Soy

- **Green Beans**

- Allen's**

- Italian Cut
 - Seasoned

- Del Monte**

- Blue Lake – Cut, French Style, or Whole
 - Fresh Cut Blue Lake French Style – Regular or No Salt Added
 - Fresh Cut Green Beans & Potatoes with Ham Style Flavor
 - Golden Cut Wax Beans
 - Golden Wax
 - Green Beans & Potatoes
 - Italian Cut
 - Quality Specialties – Fresh Cut Green & Wax Beans or Dill Green Beans Lightly Seasoned
 - Seasoned Beans

- **Green Beans (Cont'd)**

- **Green Giant**

- Cut
 - French Style
 - Kitchen Sliced

- **Publix**

- Green Beans – Cut, French Cut, French Style, Italian Cut, or No Salt
 - Veggigreen – Cut, French, or Whole

- **Publix GreenWise Market**

- Organic Cut

- **Greens**

- **Allen's**

- Collard Greens, Seasoned
 - Turnip Greens, Diced & Seasoned

- **Del Monte**

- No Salt Added Spinach Leaf
 - Whole Leaf Fresh Cut Spinach
 - Whole Leaf Spinach
 - Zucchini with Italian Style Tomato Sauce

- **Glory Foods**

- Collard Greens
 - Country Cabbage
 - Mixed Greens Southern Style, Seasoned
 - Sensibly Seasoned – Collard Greens, Mixed Greens, or Turnip Greens

- **Margaret Holmes**

- Tomatoes & Okra
 - Tomatoes, Okra & Corn

- **Publix**

- Leaf Spinach

- **Kraut**

- **Eden**

- Organic Barrel Sauerkraut

- **Gundelsheim**

- Barrel Sauerkraut

- **Silver Fox**

- Bavarian
 - Shredded

- **Mushrooms / Artichoke**

- **Dawn Fresh**

- Mushroom Ready to Serve Steak Sauce by Giorgio

- **Giorgio**

- Organic Mushrooms, Pieces & Stems

- **Green Giant**

- Mushroom Pieces & Stems – Sliced or Whole

- **Penn Dutch**

- No Salt Stems & Pieces Mushrooms
 - Mushroom Pieces & Stems
 - Portabella Mushrooms, Chunky Style

- **Progresso**

- Artichoke Hearts

- **Publix**

- Sliced Mushrooms
 - Stems & Pieces Mushrooms
 - Whole Mushrooms

- **Reese**

- Marinated Artichokes
 - Quartered Artichoke Hearts

- **Vigo**

- Artichoke Hearts
 - Artichoke Hearts, Marinated
 - Artichoke Hearts, Quartered
 - Hearts of Palm
 - Hearts of Palm, Salad Cut
 - Mushrooms, Marinated

- **Peas**

- **Del Monte**

- Peas & Carrots

- **Le Sueur**

- 50% Less Sodium Early Peas
 - Early Peas
 - Peas with Mushrooms & Onions

- **Potatoes, Canned**

- **Del Monte**

- Fresh Cut Potatoes – Diced or Whole

- **Publix**

- White Potatoes – Sliced or Whole

- **Salad & Mixed Vegetables**

- **Del Monte**

- Mixed Vegetables

- **French's**

- Real Onions, Fried

- **Margaret Holmes**

- Squash with Onions

- **Publix**

- Mixed Vegetables

- **Veg-All**

- Mixed Vegetables, No Salt Added
 - Mixed Vegetables, Original

- **Tomato / Sauce / Pasta / Puree**

- **Contadina**

- Tomato Paste
 - Italian Seasonings Tomato Paste
 - Tomato Sauce

- **Dei Fratelli**

- Tomato Puree

- **Del Monte**

- Tomato Sauce

- **Goya**

- Spanish Style Tomato Sauce (Salsa de Tomato)

- **Hunt's**

- Tomato Paste – All Natural, Italian Style, or No Salt Added
 - Tomato Puree
 - Tomato Sauce – Regular, All Natural, Italian Style Herbs, No Salt Added, or Roasted Garlic

- **Muir Glen**

- Organic Diced Premium Fire Roasted Tomatoes

- **Progresso**

- Tomato Puree

- **Publix**

- Tomato Paste
 - Tomato Puree
 - Tomato Sauce
 - Tomato Sauce, No Salt Added

- **Tomato / Sauce / Pasta / Puree (Cont'd)**

- **Publix GreenWise Market**

- Organic Crushed Tomatoes in
 - Organic Tomato Puree
 - Organic Diced Tomatoes in
 - Organic Tomato Juice
 - Organic Tomato Paste

- **Tomatoes**

- **Cento**

- Crushed
 - Whole Italian Style

- **Dei Fratelli**

- Whole

- **Del Monte**

- Diced – Fresh Cut, No Salt
 - Added Fresh Cut, Petite Cut, or Zesty Seasoned with Mild Green Chilies
 - Petite Cut Tomatoes, No Salt Added
 - Petite Cut Tomatoes with Jalapeño Peppers

- **Hunt's**

- All Natural Whole Peeled
 - Crush Tomatoes with Basil
 - Diced
 - Diced in Sun-Rich Tomato Juice
 - Petite
 - Diced, Fire Roasted
 - Diced, Fire Roasted with Garlic
 - Whole
 - Whole Tomatoes with Basil

- **Muir Glen**

- Fire Roasted Tomatoes, No Salt Added

- **Pomi**

- Pomi Chopped

- **Progresso**

- Crushed Recipe Ready
 - Diced
 - Whole

- **Publix**

- Crushed
 - Diced, Diced with Green Chilies,
 - Diced No Salt Added, or Diced with Roasted Garlic & Onion

- **Tomatoes (Cont'd)**

- **Publix**

- Peeled – Diced or Whole
 - Grade A Fancy Petite Diced

- **Rotel**

- Diced Tomatoes & Green Chilies
 - Diced Tomatoes & Green Chilies, Milder
 - Diced Tomatoes Mexican Festival With Lime Juice & Cilantro

- **Tuttorosso**

- Crushed
 - Plum Shaped Italian Style
 - Tomatoes with Basil

CONDIMENTS

- **BBQ**

- **Budweiser**

- Wing Sauce

- **Colgin**

- Hickory Liquid Smoke

- **Kraft**

- Original Barbecue Sauce, Light

- **Stubb's**

- Bar-B-Q Sauce – Original, Mild, Moppin', or Spicy

- **Catsups**

- **Heinz**

- Ketchup

- **Hunts**

- Ketchup – No Salt, Tomato, Perfect Squeeze, or Squeezable

- **Publix**

- All Natural Tomato Ketchup

- **Publix GreenWise Market**

- Organic Tomato Ketchup

- **Cooking Wine**

- **Holland House**

- Marsala
 - Red
 - Sherry
 - White

- **Pompeian**

- Burgundy
 - Marsala

- **Cooking Wine (Con'td)**

- **Pompeian**

- Sherry
 - White

- **Publix**

- Cooking Wine (Vino Seco Para Cocinar)
 - White

- **Mustards**

- **Bookbinders**

- Wasabi Mustard

- **Coleman's**

- Hot English

- **French's**

- Honey
 - Honey Dijon
 - Horseradish
 - Original
 - Spicy Brown
 - Yellow Squeeze

- **Grey Poupon**

- Coarse Ground
 - Country Dijon
 - Dijon Mustard
 - Savory Honey
 - Squeeze Mustard – Deli, Made with Wine, or Mild & Creamy
 - Dijon

- **Gulden**

- Spicy Brown, Spicy Brown
 - Squeeze

- **Hellman's**

- Honey
 - Dijonnaise Squeezable

- **Ingehoffer**

- Creamy Horseradish
 - Dijon
 - Wasabi Horseradish

- **Ploch's**

- Original

- **Publix**

- Classic Yellow Recipe
 - Dijon Squeeze
 - Honey Squeeze

- **Mustards (Cont'd)**

Publix

Spicy Squeeze Brown Bold Flavor
Mustard With Horseradish, Deli
Style

Publix GreenWise Market

Organic Dijon
Organic Spicy Brown
Organic Yellow

Woeber

Horseradish Sauce

- **Olives**

Casa Itatica

Hot Olive Mix

Itatica

Sliced Hot! Jalapenos
Organics Olives – Giant Green or
Green Manzanilla
Spanish Olives, Sliced Manzanilla
or Queen Olives Minced
Pimiento Stuffed

Lindsay

Almond Stuffed Queen
California – Chopped Ripe, Large
Pitted, Lower Sodium Medium,
Small Pitted, or X-Large Pitted
Diced Pimientos
Garlic Stuffed Queen
Jalapeño Stuffed Queen
Medium Green Ripe
Natural Buffet Sliced
Sicilian Pitted
Sliced Ripe
Sliced Ripe with Jalapeño
Sliced Salad
Stuffed Manzanilla
Stuffed Spanish Queen
Whole Kalamata

Pampa

Stuffed Manzanilla

Publix

Manzanilla Thrown Spanish,
Stuffed With Minced Pimiento
Ripe Pitted – Small, Large, or
Colossal

- **Olives (Cont'd)**

Publix

Spanish Olives Stuffed with
Minced Pimiento – Queen Placed
or Queen Thrown
Spanish Salad With Minced
Pimiento

Vigo

Calamata – Greek, Pitted, or
Sliced
Greek Black

- **Pickles**

B&G

Roasted Peppers
Sliced Hot Jalapeño Peppers

Fragata

Capers

Heinz

Genuine Dills

Lindsay

Cocktail Onions
Non-Parallel Capers

Mancini

Fried Peppers & Onions
Roasted Peppers
Sweet Roasted Peppers

Mt. Olive

Banana Pepper Rings – Mild or
Hot
Bread & Butter Spears
Dill Relish
Fresh Kosher Dills
Fresh Kosher Dill Spears
Hamburger Dill Chips
Hot Dog Squeeze Relish
Imported Pepperoncini
Jalapeño Peppers, Diced
Jalapeño Slices
Kosher Dills – Baby, Fresh,
Halves, Mini, Hot N Spicy, Petite,
Strips, or Whole
Kosher Spears
No Sugar Added Bread & Butter
Chips
No Sugar Added Sweet Gherkins
Polish Dill Spears

- **Pickles (Cont'd)**

Mt. Olive

Roasted Red Peppers
Salad Sweet Cubes
Sandwich Stuffers – Bread &
Butter, Kosher Dill, or No Sugar
Added Bread & Butter
Snack Crunchers Petite Kosher
Dills – Regular or Hot Sauce
Flavored Fresh
Sweet Relish – Regular, No Sugar
Added, or Squeeze Bottle
Texas Pete Baby Dills
Vitamin Enhanced Kosher Dill
Hamburger Chips
Zesty Spears

Publix

Bread & Butter Sandwich Slices
Hamburger Dill Chips
Kosher Dills – Regular, Baby,
Sandwich Slices, or Spears
Sweet Relish

Sabrett's

Onions in Sauce

Talk of Texas

Okra – Mild or Hot

Vigo

Greek Peppers

Vlasic

Baby Kosher Dills
Kosher Crunchy Dills
Kosher Dill Sandwich Stackers
Kosher Dill Spears
Kosher Gherkins
Mild Pepper Ring Stackers
No Sugar Added Bread & Butter
Spears
Original Whole Dill
Snack' mms Kosher Dills
Sweet Relish
Zesty Crunchy Dills
Zesty Dill Sandwich Stackers

- **Specialty Condiments**

Allego

Original Marinade

- Specialty Sauces

- A.1.

- Steakhouse Marinade – Classic, Garlic & Herb, Jamaican Jerk, New York, or Teriyaki

- Bennett's**

- Tartar Sauce

- Bookbinders**

- Creamy Horseradish Sauce

- Cholula**

- Chili/Garlic Sauce
 - Mexican Hot Sauce

- Crosse & Black**

- Mint Sauce

- Crystal**

- Louisiana's Pure Hot Sauce
 - Original Wing Sauce
 - Del Monte
 - Chili Sauce

- Durkee**

- Famous Sauce

- Frank's**

- Buffalo Wing Sauce
 - Red Hot Sauce

- Goya**

- Mojo Criollo Marinade

- Heinz**

- Chili Sauce

- Hellman's**

- Tartar

- K.C. Masterpiece**

- Chipotle Lime Marinade
 - Marinade – Garlic & Herb or Lemon Pepper

- Ken's**

- Balsamic & Roasted Onion Marinade
 - Steak House Buffalo Wing Sauce
 - Steak House Marinade – Herb & Garlic, Lemon & Pepper, or Teriyaki

- Kikkoman**

- Soy Sauce Dispenser Lite

- Specialty Sauces (Cont'd)

- Kitchen Bouquet**

- Browning & Seasoning Sauce

- Kraft**

- Horseradish
 - Tartar

- Lawry's**

- 30 Minute Marinade – Baja
 - Chipotle With Lime Juice, Caribbean Jerk, Herb & Garlic, Italian Garlic Steak With Roasted Garlic & Olive Oil, Mesquite With Lime Juice, Steak & Chop With Garlic & Cracked Black Pepper, Tequila Lime With Lime Juice, or Teriyaki With Pineapple Juice
 - Buffalo Barbecue Marinade
 - Signature Steakhouse Marinade

- Lea & Perkins**

- Chicken Marinade

- Louisiana**

- Original Hot
 - Wing Sauce

- McIlhenny**

- Tabasco Chipotle Pepper Sauce
 - Tabasco Sauce

- Mrs. Dash**

- Marinade – Garlic Lime, Lemon Herb Pepper, Mesquite Grill, Spicy Teriyaki, or Zesty Garlic Herb

- Nance's**

- Chicken Wing Sauce – Mild or Hot

- Pick A Peppa**

- Hot

- Newman's Own**

- Marinade – Garlic Herb, Mesquite Lime, or Teriyaki

- Publix**

- Cayenne Pepper Sauce

- Stubb's**

- Marinade – Beef, Chicken, Pork, or Steakhouse
 - Original Wicked Chicken Wing

- Specialty Sauces (Cont'd)

- Tabasco**

- Pepper Sauce – Original or Green

- Texas Pete**

- Chicken Wing Barbecue Sauce
 - Garlic Hot Sauce
 - Hot Sauce

- Tryme**

- Tiger Sauce

- **Steak Sauce**

- A.1.

- Bold
 - Cracked Peppercorn
 - Kobe Sesame Teriyaki
 - Original
 - Roasted Garlic
 - Sweet Hickory

- Dale's**

- Steak Seasoning, Reduced Sodium
 - Steak Seasoning

- French's**

- Worcestershire Sauce, Reduced Sodium
 - Worcestershire Sauce

- Heinz**

- Heinz 57 Sauce
 - Heinz 57 Sauce with Lea & Perrins Worcestershire Sauce
 - Heinz 57 Steak Sauce

- Lea & Perrins**

- Worcestershire Sauce

- Publix**

- Steak Sauce
 - Steak Seasoning
 - Marinade Mojo
 - Worcestershire Sauce

- Shula's**

- Steak Sauce Special

- **Vinegar**

- Alessi**

- Balsamic
 - Raspberry White Balsamic
 - White Balsamic

- **Vinegar (Cont'd)**

Alma's

Balsamic Modena

Colavita

Balsamic

Gia Russa

Balsamic

Balsamic Glaze

White Wine

Holland

House Malt

Monari

Balsamic

Nakano

Natural Rice

Pompeian

Balsamic

Balsamic with Pomegranates

Pomegranate Red Wine – Acai or Blueberry

Pomegranate Blush Balsamic

Red Wine

Red Wine with Garlic

Red Wine with Pomegranates

Progresso

Balsamic

Publix

Apple Cider

Balsamic

Red Wine

White

Publix GreenWise Market

Organic Balsamic

Organic Red Wine

Regina

Red Wine

White Wine

White House

Apple Cider

White

White Distilled

COOKIES / CRACKERS

- **Cookies**

Kebbler

100-Calorie Right Bites – Grasshopper or Variety Packs

Murray

Sugar Free Cookies – Chocolate Bites, Chocolate Chip, Chocolate Chip & Pecan, Double Fudge, Fudge Dipped Grahams, Fudge Dipped Mint, Fudge Dipped Shortbread, Gingersnap, Oatmeal, Peanut Butter, Pecan Shortbread, Shortbread, or Shortbread Bites

Sugar Free Sandwich Cookies – Chocolate, Cremes, or Lemon

Sugar Free Wafers – Fudge Dipped, Vanilla, or Vanilla Sugar

Publix

Vanilla Sugar Wafers, Sugar Free

Voortman

Peanut Butter Sugar Wafers, Sugar Free

Shortbread Cookies

Sugar Free Cookies – Chocolate Chip, Oatmeal, or Shortbread Swirl

Sugar Free Fudge Chocolate Chip

Sugar Free Iced Almonette

Sugar Free Vanilla Wafers

Walkers

Shortbread Fingers

- **Crackers**

Back to Nature

Classic Rounds

Crispy Wheat

Multigrain Flaxseed Flatbread

Sesame/Tarragon

Sunflower/Basil

White Cheddar Flax Flatbread

White Cheddar Rice Thin

Breton

Crackers – Regular, Low Salt, Multigrain, or Sesame Snack

Cabaret

Cabaret

- **Crackers (Cont'd)**

Carr's

Baked Table Water Crackers – Roasted Garlic & Herbs or Toasted Sesame Seeds

Cheese Melt

Rosemary

Table Water

Table Water Crackers with Cracked Pepper

Whole Wheat

Dare

Vinta

Kashi

Honey Sesame

Ranch

TLC Tasty Little Crackers – Country Cheddar, Fire Roasted Vegetables, Mediterranean Bruschetta, Original 7-Grain, or Roasted Garlic

Keebler

Club Crackers – Original, Garlic, Reduced Fat, Snack Sticks, Honey Wheat Snack Sticks, or The Light Crispy Snack! Butter Snack Sticks

Right Bites 100-Calorie Party Mix

Ritz Honey Butter

Toasteds – Buttercrisp, Sesame, Wheat, or Organic Harvest Wheat

Town House Crackers – Original, Bistro Corn Bread, Bistro Multigrain, Flipside, House Wheat, Reduced Fat, Toppers, Toppers Multigrain, or Wheat Light Buttery Flavor

Garlic & Herb Toppers

Wheatables – 7-Grain, Honey Wheat, Original Wheat, or Original Wheat Reduced Fat

Zesta Original Saltine

Kellogg's

All-Bran – Garlic Herb or Multigrain

• **Crackers (Cont'd)**

Kraft

Handi-Snacks – Cheese & Breadsticks, Cheese & Crackers, or Cheese & Pretzels
Mac & Cheese – Cheddar or Mild Cheddar

Lance

Captain Wafers
Crackers – Malt, NipChee, ToastChee, or Toasty

Nabisco

100-Calorie Ritz Snack Mix
Better Cheddars
Big Wheat Thins
Cheese Nips
Cheese Nips, Reduced Fat
Chicken-in-a-Biskit
Deli Style Rye Triscuit
Easy Cheese Spread – American, Cheddar, or Sharp Cheddar
Premium – Fat Free, Low Salt, Mini Saltines, Multigrain, Oyster Cracker, Saltines, or Unsalted
Ritz Bits Sandwich – Cheese or Peanut Butter
Ritz Crackers – Regular, Low Salt, Reduced Fat, Roasted Vegetable, or Whole Wheat
Simply Social Crackers – Regular or Wheat
Sociables
Toasted Chips – Original, Cheddar, or Sour Cream & Onion
Toasted Chips Wheat Thins – Regular, Parmesan/Herb, or Veggie
Triscuit – Garden Herb, Hint of Salt, Parmesan/Garlic Thins, Pepper & Olive Oil, Reduced Fat, Reduced Fat Wafers, Roasted Tomato, Rosemary, Thin Crisp, Wafers, or Whole Wheat
Vegetable Thins

• **Crackers (Cont'd)**

Nabisco

Wheat Thins – 100-Calorie Multigrain Packs, Cream Cheese & Chives, Fiber Selects 5-Grain, Fiber Selects Garden Vegetable, Low Salt, Multigrain, Parmesan/Basil, Ranch, Reduced Fat, Reduced Fat Garlic/Herb, Tomato/Basil, or Whole Grain
Wheatworth

Pepperidge Farm

Distinctive Crackers – Butter Thins, Hearty Wheat, or Quartet Assortment
Baked Natural Pretzel Thins
Goldfish 100 Calorie Pouches – Cheddar or Xtra Flavor Blasted
Goldfish Crackers – Original, Cheddar Cheese, 30% Less Sodium, Baby Cheddar, Colors Cheddar, Flavor Blasted
Nothin' But, Flavor Blasted
Xplosive Pizza, Flavor Blasted
Xtra Cheddar, Individual Snack Pouches, Mix-Up, Parmesan, Pizza, Pretzels, or Whole Grain
Goldfish Flavor Blasted Racing Ranch
Snack Sticks Sesame
On The Go Goldfish

Publix

Cheddar Cheesy's Baked
Cuban
Party Rounds
Rich & Crisp
Saltines
Soup & Oyster
Unsalted Tops
Wheat Original
Woven Wheats Whole Wheat Crackers – Original, Baked, or Reduced Fat

R/Oval

Wheat Thins – Mini or Stone

Special K

Tomato/Herb

• **Crackers (Cont'd)**

Sunshine

Cheez-its – Big, Cheddar Jack, Duoz Cheddar/Parmesan, Duoz Queso, Gripz, Parmesan/Garlic, Party Mix, Pepperjack, Scrabble, or Spongebob
Right Bites 100-Calorie Cheez-its
Right Bites Baked Snack
Single Serve Cheezit Snack Pack Tray
Snack Crackers – Regular, Baked, Hot & Spicy, Reduced Fat, or White Cheddar

DRY PASTA

• **Macaroni**

Alma's

Bowties
Cut Ziti
Fusilli
Penne Rigate
Rigatoni

Barilla

Ditalini
Elbows
Farfalle Bowties
Gemelli
Mezze Penne
Mostaccioli
Penne
Piccolini Mini Farfalle
Piccolini Mini Wheels
Plus Elbows
Plus Penne
Plus Rotini
Tortellini – Cheese & Spinach, Three Cheese, or Ricotta & Spinach
Whole Grain – Penne, Rotini, or Thin Spaghetti
Ziti

Dreamfields

Elbows
Penne Rigate

Mueller's

Multi Grain Penne Rigate, Made With Whole Grains

- **Macaroni (Cont'd)**

- Mueller's**

- Multi Grain Rotini, Made With Whole Grains
 - Pasta – Bowties, Corkscrews, Elbow Macaroni, Jumbo Shells, Penne Rigate, Ready Cut, Sea Shells, Tri Color Twists, or Ziti

- Publix**

- Alphabets Pasta
 - Bowties Pasta
 - Elbow Macaroni
 - Fettuccini
 - Mostaccioli Rigate
 - Rigatoni
 - Rotini
 - Pasta Shells – Small or Medium
 - Tricolor Rotini
 - Ziti
 - Orzo Pasta

- Ronzoni**

- Bow Ties
 - Elbows
 - Extra Fancy Jumbo Shells
 - Extra Fancy Manicotti
 - Healthy Harvest Whole Wheat Blend – Penne Rigate or Rotini
 - Mostaccioli Rigati
 - Orzo
 - Pastina
 - Penne Rigati
 - Rigatoni
 - Rotelle
 - Rotini
 - Ziti Rigati
 - Ziti

- **Noodles**

- Barilla**

- Lasagna
 - Lasagna, Oven-Ready

- Light N Fluffy**

- Egg Noodles – Wide or Extra Wide

- Mueller's**

- Egg Noodles – Fine, Medium, Wide, or Extra Wide
 - Pasta Lasagne

- **Noodles (Cont'd)**

- No Yolks**

- Broad Noodles
 - Dumplings
 - Extra Broad Noodles

- Publix**

- Lasagne
 - Egg Noodles – Medium, Fine, or Wide
 - Extra Wide Pasta Ribbons

- Ronzoni**

- Curly Edge Lasagna
 - Healthy Harvest Whole Wheat Blend – Wide or Extra Wide
 - Oven Ready Lasagna

- Spaetzle**

- Panni Spaetzle Dumpling Mix

- **Noodle Entrees**

- Betty Crocker**

- Chicken Helper – Chicken Fried Rice, Creamy Chicken & Noodles, or Fettuccine Alfredo
 - Hamburger Helper – Bacon Cheeseburger, Beef Pasta, Cheddar Cheese Melt, Cheeseburger Macaroni, Cheesy Enchilada, Crunchy Taco, Double Cheese Quesadilla, Double Cheeseburger Mac, Philly Cheesesteak, Potato Stroganoff, Salisbury, Sloppy Joe, Stroganoff, Supreme
 - Four Cheese Lasagna, Three Cheese, Wholesome Classics Beef Stroganoff, or Wholesome Classics Cheeseburger Mac
 - Suddenly Salad – Classic Pasta or Ranch
 - Tuna Helper – Creamy Broccoli, Creamy Noodles, Creamy Parmesan, Fettuccine Alfredo, or Tuna Melt

- Knorr**

- Pasta Italian Sides – Creamy Garlic Shells or Four Cheese Bowties

- **Noodles (Cont'd)**

- Knorr**

- Pasta Sides – Alfredo, Broccoli Alfredo, Butter & Herb, Chicken & Broccoli, Chicken Flavored, Creamy Chicken, Parmesan, Stroganoff, Thai Sesame, or Tomato/Parmesan

- Kraft**

- Classic Ranch Pasta Salad with Bacon

- Pasta Roni**

- Angel Hair Pasta – Butter And Garlic Sauce, Herbs, or Parmesan Cheese
 - Fettuccine Alfredo
 - Garlic & Olive Oil with Vermicelli
 - Nature's Way Creamy Parmesano Flavor
 - Shells & White Cheddar
 - Sour Cream & Chive
 - World Flavors Butter Herb Italiano

- Publix**

- Creamy Garlic Shell Pasta & Sauce
 - Fettuccine Pasta & Sauce – Alfredo, Alfredo Broccoli, or Butter & Herb
 - Stroganoff Pasta Sides

- Quaker**

- Pasta Roni Nature's Way Olive Oil & Italian Herbs

- **Packaged Pasta**

- Gia Russa**

- Mini Gnocchi

- **Pasta Dry Dinners**

- Kraft**

- Deluxe Macaroni & Cheese Dinner – Original or Four Cheese
 - Velveeta Shells & Cheese Dinner

- Publix**

- Cheesy Deluxe Macaroni Dinner, Made with Real Cheddar Cheese

- **Spaghetti**

Alma's

Angel Hair Pasta
Elbow Macaroni
Linguine
Organic Angel Hair
Organic Fusilli
Regular
Thin
Tri-Color Fusilli
Whole Wheat Pasta – Angel Hair, Linguine, Penne Rigate, Spaghetti, or Fusilli

Barilla

Angel Hair
Fettuccine
Linguine
Plus – Angel Hair, Spaghetti, or Thin Spaghetti
Spaghetti
Thin Spaghetti
Whole Grain Spaghetti

Dreamfields

Linguine
Spaghetti

Mueller's

Angel Hair
Fettuccine
Linguine
Multi Grain Spaghetti, Made With Whole Grains
Spaghetti
Thin Spaghetti
Vermicelli

Publix

Angel Hair
Linguine
Spaghetti – Regular or Thin
Vermicelli

Ronzoni

Angel Hair
Fettuccine Florentine
Healthy Harvest Multigrain Spaghetti
Healthy Harvest Whole Wheat – Fusilli, Lasagna, or Linguine

- **Spaghetti (Cont'd)**

Ronzoni

Healthy Harvest Whole Wheat Blend Pasta – Spaghetti Style or Thin Spaghetti
Linguine
Smart Taste – Penne Rigate, Rotini, or Spaghetti
Spaghetti
Thin Spaghetti

JUICES

- **Aseptics**

Minute Maid

Fruit-Flavored Tropical Water

- **Blends**

Crystal Light

Sugar Free – Lemon Tea, Lemonade, Orange Sunrise Classic, Pink Lemonade, or Raspberry Ice

Ocean Spray

Cranberry Spray Diet Juice

V8

Juice Blend Diet Berry Splash

- **Boxed Juices / Juice Drinks**

Minute Maid

Just 10 Flavored Fruit Drink

- **Citrus**

Nellie & Joe

Juice Lime

Publix

Lemon Juice

Realemon

E-Z Squeeze
Lemon Juice
Lime Juice

- **Freezer Pops**

Pop-Ice

100-Count Popsicle Bars

- **Nectars**

Kern's

Apricot

- **Powdered Drinks**

Arizona

Sugar Free Tea Mix – Peach, Pomegranate Green Tea, or Tea with Lemon

Crystal Light

Decaffeinated Ice Tea Mix with Lemon
On-The-Go Mix – Citrus Splash, Energy Wild Strawberry, Fruit Fusion, Green Mix Tea with Honey & Lemon, Hydrating Berry Splash, Hydrating Lightly Lemon, Immunity Cherry/Pomegranate, Natural Blueberry White Tea, Peach, Peach/Mango Green Tea, Raspberry Green Tea, Red Mandarin Tea, Sunrise Orange, or White Grape
Raspberry Green Tea
Sunrise Vitamin C Drink Mix – Sugar Free Ruby Red Grapefruit
Sugar Free Iced Tea Mix On The Go – Regular or Peach
Sugar Free Iced Tea Mix – Raspberry
Soft Drink Mix, Fruit Punch
Sugar Free Soft Drink Mix On The Go – Lemonade, Raspberry Ice, or Raspberry Lemonade
Soft Drink Mix Sugar Free – Lemonade, Pineapple Orange, Pink Lemonade, Raspberry Ice, Raspberry Lemonade, Strawberry Kiwi, Strawberry Orange Banana, or Sunrise Vitamin C Classic Orange

Kool-Aid

Unsweetened Kool-Aid – Cherry, Grape, Lemonade, or Tropical Punch

Propel

Packets – Berry, Grape, Lemon, or Kiwi/Strawberry

Wylers

Sugar Free Lite – Cool Raspberry, Lemonade, or Pink Lemonade

MEAT AND SEAFOOD

• Hash / Chili / Stew

Castleberry

- Beef Stew
- Chili with Beans
- Hot Dog Chili

Hormel

- Chili No Beans
- Preservative-Free Dinty Moore Beef Stew
- Mary Kitchen Homestyle Hash – Corned Beef or Roast Beef
- Mary Kitchen Corned Beef Hash, Reduced Fat

Libby

- Corned Beef Hash

• Meat

Hormel

- Corned Beef

Libby

- Corned Beef

• Pate / Spreads

Armour

- Potted Meat

Hormel

- Chunk Lean Ham, Water Added

Underwood

- Chicken Spread
- Deviled Ham

• Poultry

Hormel

- 95% Fat Free Chunk Turkey
- Chunk Breast of Chicken – 98% Fat Free or No Salt
- Premium Chunk 98% Fat Free Breast of Chicken in Water With Rib Meat
- Preservative-Free Dinty Moore Chicken & Dumplings

Publix

- Chunk Chicken Breast
- Chunk White Chicken

Swanson

- Chicken A La King Main Dish
- Premium Chunk White Chicken in Water

• Poultry (Cont'd)

Sweet Sue

- 98% Fat Free Premium Chicken Breast
- Chicken & Dumplings
- Premium Chicken Breast in Water, No Drain Package

Tyson

- Canned Chunk Chicken
- Canned Chunk Chicken Breast
- Premium Chunk Chicken Pouch

Valley Fresh

- Chunk Chicken
- Organic Chicken
- White Chicken

• Salmon

Bumble Bee

- Atlantic Premium Salmon Fillet
- Red Salmon Alaska Sockeye
- Pink Alaska Salmon
- Skinless & Boneless Pink Salmon
- Smoked Salmon Fillets In Oil

Chicken Of The Sea

- Jack Mackerel In Water
- Pink Salmon in Spring Water
- Skinless & Boneless
- Pink Salmon Traditional Style
- Premium Skinless & Boneless
- Pink Salmon Pouch
- Smoked Salmon Pouch

Royal

- Pink
- Red
- Red Sockeye

Starkist

- Mango/Chipotle

• Sardines

Brunswick

- Easy Open Sardines – In Oil or In Spring Water
- Sardines in Mustard
- Sardines in Soybean Oil With Hot Tabasco Peppers

Bumble Bee

- King Oscar Kipper Snacks

• Sardines (Cont'd)

Connors Brunswick

- Kipperd Snack Kipperd Herring Filets

King Oscar

- Brisling Sardines – In Spring Water or Mediterranean Style
- Finest Norway Brisling Sardines in Olive Oil, Lightly Smoked
- Cross Pack Sardines
- Skinless & Boneless Sardines

• Shrimp / Clams / Oysters / Caviar / Anchovies

Bar Harbor

- Chopped Clams

Bumble Bee

- Orleans Tiny Cocktail Shrimp Select
- Orleans Crab Fancy Meat – Lump or White
- Smoked Oysters

Chicken Of The Sea

- Smoked Oysters

Daufuski

- Boiled Oysters

Geisha

- Crab Meat
- Smoked Oysters in Oil
- Whole Baby Clams

King Oscar

- Filets of Anchovies in Olive Oil – Flat or Rolled

Neptune

- Ocean Clams – Chopped or Minced

Sea Fare

- Crab Meat – Claw, Jumbo Lump, or White

Snow's

- Clams – Chopped or Minced
- Doxsee Clam Juice

Vigo

- Flat Anchovies

• Tuna**Bumble Bee**

Chunk White Tuna In Water
– Diet Low Salt or Dolphin Safe
Chunk Light Tuna – Regular,
In Vegetable Oil, In Water, or
Dolphin Safe In Water
Chunk White Albacore in Water
Prime Fillet – Regular or Garlic &
Herb
Prime Fillet Albacore Steak –
Lightly Marinated, With Lemon
& Cracked Pepper, or With
Mesquite Grilled Flavor
Prime Fillet Pink Salmon Steak,
Lemon & Dill
Sensations Tuna Medley With
Crackers – Lemon & Pepper
Seasoned or Sundried Tomato &
Basil
Solid Light in Olive Oil
Solid White Albacore Gourmet
Wild Tuna in Water Prime Fillet
– Prime Fillet in Water or Tuna In
Water
Solid White Tuna – In Vegetable
Oil or In Water

Chicken of the Sea

Chunk Light
Chunk Light Tuna in Water
Chunk Light White in Water
Healthy Select – Albacore in
Water or Light
Solid White Tuna – In Water or In
Fancy Albacore In Spring Water

Genova

Solid White
White in Oil
White in Water

StarKist

Albacore in Tomato Pesto
Chunk – Light in Oil, Light in
Water, White Albacore in Water,
or White in Water
Fresh Pack Albacore in Water
Gourmet Choice – Albacore in
Water, Chunk Light in Water,
Solid White in Olive Oil, or Solid
White in Water
Hickory Smoked

• Tuna (Cont'd)**StarKist**

Lunch Kits
Premium Solid White
Solid White in Oil, Solid White in
Water,
Sweet & Spicy
White Albacore in Water
Zesty Lemon Pepper

• Vienna Sausage / Lunch Meat**Armour**

Chicken Vienna Sausage
Dried Beef
Light Vienna Sausage

Libby

Vienna Sausage in Chicken Broth
Vienna Sausage Chicken in
Chicken Broth

Spam

Classic Singles
Luncheon Meat
25% Less Sodium Luncheon Meat
Lite Luncheon Meat
Oven Roasted Turkey Luncheon
Meat

OILS AND SHORTENINGS**• Canola Oil****Crisco**

Pure Canola Oil

Mazola

Canola Oil

Publix

Canola Oil

Wesson

Pure Canola Oil

• Cooking Spray**Baker's Joy**

Baking Spray

Crisco

100% Extra Virgin Oil No Stick
Spray, Alcohol Free
Butter Flavor
Regular

• Cooking Spray (Cont'd)**Pam**

For Baking Spray
For The Grill Cooking Spray
No Stick Cooking Spray –
Original, Butter Flavor, No
Cholesterol, or Olive Oil
Organic – Canola or Olive Oil
Professional

Smart Balance

Cooking Spray

Publix

Cooking Spray – Original Canola,
Butter Flavored, or Olive Oil

• Corn Oil**Mazola**

Corn Oil
Corn Oil Plus

Publix

Corn Oil

Wesson

Pure Wesson Oil Corn

• Olive Oil**Alma's**

Extra Virgin

Bella

Extra Virgin

Berio

Extra Light
Extra Virgin
Pure

Bertolli

Classico
Extra Light
Extra Virgin
Olive Oil

Carapelli

Extra Virgin Premium

Carbonell

Extra Virgin
Olive Oil

Crisco

100% Extra Virgin
Light
Pure

- **Olive Oil (Cont'd)**

Filippo Berio

Extra Virgin

Olive Oil

Gia Russa

Extra Virgin

Goya

Extra Virgin

Italica

Extra Virgin, Plus Vitamins

Extra Virgin, with Omega-3

Newman's Own

Organic Extra Virgin

Organic

Pompeian

Classic Pure

Extra Light

Extra Virgin

Publix

Extra Light

Extra Virgin

Pure

Tera

Extra Virgin

Vigo

100% Pure

Extra Virgin

- **Shortening / Lard**

Crisco

All Vegetable Shortening

– Regular or Butter Flavor

Shortening Sticks – All Vegetable
or Butter Flavor**Publix**

Shortening

- **Specialty Oils**

Crisco

Natural Blend

Hollywood

100% Pure Safflower

Lou Ana

Peanut Oil

Publix

Peanut Oil

- **Specialty Oils (Cont'd)**

Smart Balance

Oil

Omega Oil

Spectrum

Coconut Oil

Wesson

Best Blend

- **Vegetable**

Crisco

Canola Oil with Omega-3

Pure Vegetable

Publix

100% Pure Vegetable

Wesson

Pure Vegetable

Pure 100% Natural Vegetable

Vegetable

100% Pure Vegetable

PASTA SAUCE

- **Pasta Sauce**

Alessi

Basil Pesto

Sun Dried Tomato

Barilla

Sweet Pepper & Garlic

Bertolli

Creamy Alfredo

Mushroom Alfredo

ClassicoBruschetta Topping – Basil &
Tomato or Extra Garlic

Creations Basil Pesto

Signature Recipes – Creamy
Alfredo, Fire Roasted Tomatoes
& Garlic

Roasted Garlic Alfredo

Sun-Dried Toasted Red Pepper
Alfredo, or Sun-Dried Tomato
Alfredo**Gia Russa**Select Pasta Sauce – Alla Vodka,
Cherry Tomato, Hot Sicilian,
Marinara, or Tomato & Basil

- **Pasta Sauce (Cont'd)**

L.E. Roselli

Spaghetti

Tomato

LaFamiglia DelGrosso

Late Night Puttanesca

Ragu

Cheese Creations! – Double

Cheddar or Roasted Garlic

Parmesan

Timpone's

Mom's Spaghetti Sauce

- **Pizza / Clam Sauces**

Boboli

Tomato Pizza Sauce

Centro

Pizza Sauce

Dei Fratelli

Pizza Sauce

L.E. Roselli

Pizza

ProgressoClam Spaghetti Sauce – Red or
White

White Clam Sauce

Ragu

Traditional Pizza Quick Sauce

PICKLES AND CONDIMENTS

- **Pickles**

Classen

Sauerkraut

RICE / STUFFING / BREADING

- **Crumbs / Breadings**

4CBread Crumbs – Plain or
Seasoned**Golden Dipt**Batter Mix Breadings – Beer, Fish
& Chip, Fish Fry, or Tempura

Cracker Meal

House-AutryBreader – Chicken, Pork, or
Seafood

- **Crumbs / Breadings (Cont'd)**

House-Autry

Seasoned Fry – Chicken or Fish
Southern Baked Coating –
Chicken or Pork

Kraft

Shake 'N Bake Seasoned Coating
Mix – Boneless Skinless Chicken
Herb & Garlic, Chicken Nuggets,
Hot & Spicy Chicken or Pork,
Italian Herb, Original Chicken,
Original Pork, Parmesan Crusted,
or Ranch & Herb

Oven Fry

Extra Crispy for Pork
Fish Fry Seasoned Coating

Progresso

Bread Crumbs – Plain or Italian
Style
Planko Italian Bread Crumbs

Publix

Italian Bread Crumbs

Vigo

Bread Crumbs – Plain, Golden
Toasted, or Italian

- **Dry Beans**

Goya

Black Beans

Hurst

15-Bean Soup
Cajun 15-Bean Soup
Chicken 15-Bean Soup
Garlic & Herb Lentils
Great Northern Beans with Ham
Green Split Peas with Ham

Publix

Baby Lima Beans
Black (Frijoles Negros)
Blackeye Peas
Garbanzo Beans
Great Northern Beans
Green Split Beans
Large Lima Beans
Lentils
Light Red Kidney Beans
Navy Beans
Pearl Barley

- **Dry Beans (Cont'd)**

Publix

Pinto Beans
Small Red Beans

Quaker

Scotch Brand Quick Barley

- **Gravy**

Boston Market

Beef
Chicken
Turkey

Campbell's

Beef
Chicken
Country Style – Cream or
Sausage
Mushroom

Franco-American

Slow Roast Gravy – Beef,
Chicken, or Turkey

Heinz

Classic Chicken
Fat Free – Roasted Turkey or
Savory Beef
Homestyle Pork
Roasted Turkey
Savory Brown

- **Instant Potatoes**

Betty Crocker

100% Real Potatoes – Au Gratin
or Scalloped
Au Gratin Potatoes
Cheddar Classics, Three Cheese
Potatoes
Hash Brown Potatoes
Julienne Potatoes
Mashed Potatoes – 100% Russet,
Butter & Herb, Homestyle
Creamy Butter, Roasted Garlic, or
Roasted Garlic & Cheddar
Potato Buds
Specialty with Sour Cream and
Chives

- **Instant Potatoes (Cont'd)**

Idahoan

Golden Selects
Mashed Potatoes – Instant, Baby
Reds, Butter & Herb, Buttery
Homestyle, Four Cheese, Loaded
Baked, Premium, or Roasted
Garlic

Pillsbury

Hungry Jack
Idaho Spuds

Publix

Au Gratin Potatoes
Mashed Potatoes – Garlic or
Homestyle
Scalloped Potatoes

- **Rice**

Gourmet House

Arborio
Organic Brown

Mahatma

Basmati
Extra Long
Gold Parboiled
Jasmine Long Grain
Jasmine
Long Grain
Valencia
White

Minute Rice

Instant Rice – Premium Long
Grain, White, or Whole Grain
Brown

Publix

Boil In Bag Rice
Instant Rice – Brown or White
Long Grain – Brown or Enriched

Rice Select

Jasmati
Rice Sushi
Risotto
Texmati – Brown or White

Rico

Jasmine
Long Grain

- **Rice (Cont'd)**

- Sello Rojo**

- Rice

- Success**

- Boil-in-Bag Rice – Regular, Brown, or Jasmine

- Uncle Ben's**

- Boil In Bag

- Brown

- Brown Fast Cooking Whole Grain

- Converted Long Grain

- Enriched Parboiled Long Grain

- Converted Original

- Instant

- Vigo**

- Basmati

- Jasmine

- **Rice Side Dishes**

- Knorr**

- Asian Sides – Chicken Fried

- Cajun Sides – Dirty or Garlic & Butter

- Fiesta Sides – Mexican, Spanish, or Taco

- Rice Sides – Beef, Cheddar & Broccoli, Chicken, Chicken & Broccoli, Creamy Chicken, Herb & Butter, Mushroom, or Pilaf

- Sides – Alfredo Veggie, Cajun Red Beans & Rice, or Plus Garden Herb Rice with Vegetables

- Mahatma**

- Long & Wild

- Red Beans & Rice

- Spanish

- Yellow Rice Mix

- Minute Rice**

- Ready-to-Serve – Brown, White, or Yellow

- Near East**

- Couscous – Herbed Chicken, Original, Parmesan Mix, Roasted Garlic & Olive Oil, Toasted Pine Nut Mix, Whole Wheat Whole Grain Roasted Blends, or Wild Mushroom & Herb

- **Rice Side Dishes (Cont'd)**

- Near East**

- Rice Pilaf – Original Mix, Garlic & Herb, Roasted Chicken & Garlic, or Toasted Almond

- Taboule Wheat Salad Mix

- Publix**

- Flavored Rice – Beef, Broccoli & Cheese, Chicken, or Spanish

- Rice-A-Roni**

- 1/3 Less Salt

- Cheese Pleasers Creamy 4 Cheese

- Nature's Way – Long Grain Wild or Parmesan & Romano

- Rice – Beef Flavored, Broccoli Au Gratin, Chicken Flavored, Chicken & Broccoli, Chicken Teriyaki, Fried, Herb & Butter, Long Grain & Wild Rice, Pilaf, or Spanish

- Savory Whole Grains – Chicken & Herb or Roasted Garlic

- Texmati**

- Couscous

- Uncle Ben's**

- Country Inn Rice – Broccoli Au Gratin, Homestyle Chicken & Vegetables, Mexican Fiesta, or Wild Rice & Chicken

- Long Grain & Wild Rice – Herb Chicken or Sun-Dried Tomato

- Ready Rice – Cajun Style, Creamy Four Cheeses, or Whole Grain Medley Santa Fe

- Ready Rice Microwaveable – Buttery, Chicken Whole Grain Brown, Garden Vegetable With Real Vegetables, Long Grain & Wild, Original Long Grain, Rice Pilaf, Roasted Chicken, Spanish Style, Teriyaki Flavored, or Whole Grain Brown

- Rice Pilaf

- Vigo**

- Dinners – Black Beans & Rice, Mexican Rice, Red Beans & Rice, or White & Wild Rice

- **Rice Side Dishes (Cont'd)**

- Zatarain's**

- Dirty Rice Mix

- Jambalaya Mix

- New Orleans Style Rice – Beef, Cheddar Broccoli, Chicken Flavored, Rice Pilaf, Spanish, or Yellow

- New Orleans Style Rice Mix – Black Beans And Rice, Caribbean, Jambalaya With Cheese, or Red Beans And Rice

- Reduced Sodium – Dirty or Jambalaya Mix

- **Specialty Rice**

- Canoe**

- Pure Wild Rice

- Mahatma**

- Brown Rice

- Spicy Yellow Rice Mix

- Water Maid Rice

- Yellow Rice Dinner

- Near East**

- Brown Rice Pilaf

- Whole Grain Blends, Roasted Pecan & Garlic

- Publix**

- Long Grain And Wild Rice

- Yellow Rice

- Uncle Ben's**

- Brown & Wild Rice, Mushroom Recipe

- Long Grain & Wild Rice – Butter & Herb, Fast Cook Recipe, Original Recipe with 23 Herbs & Seasonings, Roasted Garlic, or Vegetable & Herb varieties

- Vigo**

- Yellow Rice Dinner

- **Stuffing Mix**

- Kraft Stove Top**

- Cornbread Mix

- Herb Stuffing Mix

- Lower Sodium Stuffing Mix For Chicken

- Stuffing Mix For Chicken

- Stuffing Mix For Turkey

- Stuffing Mix, Pork Flavor

- **Stuffing Mix (Cont'd)**

Kraft Stove Top

Chicken Stuffing Flexible Servings
Homestyle Herb Stuffing

Pepperidge Farm

Corn Bread Stuffing
Herb Seasoned Cubed Stuffing

SALAD DRESSING

- **Dry Mix**

Good Seasons

Cruet Kits
Salad Dressing Mix – Italian, Herb & Garlic, or Zesty Italian

Hidden Valley Ranch

Original Dressing
Party Dip Mix
Ranch Dressing

- **Dry Toppings**

Chatham Village

Croutons – Cheese & Garlic, Fat Free Garlic & Onion, or Garden Herb

Fresh Gourmet

Onions – Crispy or Crispy Garlic Strips – Santa Fe or Tortilla

Hormel

Real Bacon – Bits, Pieces, or Pouch
Real Crumbled Bacon – Maple or Peppered

Marie Callender's

Croutons – Cheese & Garlic, Fat Free Caesar, Garlic Butter, or Whole Grain Caesar

Mrs. Cubbison's

Croutons – Caesar, Cheese & Garlic, Fat Free Herb, Garlic Butter, or Seasoned

Rothbury Farms

Croutons – Cheese & Garlic or Seasoned

T. Marzetti's

Large Croutons – Caesar, Cheese & Garlic, or Garlic Butter

- **Dry Toppings (Cont'd)**

Texas Toast

Croutons – Caesar, Salt & Pepper, or Seasoned

- **Non-Pourable**

Duke's

Sugar Free Mayonnaise
Whipped Salad Dressing

Hellman's

Easy Out! Mayonnaise – Light or Real
Light Mayonnaise
Low Fat, Cholesterol Free Mayonnaise
Mayonnaise with Olive Oil
Real Mayonnaise
Reduced Calorie Light Mayonnaise
Real Canola Oil Mayonnaise

Kraft

Dressing Fat Free, Non Fat
Light Mayonnaise
Mayonnaise with Olive Oil
Miracle Whip Dressing, Dressing Light, Salad Dressing
Miracle Whip Free
Miracle Whip Light
Miracle Whip Squeeze Mayonnaise
Real Mayonnaise
Squeeze Mayonnaise
Super Easy Squeeze, Miracle Whip Salad Dressing

Publix

Real Mayonnaise
Squeeze Mayonnaise

Smart Balance

Mayonnaise with Omega Plus

Smart Beat

Mayonnaise Non-Fat

- **Pourable**

Annie's Naturals

Goddess Dressing

Brianna

French Vinaigrette Salad Dressing

- **Pourable (Cont'd)**

Cardini

Original Caesar Salad Dressing

Farmer's Boy

Greek Dressing

Girard

Caesar Salad Dressing
Champagne Dressing

Hidden Valley Ranch

Light Ranch
Organic Ranch Dressing
The Original Ranch – Original, Bacon, Buttermilk Light, Caesar, Fat Free, Light, Old Fashioned Buttermilk, Organic, Ranch with Bacon, or Spicy Ranch
Topping & Dressing Easy
Squeeze – Ranch or Light Ranch
Sour Cream

Ken's

Chef's Reserve Dressing – Blue Cheese, Greek, or Italian
Lite Dressing – Caesar, Northern Italian, Northern Italian with Basil, Olive Oil Vinaigrette, or Sun-Dried Tomato
Lite Accents Vinaigrette Spray – Balsamic, Honey Mustard, or Raspberry Walnut
Ranch Dressing
Steak House Dressing – Balsamic and Basil Vinaigrette, Buttermilk Ranch, Chunky Blue Cheese, Creamy Caesar, Greek with Imported Oil, Italian Marinade, Red Wine Vinegar & Olive Oil, Thousand Island, Three Cheese Italian, or Zesty Italian
Steak House Dressing Lite – Caesar, Chunky Blue Cheese, Creamy Caesar, Northern Italian, Ranch, or Vinaigrette Balsamic & Basil
Super Chunky Blue Cheese Dressing

Kraft

Balsamic Vinaigrette
Buttermilk Ranch
Italian Caesar

- **Pourable (Cont'd)**

Kraft

- Caesar with Bacon
- Creamy Italian
- Free – Caesar Italian, Classic Caesar, Ranch, or Zesty Italian
- Garlic Ranch
- Greek Vinaigrette
- Greek Vinaigrette with Feta Cheese & Extra Virgin Oil
- Honey Dijon Vinaigrette
- Italian Pesto
- Italian Vinaigrette with Extra Virgin Olive Oil
- Light Balsamic Vinaigrette
- Light Done Right! – House Italian, Ranch, Reduced Fat Zesty Italian, or Three Cheese Ranch
- Parmesan Vinaigrette Caesar
- Ranch Bacon
- Reduced Calorie Low Cholesterol Creamy Ranchers Choice
- Roka Blue Cheese
- South Beach Diet Dressing – Balsamic Vinaigrette with Extra Virgin Oil, Italian with Extra Virgin Oil, or Ranch
- Special Collection Roasted Red Pepper Italian with Parmesan
- Three Cheese Ranch
- Tuscan House Italian
- Zesty Italian

Newman's Own

- Balsamic Vinegar
- Caesar
- Creamy Caesar
- Family Recipe Italian
- Italian Lighten Up! Light Sun Dried Tomato
- Light Balsamic Vinaigrette
- Light Italian
- Light Lime Vinaigrette
- Light Red Wine Vinaigrette
- Lighten Up! Low Fat Sesame Ginger
- Olive Oil & Vinegar
- Organic Low Fat Asian Dressing
- Organic Tuscan Italian
- Parmesan & Roasted Garlic

- **Pourable (Cont'd)**

Newman's Own

- Southwest Dressing
- Vinaigrette Say Cheese Three Cheese Balsamic

Publix

- Caesar
- Chunky Blue Cheese
- Classic Italian
- Creamy Parmesan
- Fat Free Italian
- Lite Caesar
- Premium Dressing – Caesar Garlic, Champagne, or Parmesan & Roasted Garlic
- Ranch
- Vinaigrette Tangy Balsamic
- Zesty Italian

Seven Seas

- Red Wine Vinegar & Oil
- Viva Italian

South Beach

- Living Ranch Dressing

Wishbone

- Asian Silk Vinaigrette Spritzer
- Balsamic & Basil Vinaigrette with Extra Virgin Olive Oil
- Balsamic Italian Vinaigrette
- Balsamic Vinaigrette
- Blue Cheese Dressing
- Caesar Delight Vinaigrette Spritzer
- Creamy Caesar
- Fat Free! Italian
- Fat Free Ranch Dressing
- House Italian
- Italian
- Just 2 Good! – Blue Cheese, Country Italian, Creamy Caesar, Italian, or Low Fat Parmesan
- Peppercorn Ranch
- Olive Oil Vinaigrette
- Ranch
- Ranch Vinaigrette Spritzer
- Raspberry Bliss Vinaigrette Spritzer

- **Pourable (Cont'd)**

Wishbone

- Restaurant Style Blue Cheese with Gorgonzola
- Salad Spritzers – Vinaigrette Balsamic Breeze or Vinaigrette Italian

SHELF-STABLE CHEESE

- **Grated Cheese**

4C

- All Natural Homestyle No Preservatives 100% Imported Grated Cheese – Parmesan or Parmesan/Romano
- Parmesan/Romano
- Parmesan
- Romano

Colonna

- Parmesan
- Parmesan/Romano

Kraft

- Macaroni & Cheese Topping
- Parmesan
- Parmesan & Romano
- Reduced-Fat Parmesan
- Romano
- Three Cheese Blend

Publix

- 100% Parmesan
- 100% Romano Parmesan

- **Shelf Stable Cheese**

Kraft

- Cheez Whiz – Original
- Old English
- Pimento
- Roka Blue
- Velveeta Cheese – Cheese Product, Product Made With 2% Milk, Spread Mild Mexican, Spread Plain, or Pepper Jack Loaf

Publix

- Processed Cheese Spread

SNACKS• **Corn****Chester's**

Cheese Puffcorn

Frito LayChili Cheese Flavored Corn Chips
Corn Chips Scoops**Frito's**Barbecue Corn Chips
Regular Corn Chips**General Mills**

Original Flavor Bugles

CornNuts

Regular Medium Corn

• **Dips****Eatsmart**All Natural Snacks – Salsa Con
Queso Flame Roasted**Frito Lay's**Cheddar & Jalapeño
French Onion
Original Bean**Lay's**Creamy Ranch
French Onion**Publix**Dips – Black Bean Medium,
Cheddar con Queso, or
Southwestern Black Bean & Corn
Thick & Chunky Salsa – Mild,
Medium, or Hot**Publix GreenWise Market**

Organic Salsa – Medium or Mild

TostitosNatural Mild Salsa
Con Queso
Creamy Ranch
Medium Salsa
Medium Salsa Con Queso
Mild Salsa
Natural Medium Salsa
Restaurant Style Salsa**Zapata**Fire Roasted Green Salsa – Mild
or Medium• **Dips (Cont'd)****Zapata**Fire Roasted Red Salsa – Mild,
Medium, or Hot• **Miscellaneous Snacks****Alexia**

Onion Strips – Jalapeño or Onion

Eat SmartVeggie Crisps – Original or Sun-
Dried Tomato**Flat Earth**Veggie Crisps – Cheddar or
Tomato**Funyuns**

Onion Rings

Gardetto's

Original Snack Mix

General MillsChex Mix – Barbecue, Cheddar,
Hot & Spicy, Peanut Lovers, Sour
Cream & Onion, or Traditional**Munchies**

Cheese Snack Mix

SunChipsSnacks – Original, 100-Calorie
Cheddar, Cheddar, French Onion,
Garden Salsa, Harvest Cheddar,
or Peppercorn Ranch**Terra**Vegetable Chips – Regular or
Mediterranean**True North**

Pistachio Crisps

• **Nuts****Anaconda**

Wheat

Back to NatureAlmonds with Sea Salt
Jumbo Cashews
Tuscan Herb Roasted Mix**Beer Nuts Brand**

Original Peanuts

• **Nuts (Cont'd)****Blue Diamond**Almonds – Bold Jalapeño
Smokehouse, Bold Wasabi & Soy
Sauce, Natural Whole, Roast Salt,
or Smokehouse
Oven Roasted Almonds –
Cinnamon/Brown Sugar, No Salt,
Sea Salt, or Vanilla Bean**Diamond**Chopped Walnuts
Chopped Baking Walnuts
Pine Nuts
Shelled Walnuts**Emerald**Almonds – Cocoa Roasted, Dry
Roasted, or Smoked
Deluxe Mixed Nuts
Dry Roasted Almonds**MacFarms**

Roasted Macadamias

Mauna LoaMacadamias
Macadamias And Cashews**Planters**Almonds – Sliced or Slivered
Cashews – Halves & Pieces,
Halves Lightly Salted, Whole, or
Lightly Salted Whole
Dry Roasted Sunflower Kernel
Gonuts Nutrition Almonds Lightly
Salted
Go-Paks – Salted Almonds or
South Beach Mix
Mix Cashew Lovers, 50%
Cashews with Macadamias And
Pecans
Mix Macadamia Lovers, 50%
Macadamias with Almonds and
Pecans
Mix Pecan Lovers, 50% Pecans
with Cashews and Pistachios
Mix Pistachio Lovers, 50%
Pistachios with Cashews and
Almonds
Mixed Nuts – Regular, Cashews
with Almonds & Peanuts, Deluxe,
Deluxe Lightly Salted, Lightly
Salted, or Unsalted

- **Nut's (Cont'd)**

Planters

Natural Harvest – California Almonds or Jumbo Cashews
Nutrition Lightly Salted Almonds
Nutrition Lightly Salted Cashews, Almonds & Macadamias
Peanuts – Cocktail, Dry Roasted, Dry Roasted Lightly Salted, Honey Roasted, Lightly Salted, or Redskin Spanish
Pecans – Chips, Halves, or Pieces
Pistachios
Select Mix Cashews/Almonds/Pecans
Shelled Walnuts
Unsalted Dry Roasted Peanuts
Walnut Pieces

Publix

Almonds – Natural Whole, Salted, Sliced, or Smoked
Cashews – Halves & Pieces Lightly Salted, Halves & Pieces Salted, or Whole Salted
Dry Roasted Peanuts – Lightly Salted, Salted, Salted Honey Roasted, or Unsalted
Dry Roasted Pistachios
Macadamia Salted
Mixed Nuts – Lightly Salted, Salted with 50% Peanuts, Salted with Less than 50% Peanuts, or Salted Contains No Peanuts
Pecan Halves for Baking & Cooking
Premium Deluxe Mixed Nuts
Premium Salted Peanuts Virginia Salted Peanuts – Honey Roasted or Party
Sunflower Seeds Roasted & Salted
Walnuts Shelled Come Out Of Your Shell

Roddenbery's

Boiled Peanuts

- **Popcorn**

Cape Cod

Premium White Cheddar Cheese

- **Popcorn (Cont'd)**

Jolly Time

Healthy Pop 94% Fat Free Pop Popcorn, Butter Flavor
Microwave Singles Popcorn – Servebags Blast O Butter, Blast O Butter Minis, or Healthy 94% Fat Free

Newman's Own

Natural Microwave Popcorn
Old Style Picture Show Popcorn, Light Butter Flavor

Orville Redenbacher's

Butter Popcorn Oil
Gourmet Popping Corn – Butter, Kettle Korn, Light Butter, Light Movie Theater Butter, Movie Theater, Pour Over Movie Theater, Sweet 'N Buttery, or Ultimate Butter
Microwave Gourmet Popping Corn – Butter, Light Butter, Movie Theater, Natural, Smart Pop! Kettle, Smart Pop! 94% Fat Free, or Tender White
Gourmet Popping Corn Mini Bags – Kettle Korn, Movie Theater, or Microwave Butter
Natural – Regular, Butter, Butter/Garlic, Butter/Salt/Pepper, Light, or Lower Fat Butter
Old Fashioned
Original
Smart Pop – 100-Calorie Kettle Bags, Kettle, or Mini Butter
White Gourmet

Pop Secret

Premium Popcorn 100 Calorie Snack Size – Butter or Kettle Corn
Premium Popcorn 94% Fat Free – Butter, Old Fashioned Kettle Corn, or Snack Size
Premium Popcorn – Butter, Extra Butter, Homestyle, Jumbo Butter, Light Butter, or Movie Theater Butter

Poppycock

Butter Cashew

- **Popcorn (Cont'd)**

Publix

Butter
Light Butter
Microwave Kettle Corn
Movie Theater Butter
Natural

Smart Balance

Lite Butter
Movie Butter
Smart & Healthy

Smartfood

100-Calorie White Cheddar
White Cheddar Cheese

Wise

White Cheddar

- **Potato Chips**

Alexia

Waffle Fries – Barbecue, Cheddar Cheese, Hot Pepper, or Ranch

Baked Ruffles

Cheddar/Sour Cream
Original

Cape Cod

Buttermilk Ranch
Cheddar/Jack/Sour Cream
Old Fashioned Hand-cooked Potato Chips, Jalapeño & Aged Cheddar
Old Fashioned Kettle-Cooked Potato Chips – Robust Russet
Parmesan & Roasted Garlic
Reduced Fat
Salt & Pepper
Salt & Vinegar
Sweet Mesquite Barbecue

Kettle Chips

Hand Cooked, Lightly Salted Potato Chips
Salt & Pepper Krinkle

Lay's

Baked – Original, Barbecue, or Sour Cream & Onion
Barbecue
Cheddar & Sour Cream

- **Potato Chips (Cont'd)**

Lay's

Classic
Kettle – Original, Jalapeño, Mesquite, Reduced Fat, Salt & Vinegar, or Sharp Cheddar
Light Fat Free Original
Lightly Salted
Natural Sea Salt Thick Cut
Salt & Vinegar
Sour Cream & Onion
STAX – Original, Barbecue, or Cheddar Cheese
Wavy – Original, Hickory, or Ranch

Munchos

Potato Crisps

Pix-Nik

Shoestring Potatoes

Pringles

100-Calorie Original
Bacon Ranch
Barbecue
Cheddar Cheese
Extreme – Blazin' Buffalo Wings, Screamin' Dill Pickle, or Smokin' Hot Ranch
Fat Free Potato Crisps – Original, Barbecue, or Sour Cream & Onion
Honey Butter Snack Stix
Honey Mustard
Loaded Bake Potato
Original
Potato Crisps – Original, Salt & Vinegar, or Sour Cream & Onion
Pizza
Pizza Snack Stix
Ranch
Reduced Fat Original
Restaurant Cravers – Mexican Layer Dip, Mozzarella & Marinara, or Onion Blossom
Snack Stacks Potato Crisps – Original, or Sour Cream & Onion

- **Potato Chips (Cont'd)**

Publix

Potato Chips – Original Thins, Barbecue Flavored, Dip Style, or Sour Cream & Onion
Salt & Vinegar Potato Crisps
Wavy

Ruffles

Cheddar Sour Cream
Light Fat Free Original
Natural Reduced Fat Salted
Original
Reduced Fat
Regular XXL
Sour Cream & Onion

Wise

Potato Chips – All Natural, BBQ Flavor, Honey BBQ Flavored, Lightly Salted, or Onion & Garlic

- **Pretzels**

Combo's

Pizzeria

Publix

Pretzel Sticks – Regular or Big Baked
Pretzel Twists – Large or Mini Baked

Rold Gold

Braided Honey Wheat
Classic Style Thins
Fat Free Tiny Sticks
Rods
Tiny Twists

Snyder's

Hard Fat Free Sourdough
Homestyle
Honey Mustard & Onion
Sourdough Nibblers
Mini Unsalted Pretzels
Old Fashioned Dipping Pretzel Sticks
Organic Honey Wheat With Sesame Seed Pretzel Sticks
Pretzel Rods
Pretzel Sandwiches – Cheddar Cheese or Peanut Butter
Snaps Butter Pretzels

- **Pretzels (Cont'd)**

Snyder's

Sourdough Pretzel Pieces – Honey Mustard & Onion, Hot Buffalo Wing, or Jalapeño
Sticks – 12 Multi Grain or Pumpernickel & Onion
The Pounder Low Fat Olde Tyme

- **Puffed Cheese**

Cheetos

100-Calorie
100-Calorie, Baked
Cheetos Cheese Flavored Snacks – Crunchy, or Crunchy Flamin' Hot
Natural White Cheddar Cheese
Puffed Cheese

Publix

Made with Real Cheese Crunchy Cheese Curls or Puffs

Robert's

American Gourmet Pirate's Booty
White Cheddar

Wise

Cheez Doodles – Crunchy or Puffed

- **Rice Cakes**

Publix

Cheddar Cheese
Low Fat White Cheddar
Low Sodium Fat Free
Ranch
Unsalted Fat Free

Quaker Oats

Apple/Cinnamon
Butter Popcorn
Caramel Corn
Chocolate Crunch
Lightly Salted
Quakes – Apple/Cinnamon, Barbecue, Caramel, Cheddar Cheese, Creamy Ranch, Kettle Corn, Nacho Cheese, or Sour Cream & Onion
Ranch
Tortillaz – Cheesy Nacho or Guacamole
Unsalted

- **Rice Cakes (Cont'd)**

- Quaker Oats**

- White Cheddar

- **Tortilla Chips**

- Doritos**

- 100-Calorie Nachos

- Baked Nacho Cheese

- Collision Pizza Cravers Ranch

- Cool Ranch

- Late Night – Last Call Jalapeño

- Poppers or Tacos at Midnight

- Nacho Cheese

- Nacho Cheesier

- Spicier Nacho

- Spicy Sweet Chili

- Garden of Eatin'**

- Organic – Blue or Red Hot Blue

- Publix**

- Restaurant Style Tortilla Chips

- Regular or 100% White corn

- Round Style Tortilla Chips

- Yellow or 100% White Corn

- Publix GreenWise Market**

- Tortilla Chips – Blue or Yellow Corn

- Snyder's of Hanover**

- The Pounder Tortilla Chips –

- Multigrain, Restaurant Style,

- White Corn, or Yellow Corn

- Tostitos**

- Baked Scoops

- Bite-Size

- Jalapeño Scoops

- Multigrain

- Natural Restaurant Style Corn –

- Blue or Yellow

- Restaurant Style

- Restaurant Style with Lime

- Scoops

SOUP

- **Bouillon**

- Better Than Bouillon**

- Base Bouillon – Beef, Chicken, Ham, or Vegetable

- **Bouillon (Cont'd)**

- Glory Foods**

- Seasoned Cooking Base – Beef or Chicken

- Goya**

- Bouillon – Beef or Powdered Chicken

- Herb Ox**

- Low Sodium – Beef or Chicken

- Knorr**

- Vegetable

- Soup Mix – Beef or Chicken

- Maggi**

- Instant Bouillon – Beef, Chicken, or Reduced Sodium Chicken

- MBT**

- Broth – Beef or Chicken

- Wylers**

- Chicken

- Cubes – Beef or Chicken Flavors

- Instant Bouillon – Beef or

- Chicken

- Instant Bouillon Granules, Beef Flavor

- **Broth**

- College Inn**

- Beef Broth

- Beef Stock

- Chicken Broth

- Chicken Stock

- Fat Free Chicken Broth

- Low Sodium Chicken

- Thai Coconut Curry Broth

- White Wine Broth

- Kitchen Basics**

- Beef Stock

- Chicken Stock

- Vegetable Stock

- Progresso**

- Beef Broth

- Chicken Broth

- Reduced Sodium Chicken Broth

- Publix**

- Beef or Chicken

- **Broth (Cont'd)**

- Swanson**

- Beef – Clear, Fat Free Lower Sodium, or Lower Sodium

- Certified Organic – Beef, Chicken, or Vegetable

- Chicken, Clear

- Natural Goodness Lower Sodium Chicken Broth

- Wolfgang Puck**

- Free Range Chicken Stock

- Organic Broth – Beef or Chicken

- **Condensed**

- Campbell's**

- 25% Less Sodium – Chicken Noodle or Cream of Mushroom

- 98% Fat Free – Cream of Celery or Cream of Mushroom

- Bean with Bacon

- Beef – Broth, Consomme, or Vegetables and Barley

- Broccoli & Cheese

- Cheddar Cheese

- Chicken – Broth, Chicken & Stars, Chicken & Vegetables, Gumbo,

- Noodle, Noodle O's, White & Wild Rice, or Won Ton

- Cool Shapes

- Cream – Asparagus, Broccoli, Celery, Chicken, Chicken & Mushroom, Chicken with Herbs, Cream of Onion, Mushroom, Mushroom with Roasted Garlic, Potato, or Shrimp

- Creamy Chicken Noodle

- Double Noodle

- Family Size – Chicken Noodle, Chicken with Rice, Cream of Chicken, or Cream of Mushroom

- French Onion

- Fun Shapes

- Golden Mushroom

- Goldfish in Chicken Broth

- Healthy Request – Chicken Noodle, Chicken with Rice,

- Cream of Celery, Cream of

- Chicken, Cream of Mushroom,

- Homestyle Chicken Noodle,

- Minestrone, or Vegetable Beef

- Homestyle Chicken Noodle

- **Condensed (Cont'd)**

Campbell's

Kids Shapes
Lentil
Light – Chicken & Mushroom Barley, Chicken Gumbo, Chicken with Wild Rice, or Italian Wedding
Low Sodium – Chicken Broth or Chicken with Noodles
Manhattan Clam Chowder
Mega Noodle
Minestrone
New England Clam Chowder
Old Fashioned Vegetable with Beef Stock
Oyster Soup Stew
Souper Shapes
Split Pea Soup with Ham & Bacon
Vegetable Beef

Publix

Condensed – Cream of Chicken or Cream of Mushroom
Chicken Noodle

- **Dry Soup Mix**

Bear Creek

Chicken Noodle
Country Kitchens Soup Mix – Chili, Potato, or Vegetable Beef
Minestrone Soup Mix

Knorr

Soup Mix – French Onion, Leek, Spinach, or Vegetable
Spring Vegetable

Lipton

Chicken Noodle with Diced White Chicken Meat
Cup A Soup Mix – Chicken Noodle, Cream of Chicken, Hearty Chicken, or Hearty Chicken Noodle Mix
Noodle with Real Chicken Broth
Recipe Secrets – Beefy Onion, Extra Noodle, Golden Onion, Onion Mushroom, Savory Herb with Garlic, Onion, or Vegetable
Soup Secrets Mix – Noodle or Extra Noodle

- **Dry Soup Mix (Cont'd)**

Maruchan

Instant Lunch – Beef, Chicken, Ramen Noodles Cheddar Cheese, Roasted Chicken, or Shrimp
Ramen Chicken
Ramen Noodle Soup – Beef, Chicken, Creamy Chicken, Oriental, Roast Beef, Roast Chicken, or Shrimp
Yakisoba Homestyle Japanese Noodles – Cheddar Cheese, Chicken, or Roasted Chicken
Yakisoba Savory Soy Noodles

Mrs. Grass

Chicken Noodle Soup
Chicken Homestyle

Nissin

Cup Noodles Soup Mix – Beef, Chicken, Chicken Vegetables, or Spicy Chicken
Top Ramen Soup Mix – Beef or Chicken

Publix

Onion Soup Mix

- **Ready-To-Serve**

Campbell's

Bowl – Chicken Noodle or Homestyle Chicken Noodle
Chunky – Baked Potato With Cheddar & Bacon Bits, Beef With Country Vegetables, Chicken & Dumplings, Chicken Broccoli Cheese & Potato, Chicken Corn Chowder, Classic Chicken Noodle, Grilled Chicken & Sausage Gumbo, Grilled Chicken With Vegetables & Pasta, Grilled Sirloin Steak With Hearty Vegetables, New England Clam Chowder, Savory Chicken With White & Wild Rice, Steak & Potato, or Vegetable Beef
Chunky Fully Loaded Soup – Chicken Alfredo or Turkey Pot Pie
Chunky Healthy Request – Chicken Noodle, Grilled Chicken & Sausage, or New England Clam Chowder

- **Ready-To-Serve (Cont'd)**

Campbell's

Chunky Soup Bowl – Chicken
Corn Chowder, Chicken Noodle, Chicken with Dumplings, Healthy Request Chicken Noodle, Healthy Request Grilled Chicken, New England Clam Chowder, Old-Fashioned Vegetable Beef, Sirloin Burger, or Vegetable Beef
Select Harvest Light – Southwest Vegetable or Vegetable & Pasta
Select Harvest Soup Bowl – Healthy Request Mexican Chicken Tortilla, Italian Wedding, Light Italian Wedding, Light Southwest Vegetable, Light Vegetable & Pasta, or New England Clam Chowder
Select Soup – Beef With Roasted Barley, Chicken With Egg Noodles, New England Clam Chowder, or Traditional Italian Style Wedding
Select Soup 98% Fat Free New England Clam Chowder
Select Soup Healthy Request – Chicken Noodle Italian Style Wedding, Mexican Style Chicken Tortilla, or Savory Chicken And Long Grain Rice
Soup At Hand – Chicken & Stars, Chicken With Mini Noodles, Cream of Broccoli, or Less Sodium Chicken Noodle

Healthy Choice

Beef Pot Roast
Soup – Chicken With Rice, Country Vegetable, Old Fashioned Chicken Noodle, or Zesty Gumbo With Chicken Sausage
Soup Bowl – Chicken Noodle, Chicken Tortilla, Chicken with Rice, Country Vegetable, or Minestrone

Muir Glen

Beef & Vegetable
Chicken Noodle
Chicken Tortilla
Chicken with Wild Rice

- **Ready-To-Serve (Cont'd)**

Muir Glen

Organic – Minestrone, Savory Lentil, or Split Pea
Southwest Black Bean

Progresso

50% Less Sodium – Chicken Gumbo, Chicken Noodle, Garden Vegetable, or Minestrone

Light – Beef Pot Roast, Chicken Noodle, Chicken Vegetable & Rotini, Homestyle Vegetable with Rice, Italian Vegetable, Reduced Sodium Chicken & Vegetable, Reduced Sodium Vegetable, Santa Fe Chicken, Savory Vegetable Barley, Southwest Vegetable, or Vegetable & Noodles

Rich & Hearty – Beef Pot Roast with Country Vegetables, Chicken & Homestyle Noodles, Chicken Pot Pie Style, Creamy Chicken Wild Rice, New England Clam Chowder, Savory Beef Barley Vegetable, or Steak & Homestyle Noodles

Soup – Beef & Vegetable, Chicken & Wild Rice, or Italian Style Wedding

Soup Bowl Light – Italian Vegetable, Vegetable & Noodles, or Vegetable & Rice

Traditional – 99% Fat Free Chicken Noodle, 99% Fat Free New England Clam Chowder, Carb Monitor Chicken Cheese Enchilada, Chickarina Chicken With Meatballs, or Chicken & Herb Dumpling

Vegetable Classics – 99% Fat Free Lentil, 99% Fat Free Minestrone, Creamy Mushroom, Green Split Pea With Bacon, Lentil, Minestrone Authentic Recipe, or Vegetable

Wolfgang Puck

Organic – Chicken & Dumplings, Chicken with Egg Noodles, Chicken with Wild Rice, Thick & Hearty Lentil & Vegetable, or Vegetable Medley

SPICES

- **Dry Seasoning**

French's

Chili-O Sauce Mix
Chili-O with Onion Mix

Knorr

Sauce Mix – Alfredo, Bernaise, Hollandaise, Parmarosa, or Pesto

Lawry's

Chili Seasoning Mix

McCormick

Bag 'n Seasoning – Beef Stew, Country Chicken, Herb Roast Pork, Meatloaf, Original Chicken, Pork Chops, or Pot Roast

Seasoning Mix – Beef Stew, Beef Stroganoff, Buffalo Wings Garlic & Herb, Buffalo Wings Original, Chili Hot, Chili Mild, Chili Regular, Italian Spaghetti, Meatloaf, Sloppy Joe, Tex Mex Chili, Thick & Zesty Spaghetti, or White Chicken Chili

Potato Seasoning Mix – Four Cheese, Roasted Garlic & Rosemary Steamers, or Toasted Onion & Garlic

Slow Cooker Seasoning Mix – Beef Stroganoff, Beef Stew, Chili, or Pot Roast

Publix

Seasoning Mix – Beef Stew, Chili, Meatloaf, Mild Chili, or Sloppy Joe

- **Gravy**

Knorr

Au Jus Sauce Mix
Roasted Turkey Gravy Mix

Lawry's

Brown Gravy Mix

McCormick

Gravy Mix – Au Jus, Brown, Chicken, Country Gravy with Sausage, Herb Flavored, Mushroom, Onion, Original Country, Pork, Reduced Sodium Brown, or Turkey

- **Gravy (Cont'd)**

Publix

Gravy Mix – Au Jus, Brown, Brown Gravy with Onion, Chicken, Country, Mushroom, Onion, Pork, or Turkey

Williams

Country Gravy
Country Gravy with Sausage

- **Salt and Substitutes**

Morton

Popcorn Salt

- **Spice/Seasoning**

Fleishman's

Dry Yeast
Rapid Rise Yeast

Vigo

Flavoring & Coloring Seasoning

- **Tenderizer**

McCormick

Grill Mates Marinade – Baja Citrus, Mesquite, Montreal Steak, or Zesty Herb
Meat Marinade

SPREADS AND SYRUP

- **Cones**

Joy

Cone Cups – Regular or Colored
Kid's Vanilla Cones
Sugar Cones

Keebler

Waffle Bowl
Sugar, Vanilla, or Waffle Cones
Fudge Dipped Cups

Publix

Ice Cream – Cake Cones, Jumbo Cake, or Sugar

- **Dessert Topping**

Hershey's

Reese's Peanut Butter Topping

Publix

Maraschino Cherries Topping

Smucker's

Sugar Free Caramel Flavored

- **Dessert Topping (Cont'd)**

- **Smucker's**

- Sugar Free Chocolate Syrup
 - Sugar Free Hot Fudge
 - Sugar Free Strawberry Topping

- **Jams and Jellies**

- **Braswell's**

- Green Pepper Jelly
 - Polaner
 - Sugar Free – Blackberry Preserves, Grape Jelly, Orange Marmalade, or Strawberry Spread

- **Smucker's**

- Sugar Free Light Jam – Concord Grape or Seedless Blackberry
 - Sugar Free Light Orange Marmalade
 - Sugar Free Light Preserves – Apricot, Red Raspberry, or Strawberry
 - Sugar Free Preserves – Cherry or Seedless Strawberry

- **Peanut Butter**

- **Jif**

- Regular, Creamy, Crunchy, Extra Crunchy, Natural, Reduced Fat, or Simply Creamy Low Salt

- **Maranatha**

- Organic Creamy No-Stir

- **Naturally More**

- Creamy

- **Peter Pan**

- Creamy or Crunchy
 - Plus Creamy
 - Smart Choice Reduced Fat – Creamy or Crunchy
 - Whipped Creamy

- **Publix**

- Creamy or Crunchy
 - Natural – Creamy or Crunchy
 - Reduced Fat Spread Peanut Butter – Creamy or Crunchy

- **Reese's**

- Creamy

- **Peanut Butter (Cont'd)**

- **Skippy**

- Chunky
 - Reduced Fat Creamy or Natural Creamy

- **Smart Balance**

- Chunky
 - Creamy

- **Smucker's**

- Chunky, Creamy, Creamy & Honey, Natural Chunky, Natural Crunchy, or Naturally Smooth
 - Organic – Chunky or Creamy

- **Beans (Cont'd)**

- **Taco Bell**

- Fat Free Refried Beans
 - Refried Beans

- **Chilies**

- **Old El Paso**

- Chopped Green Chilies

- **Water Chestnuts**

- **La Choy**

- Sliced Water Chestnuts

- **Hokan**

- Sliced Water Chestnuts

CONDIMENTS

- **Specialty Sauces**

- **Badia**

- Mojo Criollo Marinade

- **Hokan**

- Patis Fish Sauce

- **House of Tsang**

- Stir Fry Sauce – Classic or Spicy

- **Joyva**

- Sesame Tahini

- **Kame**

- Hot Mustard Sauce
 - Oyster Sauce
 - Szechuan Sauce

- **Kikkoman**

- Black Bean Sauce
 - Light Soy Sauce
 - Light Teriyaki Sauce
 - Ponzu Sauce
 - Roasted Garlic & Herb Teriyaki Sauce
 - Roasted Garlic Teriyaki Sauce

- **La Choy**

- Soy Sauce

- **Old El Paso**

- Mild Enchilada Sauce
 - Mild Taco Sauce

- **Ortega**

- Taco Sauce – Mild or Medium

ETHNIC

BAKING PRODUCTS

- **Meal & Baking Powders**

- **Manischewitz**

- Matzo Ball Mix

- **Streit**

- Matza Ball Mix
 - Potato Pancake Mix

BEVERAGES AND ADDITIVES

- **Milk**

- **Hokan**

- Grade A Coconut Milk
 - Light Coconut Milk

CANNED VEGETABLES

- **Bean Sprouts**

- **La Choy**

- Bean Sprouts

- **Beans**

- **Old El Paso**

- Fat Free Refried Beans
 - Refried Beans
 - Refried Beans with Green Chilies
 - Spicy Refried Beans
 - Vegetarian Refried Beans

- **Ortega**

- Diced Chilies

- **Specialty Sauces (Cont'd)**

Pace

Picante Sauce – Mild or Medium
Salsa Verde
Specialty Sauce – Black Bean & Corn, Four Cheese Con Queso, or Pineapple/Mango/Chipotle

Publix

Soy Sauce
Teriyaki Sauce

Taco Bell

Taco Sauce – Mild or Hot

Thai Kitchen

Curry Paste – Green or Red

COOKIES / CRACKERS

- **Cookies**

Kedem

Tea Biscuits – Plain or Cocoa

- **Crackers**

Kame

Sesame Rice Crunch

DINNER AND ENTREES

- **Family**

Old El Paso

Dinner Kit – Burrito, Enchilada, Fajita, Gordita, Soft Taco, Soft Taco Bake, Stand 'n Stuff, or Taco

Ortega

Taco Shells

Taco Bell

Cheesy Double Decker Kit
Dinner Kit – Taco, Soft Taco, or Tostada
Taco Shells

DRY PASTA

- **Noodle Entrees**

China Boy

Noodle Chow Mein
Rice Noodles
Wide Noodle Chow Mein

Kame

Chinese Noodle Chow Mein

- **Noodle Entrees (Cont'd)**

La Choy

Chow Main Noodles

Thai Kitchen

Garlic & Vegetable Noodles
Ginger Noodles

MEAT AND SEAFOOD

- **Hash / Chili / Stew**

Hormel

Beef Tamales

OILS AND SHORTENINGS

- **Specialty Oils**

Kame

Pure Sesame Oil

Ty Ling

Sesame Oil

SALTY SNACKS

- **Dips**

Chi-Chi's

Salsa – Mild, Medium, or Hot
Nacho Cheeze Snackers

Lawry

Guacamole Mix

Newman's Own

Salsa – Black Bean & Corn, Farmers Garden Medium, Mango Medium, Medium, Mild, Pineapple, or Tequila/Lime Mild

Old El Paso

Mild Cheese & Salsa Dip
Thick & Chunky Salsa – Mild, Medium, or Hot

Pace

Salsa – Mild or Medium
Thick & Chunky Salsa – Mild or Medium

Publix

All Natural Salsa – Medium or Hot

Taco Bell

Salsa – Mild, Mild Con Queso, or Medium

SOUP

- **Dry Soup Mix**

Streit

Matza Ball Soup Mix

- **Ready-To-Serve**

Manischewitz

Matzo Ball & Soup

SPICES

- **Dry Seasonings**

Carrol Shelby

Texas Chili Mix

McCormick

Cheesy Taco Seasoning Mix
Fajita Mix
Taco Seasoning Mix

Old El Paso

40% Less Sodium Taco Mix
Mild Taco Seasoning
Taco Seasoning Mix

Publix

Taco Seasoning

Sunbird

Seasoning Mix – Beef Broccoli, Egg Drop Soup, Fried Rice, or Stir Fry

Taco Bell

Mild Taco Seasoning
Taco Seasoning

- **Spice / Seasoning**

Goya

Adobo with Pepper
Adobo without Pepper
Seasoning Packets – Sazon or Sazon & Azafran